

## **The Power of Human Rights**

The training course will mobilize youth workers, and subsequently the European communities, and empowering them with the knowledge, attitudes, values and skills they need to exercise those rights, and to respect and defend the rights of others.

**After this TC, the youth workers will have the knowledge and be able to implement their own workshops about human rights with the youngsters in their organizations.**

Our International Training Course “**The Power of Human Rights**” will take place on Wednesday 16th until Sunday 20th of October 2019, at the House Across Borders in Lommel, Belgium, right next to the biggest German War Grave Cemetery in Western Europe. House Across Borders is an organisation which aims to bring people together to think/work/be critical about War and Peace, Human Rights, Europe and Humanity.

Two youth workers per country (24 participants), from different European Countries will meet in Lommel and debate Human rights.

This training is done through a learning process that will lead all participants in this process to act, individually, in their actions, and globally, playing their role in their European community. In addition to learning rights, the participants will also learn responsibilities and create aptitudes for action.

The youth works will also be shown the best practices being used now in the human rights/ education field, by having the opportunity to witness examples of workshops, or other activities, that are putted in practice by different European

organizations, and afterwards, take the knowledge and ideas back home with them, and implement the best practices in their home organization.

Human Rights education is demarcated as the learning process that builds up the required knowledge, values, and expertise of human rights of which the objective is to develop a suitable human rights culture. This type of learning teaches participants to study their experiences from the human rights point of view, allowing them to integrate these concepts into their values and decision-making. “According to Amnesty International, human rights education is a way to empower people so that they can create skills and behaviour that would promote dignity and equality within the community, society, and all over the world.”

### **What does the Human Rights Training Course consist of?**

Education about Human Rights: To promote knowledge about what human rights are, what their meaning is, what values, principles and instruments support and protect them in a European level.

Education through Human Rights: Learning through inclusive, participatory and democratic methods that respect both the rights of educators and the rights of learners.

Education for Human Rights: Teach and learn in a way that allows the practice of human rights in daily life. Utilize and exercise your rights and respect and defend the rights of others.