

EUROPEAN PARTNER IDENTIFICATION FORM

A. PARTNER ORGANISATION		
PIC	911152623	
OID	E10019855	
Full legal name (National Language)	Κοινωνική Συνεταιριστική Επιχείρηση Συλλογικής και Κοινωνικής Ωφέλειας Κυκλάδων-ΚΟΙΝΣΕΠ ΚΥΚΛΑΔΩΝ ALTERA VITA	
Full legal name (Latin characters)	Social Cooperative Enterprise of Cyclades-ALTERA VITA	
Acronym	KOINSEP CYCLADES- ALTERA VITA	
National ID (if applicable)		
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Region	CYCLADES	
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CEDEX		
City	SYROS	
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	https://moodle.alteravita-cyclades.gr	
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	B. PROFILE	
Type of Organisation Social Cooperative Enterprise		
Is the partner organisation a public body? NO		
Is the partner organisation a non-profit? YES		
C. ACCREDITATION		
Has the organisation received any type of accreditation before submitting this application?	 YES, as Register Social Cooperative Enterprise of Collective and Social Benefit from the Ministry of Labor and Social Security and Social Solidarity A.GE.M.KO.: 000031103110 The awarding of the Quality Label as hosting and Sending Organization for European Solidarity Corps, 2020-1-EL02-ESC52-005925 -Submission ID 1644085. VAT: 997192458 	
Has the organisation received/applied for any EU grants?	 ERASMUS+KA2-YLYS:2017-1-PL01-KA204-038666, applicant CKU BIALYSTOK, from POLAND, for the YLYS project ERASMUS KA2 - WHY: 2017-1-SE01-KA201-034597, applicant VASTERAS Municipality from Sweden, for the WHY project as copartner with Anadrasis. ERASMUS +KA 1: No 2018-1-FR01-KA102-047463 with the Ecole Regionale de la deuxieme chance de Toulouse. ERASMUS + KA2: 2019 KA201-CBFBCC04- REFLECT applicant TOPUNT GENT- Belgium, ERASMUS +KA1: 2019-1-TR01-KA105-073564 applicant Rhythm for Peace, Turkey 	

- ERASMUS + KA1 : 2019-2020 Higher Education –NLROTTERD03 2019/20 as receiving Organization of students of University of Rotterdam for a traineeship in TELEMEDICINE.
- ERASMUS + KA1 : 2019-2020 Higher Education NLUTRECHT24 2019/20 as receiving Organization of students of University of UTRECHT for a traineeship in TELEMEDICINE.
- European Solidarity Corps 2020-1-EL02-ESC52-005925, Quality Label as hosting and Sending Organization for European Solidarity Corps
- Participation at the <u>European</u> Seminar <u>« Echanges Culturels de Jeunes par le Théâtre, Quels enjeux et quel avenir dans un monde en crise? » May 2016 CREARC-Grenoble.
 </u>

D. BACKGROUND AND EXPERIENCE

Please briefly present the partner organisation.

KOINSEP CYCLADES-ALTERA VITA is a Register **Social Cooperative Enterprise of Collective and Social Benefit** (Koin.S.Ep.) based in Syros since 2015 and action area in the prefecture of Cyclades. In Koin.S.Ep. Cyclades - ALTERA VITA, we participate as active citizens, who are active in the social affairs of the Cyclades through collective actions through local networks that have been developed. Our specific objectives for carrying out them are the following activities: providing specialized services through culture, environment, education, utility services, health services, prevention and health promotion, the use of local products, the preservation of traditional activities and professions, tourism and extroversion, seeking purposes that promote the local and collective interest, promote employment, with the empowerment of social cohesion and the strengthening of local or regional sustainable development.

Altera Vita - Distance Learning Seminars

What are the activities and experience of the organisation in the areas relevant for this application?

ALTERA VITA is a scientific research centre and implements education and awareness programmes, working with volunteers in the areas of Environment and Culture and Social Intervention programmes at the community level. ALTERA VITA. organizes domestic and transnational training sessions on a wide range of topics. To this end, it collaborates with a network of experienced trainers and experts in various fields.

