

PERSONAL INFORMATION

## SAKELLARIOU MILTIADIS



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Married , three children,

💬 Skype : Miltos.Sakellariou

Sex Male | Date of birth 08/12/1961 Nationality Greek

**Biologist, Prevention Counselor in addictions,  
MSc Counseling Psychology.**

WORK EXPERIENCE

**2015 – Present : President of the Social Cooperative Enterprise of Collective and Social Benefit of the Cyclades.** The **KOINSEP CYCLADES-ALTERA VITA** is a Register Social Cooperative Enterprise of Collective and Social Benefit ( Koin.S.Ep.) based in Syros since 2015 and action area in the prefecture of Cyclades. In Koin.S.Ep. Cyclades - ALTERA VITA, we participate as active citizens, who are active in the social affairs of the Cyclades through collective actions through local networks that have been developed, through our positions of responsibility we have in these processes.

Specific objectives of the specialize in carrying out the following activities:

- provide specialized services to third parties, for the satisfaction of collective needs and the solidarity economy, through culture, environment, education, utility services, health services, prevention and health promotion, the use of local products, the preservation of traditional activities and professions, Tourism and extroversion, seeking purposes that promote the local and collective interest, promote employment, with empowerment of social cohesion and the strengthening of local or regional sustainable development.
  - Altera Vita is a scientific research centre and implements education and awareness programmes, working with volunteers in the areas of Environment and Culture and social intervention programmes at community level.
  - **Training**  
ALTERA VITA. organizes domestic and transnational training sessions on a wide range of topics. To this end it collaborates with a network of experienced trainers and experts on various fields.
  - We organize training courses of different types:
  - In-service training courses for staff of education and training organisations across Europe, funded by the Erasmus+ programme of the European Commission.

- E-learning courses on vocational subjects or on key skills acquisition.

**The distance learning system based on the use of e-Learning Moodle platform.**

**The Moodle (Modular Object Oriented Developmental Learning Environment) is certified free educational content management software (Course Management System)**

<http://moodle.alteravita-cyclades.gr/>

All our courses have a European dimension and most of them have been developed in the framework of European projects.

Actually we participate at two ERASMUS +KA2 and we have the coordination for the Greek team of ANADRASIS and the developing of the E –Courses of those projects.

- [http://moodle.alteravita-cyclades.gr/course/ERASMUS\\_YLYS](http://moodle.alteravita-cyclades.gr/course/ERASMUS_YLYS)
  - [http://moodle.alteravita-cyclades.gr/course/ERASMUS\\_WHY](http://moodle.alteravita-cyclades.gr/course/ERASMUS_WHY)
  - Training courses complementary to our consulting activities e.g. staff training
  - International Projects
  - Social learning
  - Workshops
  - KOINSEP CYCLADES-ALTERA VITA's European Projects
  - Co-partner with ANADRASIS from Syros, for the project ERASMUS KA2–YLYS 2017-1-PL01-KA204-038666
  - Co-partner with ANADRASIS from Syros, for the project ERASMUS KA2 – WHY 2017-1-SE01-KA201-034597
- KOINSEP CYCLADES also work with teen programs related to the environment and Health Promotion. Through the Health Promotion programme "Walk along the paths of my island - discover myself", there is an opportunity for team work.
- Teenagers, get to know themselves while discovering the paths of their islands. They gain personal development skills and related in a different way with their teachers and their parents.
- The project has the approval and inclusion in the Youth programme, under the auspices of the Ministry for Youth.
- Within the framework of the program, there is a training package and an e-book, like a tool kit.
- KOINSEP CYCLADES-ALTERA VITA participate at the European Network of Social Authorities- ENSA .  
[ENSA GENERAL ASSEMBLY 2018](#)

**2012-2018 : Director of the Youth Counseling Station of the Cyclades Prefecture, Greek Ministry of Education and Religious Affairs.**

The objectives of the Station are to:

- The objectives of the Station are to:  
Assist the psychosocial needs of school units of the Cyclades prefecture, through the identification, diagnosis, brief psychological intervention and referral of cases of students who deserve particular psychological treatment.
- Organise meetings of educational groups in order to contribute to solving pedagogical, organisational and other issues, and support their effort.

