

PROGRESS REPORT



# KAINAT CARE FOUNDATION

We Care About You

2013-2018

COMPILED BY IRFAN PETER

AWARENESS

SOLIDARITY

HEALTH

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True to the name 'kainat care foundation', our ngo has a social vision which is genuine and path breaking. the broad spectrum of our activities and their success rate within a short span of time speak about the dedicated work done by the dedicated team of kainat care foundation' we endeavor in a humble way to reach underprivileged and needy people, and give them an encouraging new lease of life. through development, we need to equip the families and communities socio-economically; hence, our approach to people well-being is community-based and involves multiple programs. our investment in children, their families and communities are often in areas such as economic development, education, health and leadership

development, against abuse, & so on. kcf works closely with community-based organizations, government, other ngo's and civil societies. we provide support to needy women; offer them vocational skills training to enable them to lead lives of financial independence and self-esteem, help in women's health issues and so on. increasing awareness and fighting violence against women is among kainat care foundation priorities. there are older people today than ever before and their number is on the increase. 73% of the 60+ age group in Pakistan are illiterate with a little access to any basic educational means. there is an urgent need to provide older people with the means to lead a full life where they are provided with medical care and nursing. they need to have access to information, entertainment and the right to make their own choices. older people need to be able to lead a full life with dignity. 'kainat care foundation' is committed in working for the welfare and empowerment of older persons, on behalf of 'kainat care foundation, offer our services to all those who wish to avail them. thank you all for team members, volunteers and being part of this critically important campaign to bring about positive changes in people's lives together we can face the future with confidence and optimism. looking forward to your invaluable and constructive comments, guidance and assistance.

falak sher - chairman & founder

## ABOUT US

Doubtless, EDUCATION is the most powerful catalyst for social transformation. But child education cannot be done in isolation. A child will go to school only if the family, particularly the mother, is assured of healthcare and empowered. Moreover, when an elder sibling is relevantly skilled to be employable and begins earning, the journey of empowerment continues beyond the present generation.

Realizing this, Kainat Care Foundation, beginning in the corridors of education, adopted a life cycle approach of development, focusing its interventions on children, their families and the larger community. We believe ALL children deserve an equal opportunity to succeed in life. Education is the key that unlocks the door to success. Far too many children, through no fault of their own, aren't getting the education they need to make it in life. We are passionately committed to righting this wrong.

As the Chinese proverb goes "Women hold up half the sky", it would not be wrong to say no society can attain the goal of progress in the absence of women's role – they are the key to prosperity. We believe that sustainable peace can only be achieved if women's human rights are promoted and respected and that women have meaningful participation across all conflict prevention and resolution efforts, as well as in post-conflict rebuilding activities. Speaking on the occasion, USAID Mission Director Gregory

Gottlieb said, "The women in Pakistan, hand in hand with men, are playing a crucial role in the development and prosperity of their country. We aimed to educate neglected and desperate women through vocational trainings, formal education, women rights awareness, gender balance etc.

Almost the entire cost of health care in the developing world is borne by the developing countries themselves. According to two separate estimates, aid from international health organizations in the developed countries pays for less than 5% of the total health care costs in the developing world. The estimates do not specify exactly what they include as health aid, but they probably omit the value of food relief and other health-related disaster relief, as well as money spent on water supply and sanitation projects, although these activities have important health benefits.

KCF is trying to enhance a positive change through awareness raising seminars, basic health care training workshops, and free medical checkups and providing free vaccination to the slumps areas of Punjab.

Advocacy designed to change systems is distinct from advocacy on behalf of an individual victim of violence in the courts or within the community. Systems advocacy means efforts to change policy and practice at the local, national or international level; to change the situation for groups of individuals who share similar problems. While systems advocacy works to improve the system to the benefit of individuals, it is a long-term approach to problem solving requiring sustained effort. Kainat Care Foundation's human rights defenders are working to advocate for

the protection of women, children, families from all forms of violence. Gender-based violence is a form of discrimination against women and is a fundamental violation of the right to life, liberty and security of person. Advocacy for systems change should aim to improve respect for and the protection of human rights. Within the broad human rights framework, advocacy initiatives should reflect of specific country conditions. Advocacy initiatives under the human rights perspective, however, tend to focus on improving the human rights system at all levels, and the KCF aiming to do so.