We organize training courses of different types:

In-service training courses for staff of education and training organisations across Europe, funded by the Erasmus+ programme of the European Commission.

E-learning courses on vocational subjects or on key skills acquisition.

Training courses complementary to our consulting activities e.g. staff training

Experts with special knowledge, experience and training in their subject offer the opportunity for trainees to follow a flexible program from wherever they are, with only limited access to the internet, to increasing social and professional changes in areas such as the social economy, Health Promotion, Organic Farming, Environment and Sustainable Development, the Arts and Culture, Pedagogy, Psychology, new technologies.

Our distance learning system is based on the use of e-Learning MOODLE platform.

The Moodle (Modular Object Oriented Developmental Learning Environment) is certified free educational content management software (Course Management System).

ERASMUS+

EUROPEAN TRAINING COURSES FOR STAFF AND TEACHERS/TRAINERS IN EDUCATION AND TRAINING ORGANISATIONS

In the framework of Erasmus+ Key Action 1 Learning mobility for individuals, ALTERA VITA has designed and offers a wide list of training courses dealing with education management, pedagogies, acquisition of new skills for 21st century, etc.

All our courses have a European dimension and most of them have been developed in the framework of European projects.

Actually we participate at 2 ERASMUS +KA2 and we have the coordination for the Greek team of ANADRASIS and the developing of the E –Courses of those projects.

• http://moodle.alteravita-cyclades.gr/course/ERASMUS_YLYS

• http://moodle.alteravita-cyclades.gr/course/ERASMUS WHY

For the next 3 years we participate in an ERASMUS + KA2 :2019 KA201-CBFBCC04- REFLECT project with the applicant the TOPUNT GENT- Belgium and the University of GRANADA from Spain, the University of EVORA from Portugal, Social Cooperatives from England, Sweden and Greece (Altera Vita). The aim of the project is to raising awareness and stimulating Executive Functioning and social-emotional Learning by integrating Evidence-based strategies in the Classroom to empower pupils, Teachers and parents.

ERASMUS + KA1 Higher Education -NLROTTERD03 2019/20 and **NLUTRECHT24** as receiving Organization of students of University of Rotterdam and University of UTRECHT, for a traineeship in TELEMEDICINE.

Rotterdam University of Applied Sciences and the University of Utrecht with the cooperation of Social Cooperative of Cyclades as receiving Organisation we organise a Minor Project for Telemedicine in Greece. The traineeship is aimed at investigating and finding ways to improve the telemedicine system in Greece. To do so we will apply the method of Design thinking. This method has a lot of tools to help find a solution to a complicated problem. The activities consist of visiting health care organisations in Greece, interviewing people that are involved with telemedicine, applying tools to better understand the problem, find ideas and experiment with solutions.

From the Rotterdam University of Applied Sciences and the University of UTRECHT with the Minors beyond Borders 2019-2020 program, 4 students worked in Syros and Kreta for TELEMEDICINE in Greece, with the supervision of Social Cooperative of the Cyclades- Altera Vita.

• https://moodle.alteravita-cyclades.gr/course/index.php?categoryid=19

Altera Vita participates at the **European Network of Social Authorities**. ENSA is a network of cities and European Regions that has the aim of promoting international cooperation in the social field.

ENSA was established by the Veneto Region in 1999. Since then the network has developed and supported solid partnerships between a wide range of European Regions and has carried out seminars, conferences, study visit programmes and exchanges of operators.

The co-operation between partners has brought about the opportunity to carry out several projects financed by the European Commission Collaborating with ENSA is a way to increase the dialogue with the European institutions and to become part of an international platform to implement shared projects. http://www.ensa-network.eu/

ALTERA VITA is also active Member of the European Network of Youth Theatre. http://www.crearc.fr/pages-new/?ref_partie=jte&trad=fr

Member of the International Artistic Committee of the EUROPEAN FESTIVAL OF YOUTH THEATRE based in GRENOBLE- France, since 1989.

Altera Vita - CULTURE

Main activity of the KOINSEP CYCLADES-ALTERA VITA is to contribute to the study and promotion of the history and culture and the protection of the environment of Syros and the surrounding islands of the Cyclades, through collective processes.

