



Funded by the
Erasmus+ Programme
of the European Union



Nonformal Sports

KA1 Youth Exchange

22 September – 05 October 2018

Počúvadlo, Slovakia

About the host organization

Ensemble Partout is a non-governmental organization which has its headquarters in Limoges, France. It has been created by a group of young people who want to promote mobility within Europe and allow other young people and young adults to discover the benefits of non-formal learning, to live unforgettable experiences in an international context and to increase their intercultural understanding and tolerance.

Ensemble Partout as an entity is newly created in the summer of 2017 but its members have previously activated in the field of Youth Work since 2015 till present. The staff has participated in more than 10 projects (youth exchanges, training courses, structured dialogues) in France, Romania, Slovakia, Czech Republic and Hungary. During all these projects, Bianca and Ciprian have created many partnerships and found common interests with European NGOs with whom they will collaborate in the near future.

About our project

This Erasmus+ youth exchange “Nonformal Sports” will introduce the topic of health and wellbeing and the importance of sports in young people’s lives. 54 youngsters from France, Romania and Slovakia will have the chance of practicing and experiencing, during 12 days, three types of non-formal sport activities: hiking and orientation, archery and rock-climbing. The large group will be divided in smaller group of 18 persons. Each group will try out any sport for four days. These activities will contribute in facilitating an exchange of opinions, values and attitudes in the field of promotion of Nonformal Sports. This YE will take place in 22nd September – 05th October 2018. We wish to involve participants who are interested in outdoor Nonformal Sports and that are 100% interested in involving in physical activities.

NO previous experience in any of the 3 outdoor sports is required.



Our goal is to organise an Erasmus+ youth exchange between 22nd September – 5th October 2018 in Počúvadlo, Slovakia for 54 young participants from 3 countries with the aim to provide them the chance of practicing and experiencing three types of activities: hiking and orientation, archery and rock-climbing and facilitating an exchange of opinions, values and attitudes in the field of promotion of Nonformal Sports.

Objectives of the project

The participants will familiarize with the new nonformal context of learning through practicing in Nonformal Sports. Besides that, they will improve teamwork, intercultural learning and responsibility and key competences such as communication in English, in mother tongue, sense of initiative and entrepreneurship, social and civic competences, learning to learn, cultural and social awareness.

What you will learn:

- Hiking
- Rock Climbing
- Archery
- Team work
- Intercultural learning and responsibility
- Develop trust and respect among the group and among different teams
- Communication in English

Venue, accommodation and meals

The host organization will provide and cover the accommodation and food. Our project will take place at heart of Štiavnicke hills with beautiful scenery, near Počúvadlianske jazero lake.

The project will be held at the Penzion pod Sitnom. Accommodation will be arranged for 2-4 persons/room, grouped by gender. Breakfast, lunch and dinner will be served at the same location every day. Rooms have their own bathrooms. There is limited wireless internet in the public area, the speed might be very slow in comparison to your normal internet in your country. You can check out the accommodation here: www.penzionpodsitnom.sk

Please be prepared that you won't get a proper internet access for the whole program.



SPA - all the participants will have free access to the SPA (swimming pool, jacuzzi and sauna). Don't forget your swimming suite.



Project Schedule

The daily structure of the youth exchange will be as follows:

08:00 – 09:00 – Breakfast	15:00 – 16:30 – Workshops III
09:00 – 11:00 – Workshops I	16:30 – 17:00 – Coffee break
11:00 – 11:30 – Coffee break	17:00 – 18:30 – Workshops IV
11:30 – 13:00 – Workshops II	19:00 – 20:00 – Dinner
13:00 – 14:00 – Lunch	21:00 – Night program



Travel Information

The hotel itself is not accessible by any public transport so the participants from France and Romania must arrive to the Budapest International Airport (the closest airport to the venue) where we will organize the pickup by bus.

We will cover the cost for transportation for all participants. We will cover bus transportation for participants from Slovakia and air and bus/train transportation for participants from France and Romania.

All the participants from one country must travel together with their group leaders in the same flight/bus.

Reimbursement of transport

Before buying or booking any travel ticket please consult with us and obtain our written approval so you make sure you will be reimbursed. You cannot arrive to the Budapest International Airport later than 18:00 on 22 September and you cannot book a flight that departs earlier than 11:00 AM on 5th of October.

! The participant must be on the project for the whole duration and has to attend all the sessions in order to be eligible for reimbursement.

! If you need extra information, we are happy to offer our assistance to choose the best travel

Each participant will be reimbursed up to a maximum limit, based on justificative documents (plane ticket, boarding passes, bank extracts and/or train/bus ticket).

Examples of ineligible transportation: personal car/gas ticket, priority boarding, seat reservation, additional luggage, business class tickets, plane tickets on longer routes, plane tickets with stops for one night or more, taxi, rented cars, private transport companies, travel starting or ending in different country than the sending organization's country, etc.