## AIMS & OBJECTIVES

Providing basic health facilities (especially mother care) to the deprived rural community who belong to extremely low income groups and unskilled working class. Enhancing education facilities in rural areas with the objective to produce skilled labor and improve literacy rate. Promote human rights awareness in the illiterate masses in order to sensitize them to the seriousness of the issue and remind them of their long-forgotten basic rights. Support women development in the rural areas and discourage gender discrimination through concentrated efforts of public awareness.

Aware people about fatal disease e (HIV/AIDS, Polio, Hepatitis, etc) arranging seminars & training workshops.

We provide high quality, contextualized and practical support to civil society through consultancy, training,

research and learning. We also offer capacity development programs combining a range of methods and approaches.

### **Training**

We support skills development and learning on a range of themes through high quality and engaging face-to-face, training and coaching.

### **Consultancy**

We offer specialist consultancy services to improve civil society policy and practice.

### **Research**

We combine first-hand practitioner experience with robust methods to research key questions affecting civil society.

### **Learning Spaces**

Self-reflection and learning from others are essential to making change happen. We promote critical thinking and reflection on the changing dynamics of civil society by opening up spaces for debate and learning.

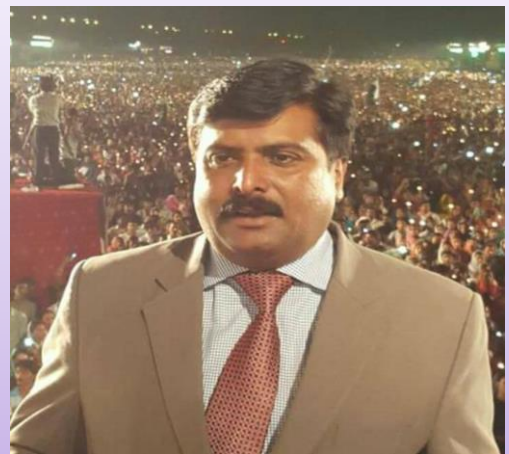
## OUR TEAM

Teamwork is the secret that makes common people to achieve uncommon results.

The professional team of KCF is dedicated, loyal, and responsible and has a soft heart for the poor and neglected people. By their experiences and skills they have enhanced a positive change among the marginalized communities and as well in the co-workers.



**FALAK SHER**  
**CHAIRMAN AND FOUNDER**



**SHAHZAD MUNSHI**  
**PRESIDENT**



**IRFAN PETER**  
**GENERAL SECRETARY**



**RAHEEL SHAHZAD**  
**FINANCE SECRETARY**



**SABER GILL**  
**INFORMATION SECRETARY**



**PASTOR PERVAIZ JOHN**  
**VICE PRESIDENT**

## OUR MISSION

Our Mission is to create awareness, develops, demonstrates and disseminates in Pakistan innovative programs to eliminate poverty, disease and ignorance by providing information and resources to empower the poorest families, indigenous groups and marginalized communities to become self-reliant.

## CURRENT PROJECTS

### KAINAT PATIENT CARE

At present our volunteers and staff members are providing services to the patients at their homes and hospitals. More than 2000 patients have been served by our professional staff and medical volunteers consists of Doctors, Staff Nurses, Physiotherapists, Attendants etc. And also some more are in Que. We are sure that in future this numbers of patient will be increased.

Since 2013 Kainat care Foundation has worked in several slump areas of Punjab province. Mr. Shahzad Munshi the president of KCF a former member of provisional Assembly has taken approval for the development works in these areas on the behalf of Kainat Care Foundation.

### KAINAT OLD AGE HOME

In today's world, "Time" is the most valuable commodity! Having time to be



with the elder members of the family (in case of the joint families like Pakistan) when they require attention is very crucial. In

Pakistan it is an unwritten societal obligation on part of the offspring to look after their parents in their old age. As the size of family reduces, the probability of the parents being looked after by their offspring diminishes drastically. This paves the way for the evolution of old age homes.

Old age homes are the second best thing in today's world for senior citizens to lead a comfortable life.

KCF has taken initiative to start an Old Age Home in Lahore. Everything is completed just waiting for the building renovation. This old age home will be furnished with all the accessories and medical equipment to provide a home feeling to the seniors. We are trying to provide all facilities to these old persons e.g. atmosphere according to the weather, proper clothes, medicines and as well nursing care. , balanced diet according to suggested by the nutrition specialist. KCF team will also arrange spiritual and psychology sessions for them by the professionals.

In door games and handy crafts activities will be a part and parcel of the daily schedule and minor exercises would be arranged by the Physiotherapist for their healthy lives.