ALTERA VITA includes a **theatre workshop** with the participation of 25 adults and teenagers. More than 15 years, the theatre group, through drama therapy and group processing techniques, created scenarios, which was presented at the **Young European Theatre Network** in Grenoble-France.

The Young European Theatre Network was born from the Young European Theatre Rencontres which have been taking place in Grenoble since 1989. It has been made official during the seminar which was held in Grenoble, in May 2004, and which gathered participants from 18 European and

non European countries.

It is made up of professional directors who have chosen to work with young people, being whether on professional theatrical training of young professionals. It gathers dozens of structures: companies, theatre schools and theatrical academies, festivals, divided up in all Europe and beyond.

It is a space where artists, groups, companies and young people, share their practices, experiences, and their theatre vision. This one encourages practices and abilities exchanges, between artists and theatre teachers.

It is a plural artistic movement, and an international theatre laboratory. Its members organize cultural and artistic exchanges: co productions, bilateral training courses, show productions, professional theatrical trainings, festivals.

The Young European Theatre promotes intercultural apprenticeship, diversity respect, Human Rights and solidarity values. It cooperates to the construction of a pacified, democratic, tolerant, jointly liable Europe, open to the World and contributing to Peace.

http://www.crearc.fr/

MUSIC LABORATORY

During the last 3 years, ALTERA VITA organized seminars for Greek traditional music. In the workshops, during the seminars, we learn songs from Asia Minor, who "travelled" and settled in the island complexes of the Aegean Sea, in Northern-Southern Sporades, Cyclades and the North Aegean. We study local idioms, as well as external influences, songs that have been included in the local repertoire, mainly Musical traditions of the Asia Minor, as well as other peoples of the wider. https://alteravita-cyclades.gr/en/2018/07/18/3ed-seminarar-of-traditional-music-in-syros/

Altera Vita -YOUTH PROGRAMMES

KOINSEP CYCLADES also worked with youth programs related to the environment and Health Promotion. Through the Health Promotion programme "Walk along the paths of my island - discover myself", there is an opportunity for team work. Teenagers, get to know themselves while discovering the paths of their islands. They gain personal development skills and related in a different way with their teachers and their parents.

The project has the approval and inclusion in the Youth programme, under the auspices of the Ministry for Youth.

Within the framework of the program, there is a training package and an e-book, like a tool kit.

Altera Vita - SPORTS

Traditional Sailing School

One of the objectives of KOINSEP CYCLADES is the continuous activation in the rescue of all kinds of traditional arts and professions by educating the public and its members, especially the traditional Boat building.

Establishment of a **School of Traditional Sailing**.

Cyclades Sailing School since 2016, is starting traditional sailing courses in Syros with our Sailing Boat KIVOTOS, for first time in Greece. The aim of the school is to learn Traditional Sailing, to promote our cultural heritage, to save our traditional ships and the survival of the professions related to their construction especially in Syros, with the huge shipbuilding tradition.

A precondition for our own effort is to get in touch with the traditional sailing sport, acquiring theoretical and practical knowledge and skills of most, hoping to continue in our country the love for the traditional boat. The innovation of our Sailing school is the **distance learning** of the theoretical course.

PRACTICE

After certification of knowledge and written examinations, practicing with sailing boats and traditional boats for a week in Syros. The distance learning system based on the use of e-Learning **Moodle** platform.

http://moodle.alteravita-cvclades.gr/course/sailing

Altera Vita - SUMMER SCHOOL

The alternate summer school ALTERA SCUOLA for children, with the cooperation of the Catholic Private School Ag. George-Frere is running few years with great success and now in our own place. Children aged 5-14 years have the opportunity to "escape" from life in the city by participating in a special experience at the "Agios Georgios-FRER" private school in Ermoupolis.

A rich summer educational program, including visual arts, musical and theatrical workshops, photography and cinema, environmental awareness, emotional education groups.

The Summer Educational Program aims to integrate children into a creative process, to free up imagination and creativity, to acquire knowledge, to enhance skills, to stimulate sociality and communication, to cultivate a team spirit through entertainment, various expressive and artistic inventions.