! The sums that are not used by one participant will not be transferred to other participants who exceeded the travel budget/person.

! All the travel tickets, inclusively the ones for return must be bought before the project starts (22th of September). We will not accept any tickets bought after this date.



For electronic ticket/receipt/invoice, the document has to be delivered in PDF format. If it's on a website, it has to be saved as PDF or printed into PDF. Screenshots or forwarded emails are not accepted.

!The participant has to consult with us before buying the ticket and obtain our written confirmation that we agree on the chosen transportation means and route before buying any travel tickets. We will only reimburse approved tickets.

Note: reimbursement will be done in EURO, regardless of the currency indicated on your ticket and receipt/invoice. If the ticket is bought in local currency, we will calculate your travel costs in EURO based on the exchange rates required by Erasmus+ programme. Each country will be reimbursed in maximum 10 days after we obtain all the necessary transport documents from all the participants from that specific country and after the realization of the dissemination activities.

For each country, we will make one bank transfer to the bank account of the partner organisation. The partner organisation will further divide the money among participants in cash or by bank transfer.

!In order to be reimbursed each participant has to provide the following:

For Plane Transportation:

- Electronic ticket or invoice containing the dates, route and price (pdf.)
- Bank extract with the amount written on the ticket – this is the proof that money left the account towards the transport company (pdf.)
- All the boarding passes in original or electronic version (pdf.)

For Online Tickets (bus and train):

- Electronic ticket or invoice containing the dates, route and price (pdf.)
- Bank extract with the amount written on the ticket – this is a proof that money left the account towards the transport company (pdf.)

For tickets bought with cash:

- ticket or invoice containing the dates, route and price in the original.

!All the participants will have to provide the organizer with the proof of the travel insurance and proof of the dissemination activities implemented by them.



Insurance

The participants are required by Erasmus+ program to have a valid travel insurance that covers liability to third parties for the whole period of the projects including the travel days. Supplementary, we also recommend our participants to get the European health insurance card. You are free to choose your insurance. The cost of the insurance represents the only financial contribution of the participant to the project. This cost will not be reimbursed.

Country of origin	Number of participants/ age	Number of group leaders	Maximum amount to be reimbursed
Romania	16 Participants aged 18-30	4 group leaders aged over 18	275 EUR/person
Slovakia	16 Participants aged 18-30	4 group leaders aged over 18	20 EUR/person
France	17 Participants aged 18-30	3 group leaders aged over 18	275 EUR/person

General Information

Weather conditions: the average temperature in September-October is between 10 and 25 °C during the day. Please check www.accuweather.com for more updated information about the weather.

Dress Code: Casual comfortable sport wear, warm winter clothes, shoes for indoor and outdoor activities.

Please bring: comfortable hiking shoes; waterproof pants and waterproof jackets.

Cultural night: participants from each country are expected to prepare a 10-15min program to present their culture (culture, customs, music, dance, etc.) and to bring some typical local drinks and foods.

Meals: three meals and two coffee breaks per day will be provided. We will take into account all the participants' dietary aspects such as allergies, intolerances and preferences. We will also have vegetarian menu (please note that Slovakia is not a vegetarian friendly country and the cooks might not be able to provide all kinds of vegetarian dishes).



Dietary/Special requirements: please inform us before the beginning of the mobility if any participant have any dietary requirements or any other special requests. We will not be able to accommodate your special request if you don't announce us in advance.

Health and travel insurance: the participants are required by the Erasmus+ program to have a valid European health insurance card and a valid travel insurance (that covers third part liability) for the period of the projects including the travel dates.

Internet: unfortunately, in Slovakia the internet services are not highly reliable, at the location, there is limited access to the internet (Wi-Fi).

Don't forget at home: comfortable hiking shoes, waterproof pants, waterproof jackets swimming suite, towel, slippers and good mood.

Phases and Deadlines

The selection of the participants will be done in the following phases and process:

1. Application period (till 10th September): group leaders will be responsible to select participants and invite already selected participants to fill the application form which we will provide.
2. Transport planning (10th – 15th September): the project coordinator will plan the trip to the project venue with the assistance of the group leaders. Each group must travel together to the project venue. Individual tickets and routs will not be accepted for reimbursement.
3. Preparation for the project activities (15th September– 21st October): the group leaders from each country will be in touch with project coordinator and prepare their group for the project activities.
4. 22nd – 05th October – Project activities
5. till 30th November – Dissemination of the project results.

Groups of participants from each country are required to organize a dissemination event in their community or school to communicate the result of the youth exchange to the community. Participants are encouraged to do a presentation of any kind in order to show their learning process and experiences during the project activity.

Project team:



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For application, please complete the following form: Application Form	