- Implement, support and monitor health education programmes for students, behaviour expressions, produce and distribute educational material, continually inform and train teachers, through experiential seminars, especially those that implement respective programs.
- Create parents counseling groups, in cooperation with the Associations of Parents, for their personal development, acquisition of skills, strengthening their parenting role, for the upbringing and empowerment of children.
- Provide **Individual psychotherapy**. Parents - educators - students with psychological problems.
- Sensitise the wider community on health education and mental health by organising and coordinating lectures, discussions and parallel preventive interventions in the context of family support and mobilise other social actors through school.
- The Youth Counseling Station took the initiative to hold a meeting on Monday October 8, 2012. After the first contact with the needs of the school community, as recorded through visits and informing meetings with associations and School Principals of Primary and Secondary Education, 25 representatives of social agencies and services involved in the Cyclades attended the meeting, sharing and coordinating their actions. The meeting decided to create the "CYCLADES NETWORK OF PREVENTION AND HEALTH PROMOTION". The purpose of the Network is to design and implement coordinated and flexible actions to improve health and quality of life of citizens of the Cyclades.
- The Youth Counseling Station organised an Experiential Awareness Seminar in Syros, in collaboration with the Hospital of Syros, for the prevention and promotion of mental health in Education for Health Professionals. Seminar Title: "PREVENTION AND HEALTH PROMOTION at School: The challenge of schools meeting experts."

As it would not be possible for colleagues from decentralised areas of the Cyclades Prefecture Health units to attend the seminar, it was also offered online via "OOVVO" videoconference in real-time (programme similar to skype).

Simultaneous communication of eight health centres and their respective physicians, nurses, social workers with the participants of the Hospital by videoconference provided the opportunity to learn about health education programmes implemented in schools by teachers and to be trained in the psychosocial model that uses experiential learning as a method.

- **Research** in collaboration with the Hospital of Syros

A research took place within the first months of 2014 in High Schools and Technical High Schools of the islands of the Cyclades, under the title "Investigation of the knowledge attitudes and beliefs of high school students of the Cyclades on the prevention, diagnosis and transmission of the human papillomavirus (HPV), according to the Belief Model for Health and the Performance Control Theory of Health. " in cooperation with the General Hospital of Syros.

This research has received the permission of the Greek Ministry of Education, which has approved the research protocol and research methodology. According to the permission of the Ministry, a teaching hour for each high school class was dedicated to answering the questionnaires (approximately 25 minutes) and then an awareness intervention was made in class concerning the particular virus (approximately 20 minutes).

**Archives of Hellenic Medicine 2018, 35 (2):241–251**

**Human papillomavirus related knowledge and beliefs among high school pupils in an island region in Greece.**

A. Efkarpidis,1 G. Koulierakis,2 P. Efkarpidis,3 M. Sakellariou ,4 A. Taxidis1

1“Vardakeio and Proio” General Hospital of Syros, Syros, 2Department of Sociology, National School of Public Health, Athens, 3First Special Primary School of Thessaloniki, Thessaloniki, 4 Youth Consulting Station, District of the Cyclades, Syros, Greece

-Networking with services and institutions brings the added value of the Children's Ombudsman, the “smile of a child”, the INSTITUTE OF CHILD HEALTH and they are exploited in interventions in schools of the county.

- Interdisciplinary approach incidents.

Addressing incidents of neglect and abuse of pupils by their families, created the need for setting up multidisciplinary teams, with the children's School Principal, their representative, the Social Worker of the Public Prosecutor, the child psychiatrist of the Hospital of Syros, a speech therapist, an occupational therapist, a health visitor. The positive and expeditious outcome of such incidents is promising and brings an innovative approach to incident management through the exploitation of the multidisciplinary team.

- National Mental Health professionals Network for abuse-neglect.

My cooperation and participation in the National Mental Health professionals Network for abuse-neglect, set up by the Institute of Child Health, gave me the opportunity to promote an educational community linking and mapping the structures and institutional factors (SSN-School Advisors) in consultation PROTOCOL investigation abuse incidents and their integration in management algorithms for such occurrences.

**January 2013-present.** Anti-bullying **Coordinator**, Observatory on Violence In School in the South Aegean.

The Observatory of the Greek Ministry of Education for the prevention and treatment of school violence, intimidation and racism has the task of planning and implementing actions to prevent school violence and bullying, as well as the task of their identification, study and channeling. It also manages qualified entities addressing school violence and bullying.

The actions of the Observatory, which started operating in 2012, involve centre function, education managers and teachers, schools by region, mental health prevention and promotion actions and students' awareness actions.

During my service as the Coordinator of the Observatory for the Southern Aegean Sea Region, it raises awareness and knowledge with experiential seminars for all the Directors of Primary and Secondary Education of the Region in Syros and in Rhodes. In addition, surveillance programmes are implemented in primary schools of Syros. We also send educational tools for teachers to use at schools of primary and secondary education in the Cyclades and the Dodecanese.

We also implement workshops for primary and secondary education teachers in Thira and Naxos, in cooperation with School Advisers, called "Modern Pedagogical Strategies, Practices and Interventions".