Through this comprehensive program of activities, the ALTERA VITA ALTERA SCUOLA summer school aims to function as a tool for the social and cultural development of our society.

In each thematic section ALTERA VITA ALTERA SCUOLA asks to stimulate the interest of participating children through experiential education groups, so that they begin to seek and learn how to approach Psychic and Physical Health, Culture, Sports, with responsibility, love and enthusiasm.

Altera Vita - EMPLOYMENT

KOINSEP CYCLADES includes the preparation and support of vulnerable adults and minors for their social reintegration and promotion in the labour market.

In this direction, the organization provides psychosocial and professional counselling support to people in this social group.

In general, KOINSEP CYCLADES aims:

- (a) The establishment and development of structures for the protection of vulnerable adults and minors in cooperation with bodies and organizations.
- (b) to raise awareness among employers and society of issues concerning vulnerable groups and especially people with special needs.
- c) research study and proposals to tackle social exclusion.
- (d) encouraging strengthening and exploiting private initiative and volunteering

ALTERA VITA with KEFIAP Syros (a General Department of the Hospital of Syros), after an Agreement, serving people with disabilities, which are predominantly included in the following diagnostic categories:

neurological difficulties, cerebral palsy, mental retardation, diffuse disturbances development and similar gravity cases.

KEFIAP operates as a Day Centre, providing evaluation, support, treatment and monitoring in outpatients and patients to their families. At the same time, it organizes parallel actions that enhance healing and rehabilitation, which include laboratories for the Disabled people and support groups and counselling of parents / guardians; their curers

PARALLEL ACTIONS KOINSEP CYCLADES -ALTERA VITA

- a) Parents / guardians / carers groups disabled people.
- b) Entertainment, socialization workshops and training of those benefiting from the KEFIAP.
- C) Counselling for employment with Disabled people.

Altera Vita - AGRICULTURE

ALTERA VITA aims at agricultural production through the co-operative orientation of aromatic and medicinal plants of our country, packaging, processing of local and traditional products and dishes, self-produced products with the promotion of cottage industry, enabling young or old farmers to discover an added value in their income. The exploitation of privately owned agricultural land of members of the Cooperative has already begun, and the planting of aromatic plants such as sage, thyme, rosemary, oregano, for the production, processing and promotion of local products of Syros.

What are the skills and expertise of key staff/persons involved in this application?

The leaders of our organization have earned each other's trust over the years in various events, projects and other activities during a lot of years of experience in working with Youth, motivation, management, administration, project work, realization of different ideas and events and etc.

Our members represented Greece in various international events. Each of them has a different useful experience which, we are sure, is contributing to our success and good results, of course can be useful in your project as well. We have an active network of persons in our region and especially in Cyclades. They are always ready to share their experience and good practices in every project, help to involve young people into workshops, discussions and all project programs.

Team leader / President / founder

Miltos Sakellariou, the President of the KOINSEP CYCLADES, studied Biology in Greece at the University of Patras and made research at the Institute of Ethology "La Montagne des Singes" in France. He has completed postgraduate studies in Counseling Psychology at the Middlesex University, specializing in Addictions and Family Therapy. He has specialized in Systemic - Dialectic Psychosocial Approach and Team Process Work, as well as in the animation of young people from AKMA. He has worked at the Athens School of Medicine, Laboratory of Experimental Pharmacology. The object was the study of the operation of the Central Nervous System (CNS) in terms of Behavior and Biochemistry, pharmacodynamics of drug groups used in psychiatry, and drugs leading to drug abuse. He has been working in hospitals, schools, in Greece, in Africa on a voluntary basis with Médecins Sans Frontières. Participation in mission with Médecins sans Frontières in northern Uganda.

He had worked as Prevention Counselor in Addictions, with advisory groups of parents, teachers and teenagers at the "Cyclades Prevention Center of Drugs abuses" Public Entity-Ministry of Health. In 2002, he created and undertook the training and co-ordination of the mixed (parents-teeneducators) theatrical group of FEREKIDIS till now. The theatrical group with drama therapy and teamwork techniques wrote scenarios that were present to the Apollo Theater of Syros and were also presented at the International Youth Theater Festival in Grenoble, France.