## WOMEN EMPOWERMENT



Working girls and women are marginalized and have no access to basic education and skills enhancement due to which they are suffering day by day. They are facing, sexual harassment, sexual abuse, and victims of rape cases, theft and robbery. They are unable to express their state as they do not have right to say, and also do not know where to approach for their rights. They also do not say anything because of their family repute etc. and in this way keep on bearing such circumstances. The dire need is to educate them and enable them to read and write so that they can raise their voice, train them on their human rights and the process through which they can proceed and enhance their skills to earn respectfully in the society. It will enable them to lead happy and prosperous lives. A Functioning Literacy and Skills Enhancement for Working Girls project will be launched soon for the working girls.

The Pakistani cultural and society and especially the target groups of the project has various cultural taboos and social restraints. Young girls are the dominated sect by males. The immense work young girls do to sustain their homes is viewed as routine and is

rejected leading to social negation of young girls and loss of proper utilization of the participation of girl efforts in building families. The power relationship in the communities is also heavily dominated by males. No suggestion, opinion or advice is sought from girls and women. Moreover, people who participate in the decision making process have an ever diminishing contact and with the people whom they represent. The lack of contact and responsibility leads to social frustration and depletion of confidence on one another. Those people who are a members of some committee, organization etc., exhibit a patterns of living on dual standards. Whatever they discuss or analyze or decide regarding the community they represent, is not shared with community members at large and most of the times not even



with their families. This project will enhance a positive change in them and their family attitude. The vocational training centers will be established in different areas

according to need, in which six months courses including beautician course, fashion designing and tailoring and one year midwife courses will be provided to the targeted women and young working girls.

This project was started in 2013 and ended in 2015 due to lack of resources. But we believe that soon in future we are going to restart this project.



## **SCHOOL HEALTH (IN FUTURE)**

We soon are going to start a new project "SCHOOL HEALTH "PROGRAM" for the school going children. Initially 05 High Schools will be selected for one year in different target areas. Our professional team will have the complete medical checkup of the children and teachers of the high section. After the complete checkup they will be referred for the clinical tests and hospital if needed. The whole medical record will be kept and regular follow ups will be done. The inforamory and awareness sessions will be conducted at regular basis at the given times of the schools. At the end of the year a 4 days training workshop will be organized for the teachers, in which the basic health prevention tools and basic knowledge will be provided by the professionals to handle the minor cases of the children while the school timings.

## **SCHOLARSHIP PROGRAM (EDUCATION)**



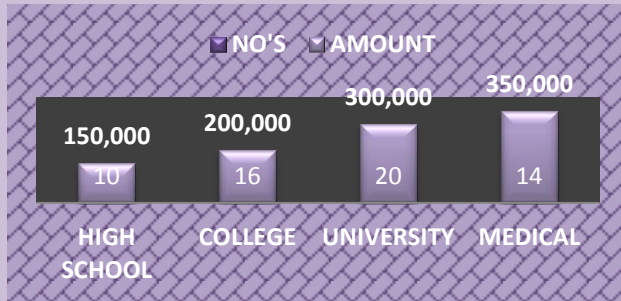
Kainat Care Foundation believes that education is very important for every human being. It makes one able to

understand what is happening around us logically and clearly. Only educated person has the ability to take practical decisions and make right moves at the right time. Human existence without education is just like fecund land. Education not only enables individuals to put their potential to best use and do something productive in the upcoming future, but also plays a main role in shaping an individual to be a better, responsible citizen and an active member of the society. An educated person with self-confidence and precise moves knows how to transform the world. Education provides the ladder for achieving success in life and enables us to utilize skills and caliber in a constructive way. Therefore, it's the prime responsibility of an individual to get educated and live a prosperous life while being a responsible citizen. Education is considered as the cheapest defense of a nation. But the down trodden condition of education in Pakistan bears an ample testimony of the fact that it is unable to defend its own sector. Though 62 years have been passed and 23 policies and action plans have been introduced yet the educational sector is waiting for an arrival of a savior.

Since 2013 KCF has provided scholarships to more than 50 students. Those students were selected after a deep analysis and verification and one thing was considered at priority basis that those students were really in need. Till now 1 million rupees are donated by KCF.

Those students were consists of High school, College Students, University Students and medical students.

The detail is as following:



### Nursing School



KCF has taken initiative to start a nursing school, Brilliant institute of Nursing for male students in Karachi, where the three years male-nursing courses will provided to the poor students who really want to serve the marginalized communities suffering from health issues.