In 2014 the observatory also worked in Andros, Syros (Cyclades), as well as Rhodes, Karpathos, Kos (Dodecanese), in collaboration with school counselors and eminent scientists in the field of mental health, under the auspices of the Regional Directorate of Primary and Secondary education in the South Aegean, in cooperation with local institutions and local networks for the exploitation of all entities operating on the island were created.

For the presentation of these actions, the Youth Counseling Station of the Cyclades created, under the responsibility of YCS, its website <http://ssnkyklades.wix.com/ssnkyklades> and sends to all schools in the Cyclades and the Dodecanese, educational tools through its electronic library. There is immediate accessibility of those responsible for prevention actions defined within the framework of the Observatory and a total of all teachers of schools.

Also available since last year, the channel of YCS actions and informational videos on: [Http://www.scoop.it/t/cielamo](http://www.scoop.it/t/cielamo)

- **June 2014-present:** Member ESYDP - Regional Directorate of Education of the South Aegean (Prevention Network Tripartite Coordination Committee for in-school violence and bullying for the South Aegean's Ministry of Education)

- **June 2015 to present:** I have been appointed member and General Secretary of the Child Abuse and Neglect/Juvenile Delinquency Committee of the Aegean District, (EPA Syros-Public Entity) providing services as a Social Service, for the prevention and treatment of juvenile delinquency (Government Gazette 433 / Y.O.D.D. / 16-6-2015). It has its headquarters in Syros (Miaoulis Square - Town Hall Syros Ermoupolis). It is represented by a seven-member Board of Directors, chaired by Court of Appeal President Aegean and supervised by the Greek Ministry of Justice.

- Purpose of the EPA Syros is the active contribution to the prevention and treatment of victimisation and juvenile delinquency, those displaying antisocial or delinquent behaviour or risk becoming criminals because of inappropriate family - social environment or other conditions and causes.

- Participation in the Interdisciplinary Group of the EPA Syros, consisting of psychiatrist / child psychiatrist, health visitor, psychologists, social workers, Representative of School Community in order to provide effective psychosocial support to minors and their family environment, who need it. According to its purpose, EPA Syros and its operation is governed by Internal Regulations. The EPA Syros works as a **Register of Volunteer Professionals and General Volunteers** in juvenile custody, physical, social and psychological support to minors and the family environment of those, providing legal assistance in cases of abuse of minors or juvenile delinquency, as well as educational support, creative and other activities relevant to the purposes of the EPA Syros.

- Through its Cooperative Interdisciplinary Group, General Volunteer Action - Volunteer Professionals and public sector bodies, it is possible to have a faster and more effective response to minors (victims - offenders) needing assistance.

- **2011-2012:** Training Science teachers in the "Great Pilot Training Program", under the auspices of the Pedagogical Institute, Natural Sciences. 200 hours, Athens.

- Member of Scientific and Local Organising Committee of the National Competition for the 9th and 10th European Science Olympiad -EUSO 2011, EUSO 2012, Syros 2011, 2012.

- Member of the Examination Committee and the Special Examination Scoring Cyclades Centre for 2012 and 2013.

- **August 2008-2012: Teacher of Secondary Education.** Cyclades, Technical High School of Syros.

- Teaching science courses.

- Responsible for Science Laboratory

- Responsible for Microbiology Laboratory of Health and Welfare Sector.

- Animator –Director of the theatre group of the school.

- Community theatre performance [www.ithakes.gr](http://www.ithakes.gr), A Tale Without a Name

- Creation of the website -BLOG SYROSCOMMUNITY

- <http://syroscommunity.blogspot.com> texts, photographs, thoughts, suggestions ideas for a more communicative environment in the area of the Technical High School of Syros, among educators-students-parents.

- Creation of the website of students projects of the Technical High School of Syros <http://www.scribd.com/syroscommunity>

- **October 2007-June 2008: Teacher of Secondary Education.** Arcadia High School of Kastri. Responsible for Science Laboratory. Implementation of health education programmes.

  - Alimentation and eating habits. -Psychical Health and sexual relationships.
- **1999-2007. Prevention Counselor in Addictions, Drug Abuse Prevention Centre of the Cyclades Prefecture. (Organisation against Drugs –OKANA, Greek Ministry of Health)**

