

## Training Course

### „How to... - Quality Management in Youth Exchange: Train the trainer”

04.-11.04.2020

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<b>Who are we?</b>	<b>Kinderfreunde Mühlviertel</b>
<b>Where?</b>	Mühl-fun-viertel, Klaffer (Austria) <a href="http://www.muehlfunviertel.at">http://www.muehlfunviertel.at</a>
<b>Working language?</b>	English
<b>Who?</b>	8 countries, 3 participants from each country

#### ▪ **Project Description:**

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This Training Course is about quality management in Erasmus+ projects, especially in Youth-Exchanges.

The participants will learn about Erasmus+ and its program, the basics of project-management, methods of securing quality and about how to lead a group.

Furthermore they will learn different methods of warm-up and group-dynamics as well as methods of reflection and transfer.

Last but not least we will talk about adolescence, too and their specific needs and situations. That includes matters of security as well as matters of sexuality (a "thing" very often not discussed but of high relevance to people of this age).

“Learning by doing”: There will be an experimental situation, as if every participant is leading a Youth-Exchange. All the other participants will be the "kids" then. So the participants will get the opportunity to make their experiences from both perspectives: as leader and as participant.

## ▪ **Your trainer...**

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...will be Stefanie Pömmer and Wolfgang Rohm, a highly skilled and experienced team.

Stefanie Pömmer is a social-pedagogue and is working as a leader of an after-school care club.

Wolfgang Rohm is a management-consultant and theatre-pedagogue.

Both trainers have many experiences and knowledge about the magnificence of a Youth-Exchange as well as about crises that may occur, too. Both are executing Youth-Exchanges as a team since several years.

## ▪ **Target group of the seminar:**

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1) People working in a formal or informal context with young people, eg. As teachers, youth workers, social workers, street workers, people working in social institutions, who want to improve their competences.... -

with GOOD English communication skills, **18+** ; especially those who work with disadvantaged youth!

2) All other interested people who want to organize and carry out a Youth Exchange someday but still need the know-how about basics of project management, methods of securing quality, leading a group, tools, –

with GOOD English communication skills, **18+**

# Hosting Organization

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The “Kinderfreunde” organization was founded in 1908 to provide children and young people with community, education and fun. The general well-being, their interests and needs are the most important tasks in our work – now as well as then.

“Kinderfreunde” are a non-profit association. In the upper Austrian region called “Mühlviertel”, our organization is supported by a regional office in St.Georgen/Gusen, so that way we can provide our services, where they are needed.

Our regional office and voluntary board support our hundreds of volunteers all over the region and are responsible for the “Parent-Child-Centers”, our professional family meeting points.

## **Our voluntary heart**

The heart of “Kinderfreunde” is the voluntary work in about 40 local groups all over the Mühlviertel.

## **Integration**

We strongly believe in the idea of a multicultural society. Everyone should be treated equally.

We try to get in contact with migrants and bring the cultures together.

Especially children should have the chance to experience and learn that working and living together in peace benefits all of our lives. Enabling equal chances to all people is another goal in the topic of integration.



# Accommodation: “Mühl-fun-viertel” in Klaffer am Hochficht

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Klaffer is situated in the province of Upper Austria. The community has 1.318 inhabitants and covers an area of 28 km<sup>2</sup>. If you'd like to be inspired from nature, Klaffer is the right place.

It's located near a skiing field, which makes this corner of nature in winter pretty attractive for many people. In summertime people love to visit the herbs garden, which is located next to Muehl-fun-viertel. By the way, it's the biggest one in Austria. ;-)



[www.muehl-fun-viertel.at](http://www.muehl-fun-viertel.at)

Participants will be hosted in the centre for children, youth and families (Muehl-fun-viertel). The building is situated in the middle of a nature paradise in a quiet countryside near a small lake.

There are toilets, bathrooms in the rooms. The participants will sleep in rooms with bunk beds. Male and female participants are in separate rooms. It's possible that in one room there are more than one nationality. We kindly ask you to respect your roommates and the general rules of staying.

There will be 3 meals: breakfast, lunch and dinner + coffee breaks; All meals are planned beforehand taking in consideration some individual requirements (diseases, diets etc.)

These should be given beforehand to the organizers. There is an Internet connection (WI-FI), the login data you'll get from the trainer.

## Budget:

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All costs for accommodation, food, materials are fully covered by the funding of the Erasmus+ Programme (only during the stay at the project)

Very important: Before buying any tickets please get "OK" from the organizers, Kinderfreunde Mühlviertel.

According to the new rules within the Programme Erasmus +, travel costs are reimbursed according to km-distance from home place till the venue (Klaffer).  
According to this there are the following unit for each country:

### Maximum Travel Reimbursement to/from Klaffer according to the distance calculator from the Erasmus+:

(for distance calculation during the reimbursement process we will take **the residence city** of a participant **till the venue** (Klaffer), this amount of km. has to be provable by tickets, invoices etc. and the below mentioned sum will be paid only if this provable distance is as follows:

Portugal	2000-2999 km	360 EUR/Person
Romania	500-1.999km	275 EUR/Person
xxx	xxxkm	xxx EUR/Person
Lithuania	500-1.999km	275 EUR/Person
Italy	500-1.999km	275 EUR/Person
xxx	xxxkm	xxx EUR/Person
xxx	xxxkm	xxx EUR/Person

Only this max. unit will serve as a reimbursement for your whole sum, which you spent on all tickets. E.g. you travel from Rome: the distance is (according to the calculator) around 764km (is counted for both ways)- 275,- EUR/Person.

You spent on tickets (for example) only 260,- EUR, then only 260,- EUR will be covered (according to your original invoices, boarding passes, tickets etc.). If in sum the tickets cost 295,- EUR/Person, only 275,- EUR/Person will be reimbursed!

**Further information follow when the project was approved...!**

Kind regards

**Barbara**

**Kinderfreunde Mühlviertel**