**DEVELOPMENT PROJECTS  
OF DIFFERENT CHRISTIAN  
COLONIES – PUNJAB  
PROVINCE**

**K**ainat Care Foundation is also focusing on the water and sanitation problems in the slumps areas of Punjab. Those areas were suffering from the lack of proper sanitation system and full of mud passages and roads due to the open water system the people of these areas facing a lot of health problems, e.g. Rota Virus, Diarrhea, Hepatitis A, B, C, and skin problems. KCF management took initiative to control all problems by changing mud roads into carpeted roads, from open sanitation



system into underground sanitation system. The management put these problems in front of the higher authority of the Government and succeeded to get more budgets for the development of these areas. This amount was fairly used for the development of streets and proper sewerage system.

The President of KCF Mr. Shahzad Munshi ex-Member of Provisional Assembly played a vital role in the development projects of Christian areas. He got approval and as well grant from the Provisional Government for the development of these Christian areas and colonies.



Kainat Care Foundation team is not only working for the development of Christian areas but also focusing to spread the words of God. The President and KCF team also provided a huge amount for the construction and renovation of different churches in different Christian areas.

### **FUNDS AND DEVELOPING AREAS (DETAIL)**

<b>YEAR</b>	<b>AREA</b>	<b>PURPOSE</b>	<b>AMOUNT IN PAK RUPEES</b>
<b>2013</b>	Full Gospel Church Bilal Town Raiwind Lahore. <b>Pastor Incharge Arif Ashiq</b>	Construction and Renovation of the church	<b>3 MILLIONS</b>
	Church of Pentecost Bahaderpura Kot Lakhpat Lahore. Pastor Incharge: <b>Pastor Jamil Nasir</b>	Construction and Renovation of the church	<b>3 MILLIONS</b>
	Full Gospel Church Bhama Jhgian Shadbag Lahore  <b>Pastor Incharge: Pastor Silas</b>	Construction and Renovation of the church	<b>1 MILLION</b>
	Muthida Church Canal Park Main Market Gulberg 2 Lahore  <b>Pastor Incharge: Pastor Suhail Alam</b>	Construction and Renovation of the church	<b>1 MILLION</b>
	Church of Pentecost Mughalpura Lahore  <b>Pastor incharge: Pastor Patras John</b>	Construction and Renovation of the church	<b>2 MILLIONS</b>
<b>2014</b>	Eternal Life Ministry & Issac TV. <b>Pastor Incharge: Pastor Anwar Fazal</b>	Construction and Renovation of the church	<b>5 MILLIONS</b>

<b>2015</b>	Aamir Road Band Road Shadbagh lahore	Construction of Carpeted Road of Christian Graveyard –	<b>5 MILLIONS</b>
	Eassa Nagri – Christian Colony Sheikhpura	Construction of Streets and sewerage system	<b>10.25 MILLIONS</b>
	Christian Colony Kasure	Construction of Streets and sewerage system	<b>20.5 MILLIONS</b>
<b>2016</b>	Bilal Town Raiwind Lahore	Construction of streets, Drains and sewerage system and also planted a water filter for the colony	<b>40.5 MILLIONS</b>
	Christian Colonies Sheikhpura	Construction of streets, Drains and sewerage system	<b>1.5 MILLIONS</b>
	Different Christian Colonies Raiwind Road Lahore	Construction of streets, Drains and sewerage system	<b>10 MILLIONS</b>
<b>2017</b>	Abubakar Block Sheikhpura	Construction of streets, Drains and sewerage system	<b>5 MILLIONS</b>
	Zaman Park Christian Colony Sheikhpura	Construction of streets, Drains and sewerage system	<b>10.3 MILLIONS</b>
<b>2018</b>	Youngsonabad and MartinPur – Christian Villages	Construction of streets, Drains and sewerage system	<b>10.7 MILLIONS</b> <b>(85 Lacs each Village)</b>
	Badoki Village Christian Colony Ferozepur road Lahore	Construction of streets, Drains and sewerage system	<b>5 MMILLIONS</b>

<b>2018</b>	Christian Colony Sialkot	Construction of streets, Drains and sewerage system	<b>5 MILLIONS</b>
	Sharoon Colony Rawalpindi	Construction of streets, Drains and sewerage system	<b>10 MILLIONS</b>
	Different Christian Colonies of District sahiwal	Construction of streets, Drains and sewerage system	<b>10 MILLIONS</b>

We believe that in future we will do more for the development of Christians in Pakistan, this is our vision to upgrade the Christian communities in Pakistan and we assure that our dedication and loyalty of KCF team will enhance a positive change in the mind of majority in Pakistan.