  - Participated along with other members of the Centre in epidemiological research on use of alcohol and other drugs in the school population of the Cyclades in the European Research ESPAD sponsored by UMHRI (University Research Institute of Mental Health).
  - Implementation of Health Prevention programmes in secondary education. (Educational material from the Institute of Mental Health-Medicine School of Athens).
  - Counseling in groups of teachers and students of the Cyclades
  - Summer teen groups, Programme "Travelling in the Aegean Sea and its life". By working with drama therapy on sailing courses and seafood trips, teenagers were helped to increase self-awareness and social skills useful for the "journey" of life, through experiential exercises.
  - Group Counseling, parents groups in Syros, Tinos, Mykonos, Milos, on the prevention of substances use and communication within the family. Proper and reliable information on the use and abuse of addictive substances. Awareness of parents on their modern role, so that the "growing" (developmental course) of their children, takes place in a creative way for parents and children.
  - Counseling couples through groups of parents of the healthy population, when there are glitches and problems in marriage, or difficulties in the upbringing of children, especially teenage problems.
  - Advisory treatment to addicted people and their families, channeling in treatment programs, Organisation against Drugs, Greek Ministry of Health.
  - In 2002 I took over within the Prevention Centre, the training and coordination of the mixed (parents, children and teachers) theatre group. In the three years that I worked with the theatre group, I implemented drama therapy techniques and group process created scenarios (Project titles: The slap, [www.ithakes.gr](http://www.ithakes.gr)), reflecting the relationships that develop between parents, children and teachers, school and family and the change that takes place in these when you make personal differentiation and development.
  - July 2006: Participation of the theatre group in the 18th Festival of EUROPEAN YOUTH THEATRE in GRENOBLE, France.
  - July 2007: Participation of the theatre group in the 19th Festival of EUROPEAN YOUTH THEATRE in GRENOBLE, France.
- **1997-1999 Professor of Biology**, teaching in High School (private-public sector), 2 years, Syros Greece.
- **1993-1997** Employee in a private commercial-tourist company, 5 years, Hydra Greece.
- **1992-1993** Voluntary work in Africa with Doctors without Borders, Northern Uganda. Participation in vaccinations to address epidemic meningitis in refugee camp in Sudan, primary care, microbiological tests, 1 year Atzoumani Uganda.

- **1985-1986** Medical School, Laboratory of Experimental Pharmacology. Study of Central Nervous System Function (CNS) in terms of Conduct and Biochemistry, pharmacodynamic groups of drugs used in psychiatry and drugs that lead to abuse (drugs). Animals Laboratory Supervisor, 2 years, Athens Greece.

EDUCATION AND  
TRAINING

- **1979-1981 Certificate** from Higher School of Economics and Commercial Sciences, Graduate School of Economics and Commercial Sciences, **2 years, Athens Greece.**
- **1981-1985 Degree in Biology**, University of Patras, **4 years, Patras Greece.**
- **1985-1987 Certificate in Psychology**, Centre for Humanities Studies and Research, Department of Psychology, **2 years, Athens Greece.**
- **1985-1986 Medical School**, Laboratory of Experimental Pharmacology. Study of Central Nervous System Function (CNS) in terms of Conduct and Biochemistry, pharmacodynamic groups of drugs used in psychiatry and drugs that lead to abuse. Animals Laboratory Supervisor, **2 years, Athens Greece.**
- **1988-1989 Preparation D.E.U.G. of Psychology**, University of Strasbourg, **1 year, Strasbourg France.**
- **1988-1989 Institute of Ethology «La Montagne des Singes»** Training in social ethological observation techniques in macaques group behaviour (primates, Macaque Sylvanus) Research in the park, field research. **1 Year, France.**
- **1990-1991 Training Certificate in Microbiology-Biochemistry**, Expertise in blood, biochemical- immunoenzymatic tests, infectious diseases (A.I.D.S, Hepatitis etc.), Athens Naval Hospital, Microbiology-Biochemistry Section. **2 years, Athens Greece.**
- **2000-2007: Training** at the Athenian Institute of Anthropos (AKMA) in Systemic Approach, Group process, Interprofessional Consultation, and youth animation, **7 Years, Athens Greece.**
- **2004-present: Certified Prevention Specialist (ICPS)**, International Certification & Reciprocity Consortium/Alcohol and other Drugs Abuse, ICRC / AODA. Athens, Greece.
- **2005-2007 MASTER Degree** in Counseling Psychology (WBLS) MIDDLESEX UNIVERSITY, **2 years, London UK.**
- **2011-2012 Certified Trainer**, in the “Major Training Programme” of the Pedagogical Institute of the Greek Ministry of Education, systemic approach, **400 hours, Athens Greece.**
- **2014 Certification** in Educational Units Management from the National Centre for Public Administration and Local Government, Certified Training Program EKDDA 70 hours, Syros May 2014



**PERSONAL SKILLS**

Mother tongue(s) Greek

Other language(s)	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	C2	C2	C2	C2	C1
C2, MA Counselling Psychology , MIDDLESEX UNIVERSITY, London					
France	C1	C1	C1	C1	B2
Studies-Working Two years in France					

Levels: A1/2: Basic user - B1/2: Independent user - C1/2 Proficient user  
Common European Framework of Reference for Languages

**Communication skills**

- good communication skills gained through my experience in different kind of jobs, and different cultures ( Living in France for two years, travelling in Asia and Africa). understanding of education, mental health and child welfare legislation, knowledge of school systems, ability to work flexibly within multi systems, demonstrated leadership capacity, conflict resolution, critical thinking.