The last 6 years was the Director of the Youth Counseling Station of the Cyclades Prefecture, Greek Ministry of Education and Religious Affairs. At the same period was Anti-bullying Coordinator, at the Observatory of the Greek Ministry of Education on Violence In School, at the Regional Directorate of Education of the South Aegean.

He has been appointed member and General Secretary of the Board since 2015, of the Child Abuse and Neglect/Juvenile Delinquency Committee of the Court of Appeal Aegean District, (EPA Syros-Public Entity), providing services as a Social Service, for the prevention and treatment of juvenile delinquency and supervised by the Greek Ministry of Justice. Actually he participates in the Interdisciplinary Team as Prevention Counselor in Addictions, of the EPA Syros, consisting of psychiatrist / child psychiatrist, health visitor, psychologists, social workers, Representative of School Community in order to provide effective psychosocial support to minors and their families environment.

He is Chairman of the Board and founding member of the Social Cooperative Enterprise of Cyclades – **ALTERA VITA**. He has the responsibility, of the application, management, and coordination of the EU ALTERA VITA'S projects.

Project managers/youth workers/facilitators

Lena Karagianni: Educator, teacher of Chemist, youth worker for years. E-learning coordinator with expertise in creating e-courses and website developer. Webmaster and Technical administrator of the E-learning MOODLE platform of our organization. She always keen on youth work and youth policy; deals with the Social Cooperative of Cyclades since its founding, and deals with the management of the Executive Council, the bureaucratic and administrative part of the Association.

Leonardos Palaiologos: Is a professional who is in close contact with the sending organization during the whole mobility process. Work and experience in EU projects since 1995 with ANADRASIS –NGO in Syros. For more than 15 years engaged in youth work in youth participation and human rights education. Facilitator and trainer, non-formal education expert, international and youth mobility. Application, management, coordination of projects funded by Leonardo da Vinci, Socrates, DG Education and Culture. He speaks fluent English and French.

Yannis Daskos: Founding Member and General Secretary of **ALTERA VITA**, Teacher of Mathematics, and Physics, coach, student counselor.

He deals with young people and youth policies as well as having expertise in administrative and legal matters. Agricultural manager grows of our plant cultivations of Aromatic plants in our fields. Arrange the insurance required for the mobility travel (tickets, health, and accident).

Aggeliki Sakellariou: The last years engaged in youth work in youth participation and human rights education. She has participated in many international activities under the Erasmus + programs as a trainee and an active member of the theatrical team of ALTERA VITA. She works as Facilitator with YE mobility projects, speaks fluent English and has significant social skills. She studies Occupation Therapy at the University of West Attica in Athens and she has a certificate as a trainee finishing the Annual Program (2019-2020) in Special Education, from the Scientific Association for the Promotion of Educational Innovation (E.E.P.E.K.) in collaboration with the University of Thessaly. She also has been attending dance lessons for 14 years and is planning after her university studies to work as a dance-therapist.

Miranda Daskou: Biologist, youth worker having experience in mobility, with previous contacts with organizations abroad, and having knowledge of institutions and occupational groups in the area, as well as the means to contact them. She gained experience in Youth Work through numerous local and international projects of non-formal education; she has participated in numerous activities abroad under Erasmus + programs. She speaks fluent English and French. Welcome the participants in the host country and provide personal support to the participant in crisis situations.

Antonia Sakellariou: Student at Electrical and Computer Engineering University of Thessaly.

She actively participates in scientific conferences and has presented a research publication. She has participated in the Erasmus + Youth Exchange programs.

Active sailing athlete in N.O. Syros for over a decade with much participation in Panhellenic, Regional and Intercollegiate Championships. Through sailing she has developed a special relationship with the sea and the natural environment and wants to transmit her love for it to young people. She's got to help voluntarily organize many sailing races by the Syros Nautical Club.

She has the responsibility of our Traditional Sailing School.

With the ERASMUS + programmes are involved also other members of the KOINSEP CYCLADES- ALTERA VITA, Social Workers, Psychologists, teachers, ICT specialists, youth workers.

E. LEGAL REPRESENTATIVE-CONTACT PERSON	
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