#### ADVOCACY PROJECT (FOR CHRISTIANS)

Christians of Pakistan are very much patriotic towards their country and they are serving in every field but yet they have to face lots of problems. Under severe Islamic Religious domination, the miseries of the Christians in Pakistan are enormous and visible everywhere and at every level. Although founder of Pakistan clearly said that

**“If we want to make this great State of Pakistan happy and prosperous we should wholly and solely concentrate on the well-being of the people, and especially of the masses and the poor... you are free- you are free to go to your temples mosques or any other place of worship in this state of Pakistan. You may belong to any religion, caste or creed that has nothing to do with the business of the state...”**

But the present constitution, political system and government are undemocratic. No more Democracy. Theocracy is prevailing in Pakistan. Under this system, the Christians of Pakistan have neither equal political, socio-economic status, nor the equal access to available opportunities in playing a leading role in the national set-up. Though Christians believe and consider themselves to be first class citizens of Pakistan, the present political system believes the Christians are second class citizens and are practically at the lowest level. They are constantly reminded at every level that it is not their country. Constitutionally, no Christian has the entitlement to become President, Prime Minister, Chairman of the Senate, or the Speaker of National Assembly (Parliament) of Pakistan. Under the Constitutional bindings, the policies and practices have been adopted by all government and judicial functionaries to ignore and neglect the Christians every time,

everywhere at all levels. People at lower level have adopted this as a law that no higher position or rank is given to any Christian. Before independence Christian Educational institutions were run by Churches but they were taken over by force and nationalized by the Bhutto government in 1972. Now, no more Christian character is being seen in these Islamized Christian Institutions. After Bhutto government many of non-Muslim institutions were denationalized and given to their owners but no Christian institution was denationalized. These institutions were the basic centers for learning, social and cultural gatherings, spiritual development for the Christians. Christian teachers, professors, or students are not seen there. Government has reserved some seats for non-Muslims but it is a harsh reality that these seats are occupied by non-Muslims. At present, more than 5000 jobs, which were for Christians are now held by the Muslims. Because of this the 5000 or more Christians have been forced to be unemployed and thousands of dependents have been deprived of their livelihood. Due to the nationalization of Christian Educational Institutions and abolishing of the reserved seats for minorities in the government institutions in 1972, there has been an increase of the Christians in illiteracy and poverty. The government delivers political statements from time to time in the favor of the non-Muslims minorities when some dignitary or delegation is to visit Pakistan or when the Prime Minister is on tour to any country of the Western World. These statements are only spoken words in the air, just like lip service, never has any notification been issued for the socio-economic and educational development. There is a rigid and permanent policy to erode the rights of minorities and curb them by different methods.

There is always a naked and sharpened Islamic Sword hanging on the necks of innocent Christians in Pakistan in the shape of the Law (Blasphemy Laws 295.B and 295.C of Pakistan Penal Code). If any person disgraces or insults the Quran, then he has to be punished by imprisonment for life (295.B) and likewise if any person writes, speaks, illustrates or does any action in a disgracing or insulting manner, then he or she shall have to face capital punishment, there is no fine or life imprisonment. There are also many other blasphemy laws through which there are severe punishments but these (295 B 295.C ) are open license in the hands of Muslim Fundamentalists to kill Christians and other non-Muslims. Muslim hard-liners religious scholars often deliver verdicts and print the posters on the walls stating to kill a certain person because he/she is blasphemous to Mohammed, the Holy Prophet of Muslims. It is also stated that whosoever kills a blasphemer of their prophet shall go into Heaven freely. They promise the killers their entry to heaven. This law has been widely misused by the Muslims and they use it as a tool to remove Christians which comes in their way.  
**(Courtesy By Christians in Pakistan)**

KCF is also supporting the Christians and other minorities by the professional advocates.

Although KCf has done a lot but still there is a lot to do for these communities, therefore we request all the people, donor agencies, Government, Local and International NGO's that please join hands together to upgrade these marginalized communities, there are more empty spaces to do something to eradicate poverty, disease and discrimination among these communities.

Thank You

**IRFAN PETER**

**GENERAL SECRETARY**

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