**Job-related skills**

Organisational / managerial skills

- good command of quality control processes
- leadership (currently responsible for counselling for all the primary and secondary schools of Cyclades

**Computer skills**

- Greek computer skills Certification A for teachers, Level EDEXEL, in Environment Windows, Office programmes (word, access, excel, PowerPoint, frontpage), electronic mail, Internet, digital video-editing PINNACLE STUDIO, Premier Adobe Programme.
- Use information telemedicine, remote diagnosis, microbiological laboratory information systems (work lists, automatic biochemical analyzers RA-500 hematology analyzers ABBOT CELLDYN 1400, batch ABBOT analysts, test-patient file management).

**Planning-implementation-management of websites**

- <http://www.scribd.com/syroscommunity>: Website-work-project, students from Technical High School of Syros
- <http://syroscommunity.blogspot.com>: SYROSCOMMUNITY website, interaction and communication between students-parents-teachers from Technical High School Syros.
- <http://users.sch.gr/miltosak/ferekidis>: FEREKYDIS Website of the Cultural Centre of Communication for Sustainable Development of the Cyclades
- <http://diktyokyklades.blogspot.com>: NETWORK FOR PREVENTION AND HEALTH PROMOTION of the Cyclades.
- <http://diktyododekanisa.blogspot.com>: NETWORK FOR PREVENTION AND HEALTH PROMOTION of the Dodecanese
- <http://ssnkyklades.wix.com/ssnkyklades>: Web page of the Youth Counseling Station of the Cyclades
- <http://synedrioprolipsiscyclades.blogspot.gr>: Website of the Annual Conference on Prevention and Health Promotion, ERMOUPOLIS
- <http://epasyros.wixsite.com/epasyros> Web page of the EPA Syros

**Computer skills**

Seminar MOODLE. (6 months, Implementation KEPLINET Pref. Cyclades, 2011).

- methods and techniques and asynchronous distance learning, electronic manufacturing course with popular e-learning environment / teaching moodle.

- creation and use of simple educational games in teaching.

- Audio and video processing etc.

create blog (blog), wiki, web design, photo galleries etc.

Create e-courses through the platform MOODLE

- Innovative actions and experiential learning.

- Anti bullying e course for educators.

- Distance learning for peer mediation at schools

- Elearning – traditional sailing

Create e-courses through the platform MOODLE Titled: Relations between virus and HPV. In cooperation with the Youth Counseling Station, KEPLINET ICT Service, Hospital of Syros, Director of the School of Natural Sciences of the Cyclades and EKFE Syros an online intervention was created, for teachers, health professionals and parents, which aims to inform and raise awareness in order to get into the topic of cervical and generally Intersex relations cancer, for discussion in schools, health services and the community, as it is cancer that develops in younger ages in women, in those ages that are working and productive, but while they are growing and raising their children.

**Other skills**

Multiple trips to third world (Africa, Asia). Participation in a mission with Médecins sans Frontières in northern Uganda. Visits to missions in Rwanda and Burundi.

- Athlete sailing. After attending courses at the Academy of Sailing (HORC) and obtaining the degree of skipper, I have been sailing for many years of my sporting course (rally Aegean national championship etc.). I have also participated in establishing the School of Sailing in Hydra, where I undertook the position of training inspector.

- First Class Diploma at the 33rd Aegean Rally.

I have taught at the School of the Sailing Club of Hydra for 3 years, aerodynamics, navigation, seamanship, maritime law, avoiding collisions at sea, regatta rules, trimming sails, First Aid.

- **2013-present:** Member of the Board, Secretary and Registrar of Offshore Yacht Club of Syros.

- School education manager of Offshore Sailing of Nautical Club of Syros.

Organisation of Traditional Boat Race -CYCLADES 2013 and 2014-2015 with following cultural events and performance in Panhellenic Conference in Ermoupolis June 2013 and July 2014 -2015 on the preservation of traditional boats.

<http://cycladesclassicyachtrace.blogspot.gr/2013/06/2762013.html>

**Driving licence**

- A, B

**ADDITIONAL INFORMATION**


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**Conferences**

- World Congress of Psychiatry on: "New systematic classification of Mental diseases and anti-psychiatry» Participation, Athens 1987
- 14th International Conference of the Network of Productive Schools on: "Productive learning. Propose of productive Schools". Participation, Patras 2002
- 2nd National Conference on Education in New Technologies Syros 2003.
- 8th National Conference of Teachers in New Technologies Syros 2011.
- **European Conference** Prevention operators entitled: "Audiovisual technology in the prevention of substance use in Europe". Lecture - presentation of the theatrical performance of "The Slap" Athens in June 2005.
- **6th Pan-Hellenic meeting Bodies Prevention (KETHEA-OKANA).** Lecture, entitled "The challenge of a joint team, the example of the theatre group of PREVENTION CENTRE OF THE CYCLADES" Larissa in November 2005.
- **5th International Conference of International Drama - Theatre Association and Education.** Presentation entitled "The Theatre as a social intervention: Creating network of volunteers in Syros". Athens in March 2006.
- **3rd National Conference for Disease Prevention and Health Promotion** Lecture entitled: "Exploring the attitudes of adolescents of Syros island towards smoking, drinking alcohol, the transgender relationships." Syros 2012
- **3rd National Conference for Disease Prevention and Health Promotion.** Experiential workshop: "Networking health agencies with the community on issues of gender relations and sexually transmitted diseases." Syros 2012
- **3rd National Conference for Disease Prevention and Health Promotion.** Experiential workshop for teachers entitled: "Relations and interventions at school. A proposal to raise the awareness of students at school in transgender - sexual relations". Syros 2012
- **Workshops Regional Education Directorate of South Aegean.** Experiential seminars entitled "Managing classroom problems. Technique of reframing and team support for solving school violence incidents " Naxos-Thira in May 2013.
- **4th Pan-Hellenic Conference on Prevention and Health Promotion** Lecture entitled: "Secrets of the Rainbow." Design, implementation and evaluation of a psycho-educational intervention program to manage school violence in kindergarten. Syros, 4<sup>th</sup> November 2013.
- **4th Pan-Hellenic Conference on Prevention and Health Promotion** Lecture entitled: "Managing classroom problems. Technical reframing and team support solve incidents of school violence". Syros, November 2013
- **4th Pan-Hellenic Conference on Prevention and Health Promotion** Lecture entitled: "Contact at school through theatre - the environment and new technologies," Syros, November 2013.

- **4th Pan-Hellenic Conference on Prevention and Health Promotion**  
Lecture entitled "Network Prevention and Health Promotion in the Cyclades Prefecture. A proposal for action and cooperation among agencies in the local community". Syros, November 2013
- **9th Congress of Nursery School**, Lecture entitled "The Secrets of the Rainbow." Design, implementation and evaluation of a psycho-educational intervention programme to manage school violence in kindergarten. Ioannina in October 2013.
- **Conference South Aegean Regional Directorate of Education** Lecture entitled: "School Violence and Bullying, ways of prevention and treatment of the phenomenon". Rhodes, March 2014
- **Conference South Aegean Regional Directorate of Education** Experiential workshop entitled: "The role of prevention activities coordinator at school". Rhodes in March 2014.
- **1st Scientific Congress of the European Network Against School Bullying** entitled "The phenomenon of bullying in schools and online environment".  
**Experiential workshop** entitled: "Management of classroom problems. Technical reframing and team support solve incidents of school violence"
- **5th National Conference on Prevention and Health Promotion**, Presentation entitled: "Knowledge, Health Attitudes and Intention for prevention against the Human Papillomavirus (HPV) and cervical cancer, of students of Syros High School. Presentation of fieldwork results", Syros November 2014
- **5th National Conference on Prevention and Health Promotion**, Presentation entitled: "School violence and bullying prevention Observatory - a new institution at school" Syros November 2014
- **5th National Conference on Prevention and Health Promotion**, Presentation entitled "Local prevention and health promotion networks in the Southern Aegean": efficiencies-perspectives-difficulties ", Syros, November 2014
- **5th National Conference on Prevention and Health Promotion**, Experiential workshop entitled: "The school in crisis. Management procedures - positive outcome events. The necessity of the «open school»". Syros, November 2014
- **Sample teaching lesson Microbiology** teachers PE04 Syros, on "Painting GRAM bacteria and observation", under the auspices of EKFE Syros and the School Advisor N. Cyclades DR. Bormpilas, Syros 2010
- **Thesis Title:** Mixed consulting groups (students - parents - educators) at prevention and volunteerism, MIDDLESEX UNIVERSITY: Published 2007 London.  
<https://drive.google.com/file/d/0BwgHAnp6OtWYN0IJZzIVeGt1bGc/view?usp=sharing>
- **Book-Educational Programme for HEALTH Education Programs** Health: TITLE: WALK THE PATHS OF SYROS - DISCOVER MYSELF. General Secretariat of New Generation.  
<https://drive.google.com/folderview?id=0ByTvmypYeqUTEHRsQU9RSnNYS2s&usp=sharing> Syros. Published: 2015
- **Article** Title: Une Culture de la Colère. Published: 2009  
Source: Revue des 21èmes Rencontres du Jeune Théâtre Européen.  
<http://www.crearc.fr/fichier/revues/Revue-2009.pdf>

- **Article** Title: Un Théâtre de l'ANTHROPOS. Published: 2007 Source: Revue des 19èmes Rencontres du Jeune Théâtre Européen.  
<http://www.crearc.fr/spip.php?article39>
- **Article** Title: THE THEATRE AS SOCIAL INTERVENTION  
Source: Proceedings of the 5th International Conference on the Theatre in Education. Athens 2006 <http://www.scribd.com/ferekidis>
- **Article** Title: The city yesterday, the ancient drama in the community today and the social theatre. Published: 2006  
Source: Revue des 18èmes Rencontres du Jeune Théâtre Européen.  
<http://www.crearc.fr/fichier/revues/Revue-2006.pdf>  
<http://www.crearc.fr/spip.php?article21>
- **Article** Title: THE CHALLENGE OF THE JOINT-NETWORK GROUP OF VOLUNTEERS IN SYROS Source: Proceedings of the 6th Panhellenic meeting of Prevention counselors Athens Published: 2005
  - **Archives of Hellenic Medicine 2018, 35 (2):241–251**  
Human papillomavirus related knowledge and beliefs among high school pupils in an island region in Greece.  
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1“Vardakeio and Proio” General Hospital of Syros, Syros, 2 Department of Sociology, National School of Public Health, Athens, 3First Special Primary School of Thessaloniki, Thessaloniki, 4 Youth Consulting Station, District of the Cyclades, Syros, Greece

## **BOOKS**

- THEATRE - Title: WWW.ITHAKES.GR, Miltos Sakellariou Syros 2015  
<https://drive.google.com/file/d/0ByTvmypYeqUTWHEwWDJqN1JLek0/view?usp=sharing> **ISBN: 978-960-93-6777-6**
- THEATRE - Title: The slap, Miltos Sakellariou Syros 2015  
<https://drive.google.com/file/d/0ByTvmypYeqUTTEt1b3cyRDk5Sms/view?usp=sharing> **ISBN: 978-960-93-6783-7**
- THEATRE - Title: A TALE WITHOUT A NAME, Miltos Sakellariou Syros 2015  
<https://drive.google.com/file/d/0BwgHAnp6OtWYbGdRbFMzZVhSMjg/view?usp=sharing> **ISBN: 978-960-93-6792-9**
- Student Magazine title: "COMPLETE IGNORANCE" Published: Syros 2004  
<http://www.thiseaskyklades.gr/c1b.html>
- **European Research**-publication of results for the use of alcohol and other drugs in the school population in N. ESPAD of the Cyclades, University of Mental Health Research Institute (UMHRI), Athens 2000.

## Memberships

- Member of Medicines without Borders.
- Member of the Pan-Hellenic Network of Operators in Prevention.
- Member of the European Network of Youth Theatre.
- Member of the Network "Theatre in education"
- Founding member of the Institute of European Theatre.
- Member of the International Artistic Committee of the EUROPEAN FESTIVAL OF YOUTH THEATRE based in GRENOBLE, France.
- Chairman of the Scientific Committee of the 4th National Conference on Preventing DISEASES AND HEALTH PROMOTION
- Founding member and member of the Coordinating Secretariat of PREVENTION NETWORK AND HEALTH PROMOTION of the Cyclades.
- 2002-2003 Chairman of the Board of PIKPA Annex Syros & KEKYKAMEA (Center for Education, Social Support and Training of Disabled People).
- 2007-2011 Chairman of the Board and founding member of the Centre for Culture, Communication and Sustainable Development of the Cyclades "FEREKYDIS". "FEREKIDIS" is a scientific research centre and implements education and awareness programmes, working with volunteers in the areas of Environment and Culture and social intervention programmes at community level. Main activity of the Centre "FEREKYDIS the SYRIAN" is to contribute to the study and promotion of the history and culture and the protection of the environment of Syros and the surrounding islands of the Cyclades, through collective processes. The Cultural Center included a theatre workshop with the participation of 25 adults and teenagers. In 2006-2007, the theatre group, whose I used to be the animator through drama therapy and group processing techniques, created the scenario «www.ithakes.gr», which was presented at the 19th PAN-EUROPEAN YOUTH THEATRE FESTIVAL in France in July 2007. Teams also worked with teen programs related to the environment. Through the programme "Walk along the paths of my island - discover myself", there has been an opportunity for team work. 70 teenagers from Syros and Tinos islands got to know themselves while discovering the paths of their islands. They gained personal development skills and related in a different way with their teachers and their parents. The project had the approval and inclusion in the Youth programme, under the auspices of the Ministry for Youth. Within the framework of the program a training package and an e-book were produce, with the participation of the students. <https://drive.google.com/file/d/0ByTvmypYeqUTa1c3bTBtcUV5bU0/view> Also a documentary was created: "The paths of our island"
- Creation-education network of parent volunteers, with their active participation in the organisation of events. Organisation of Chroussa festival in Syros, for 3 consecutive years as a meeting place and communication place, through teachers-parents-children exchanges, participating in educational groups of "Ferekydis".

## Seminars

- Teaching group therapy as part of my training, in Psychotherapy, Clinical Psychology (Psychology Faculty) 2 years 1985-1987 Athens.
- Seminar: "Introduction to medical research - methodological considerations" of the Department of Hygiene and Epidemiology of the University / University of Athens, Professor Mr. Trihopoulos D. April 1989 Athens.
- Seminar diving and hyperbaric medicine Naval Hospital of Athens, Athens, May 1990.
- Programme the ongoing Vocational Training for graduates on "integrated energy design of buildings" 212 hours, EPEAK, Pref. Cyclades, Syros 1999
- Seminar Telemedicine - telediagnosis through use of multimedia Prefecture of Cyclades, EPEAK 400 hours, Syros 2000.
- 1st Seminar on Systemic Dynamics group and systemic "thinking" in the AKMA (Athenian Institute of Anthropolos) 40 hours, Athens 2000.
- 2nd Seminar on Systemic Dynamics group and systemic "thinking" in AKM 40 hours, Athens 2001.
- 3rd Seminar on Systemic Dynamics group and systemic "thinking" in AKMA 40 hours, Athens 2002.
- Seminar entitled "Unraveling the thread of Ariadne" Working with process work (team-systemic family therapy process) symptoms. A.I.A- AKMA, 12 hours 2002.
- Seminar Interprofessional Counseling in A.I.A-AKMA 160 hours, Athens 2003-2007.
- Counseling Seminar entitled "Young Animation" A.I.A -A.K.M.A., 35 hours, Athens 2005.
- Seminar MOODLE , process and asynchronous techniques and distance teaching in e-learning environment / teaching moodle, 6 months KEPLINET ICT Service, Pref. Cyclades, 2011.
- Laboratory Exercises Physics courses in Junior, General and Technical High Schools. 90 hours, Syros 2008-2012
- Training seminar - training at the Pedagogical Institute as trainer B in Natural Sciences for major EDUCATION PROGRAMME, 200 hours, Athens 2011
- Programme LEONARDO DA VINCI - Teacher Training in applied Electric power systems Mild forms of the purpose of knowledge transfer. 20-25 August 2012, London
- Seminar entitled "Beekeeping" Organisation of Agricultural Vocational Education Training and Employment "DIMITRA" Syros 18 hours - July 2010.
- New Technologies Designing Scenarios teaching by teachers in groups. Syros 2012-2014.
- Laboratory Exercises in Physics Course in General and Vocational High Schools for the school year 2013-2014, 30 hours, Syros.
- Pilot training programme on: Internet Security, combined with distance learning pathways (Virtual reality - Moodle) from the Prefecture of the Cyclades and the Aegean University, 30 hours Syros 2014
- 2014 Certification in Educational Units Management from the National Centre for Public Administration and Local Government, Certified Training Programme EKDDA 70 hours, Syros May 2014
- Workshop entitled: "School Violence – Bullying, New Approaches, PREVENTION AND TREATMENT NETWORK AGAINST SCHOOL VIOLENCE PHENOMENA and intimidation", Greek Ministry of Education

Rhodes June 2014.

- 1st Scientific Congress of the European Network Against School Bullying entitled "The phenomenon of bullying in schools and online environment". Athens in October 2014.
- Protocol Assessment Meeting on Investigation, Diagnosis and Management of Incident abuse - neglect, participation in the activities organised by the Department of Mental Health and Social Welfare of the Child Health Institute, Athens in October 2014.
- 3rd National Conference for Disease Prevention and Health Promotion. Syros 2012
- 4th National Congress Prevention and Health Promotion Syros November 2013
- 5th National Prevention and Health Promotion Conference in November 2014
- 5th National Prevention and Health Promotion Conference Workshop entitled "Discovering and exploiting the sources of strength of our personal networks." Syros November 2014.