



EVS: Equal Opportunities throughout Sport

Where: PORTUGAL - PENAMACOR

When: Jan/Fev/Mar/Apr

Contact Person: Mr. João Valente

Contact Email: jvalente@aljuventude.pt

THE PLACE:

Would you like to spend 4 months in the village of Penamacor in the heart of Portugal meeting and working with the local community, in particular with the local and full of history SPORT Association, ADEP – Associação Desportiva Penamacoreense.

Surrounded by beautiful hilly countryside, with many cultural and historical places to visit, outdoor activities with breathtaking landscapes and only half an hour from the Spanish border and just two hour distance from Lisbon by car, our organization and mentors will be very happy to host you and guide you throughout the whole EVS mobility to serve your better future!



ROLE AND TASKS OF THE VOLUNTEER:

After becoming familiar with the functioning of the association, the volunteer will be able to help on a wide range of topics dealing with youth Participation, develop Sport activities within the Club purpose and to help out in the day by day of the Sport Association and their members.

The volunteer will actively participate and collaborate in several tasks around the framework of the Sport Association, and they will always have a right to speak and propose her own ideas and wishes.

The mobility also aims at solving the lack of opportunities for local youth to engage in international cooperation, actively use different languages, meet in real people from different cultures and so develop own competences and skills to serve the best to local youth within the framework of global and multicultural non formal education.

PROFILE OF THE VOLUNTEER:

Please have in mind several important issues about this EVS project: We are selecting 1 volunteer who will be participating in the project that will start in January and ends in April 2019. We need a volunteer who can commit to these dates, and most importantly to this project. The mobility itself has an established timetable, but we are counting on ideas, initiatives of the volunteer. The profile of the volunteer: - Young people male and/or female, between 20 and 30 years old. To have a Sport

background, mainly in Football or Futsal, will be appreciated, as well as practical knowledge about tactics and physical preparation will be a plus.

The creativity, and eagerness to contribute, will be essential, and the capacity to help training youngsters or the desire to learn how to train will be highly appreciated. The volunteer will work together with other members of the association on an equal basis.

We are also looking for people who like to be in touch with nature and like to live in semi-urban areas. Interested in working in youth projects and be part of an organization with a great past and future in Sports. - Having a basic level of Portuguese will be a plus in order to begin helping with basic tasks - Passionate about Sport and youth, eager to discover new cultures and experiences.

In addition, the volunteer will have a mentor, a person who is responsible to accompany during their work, to supervise and inform them on how to perform the tasks and select the tasks.

With this person, the volunteer will try to define his own interests and may propose project ideas/activities that he/she would like to accomplish during the stay with us. Together they will evaluate the proposal, and eventually, start with the implementation of it.

In the first few weeks, the tutor and the volunteer will meet several times a week to establish the work plan and to make him or her as fast as possible comfortable within the association, the staff and the resources available. Slowly, the volunteer will feel more and more

confidence in is own, which will positively affect is performances. However, each time a new task is proposed to a voluntary, it will be provided with a training to help understanding and successfully fulfill the assignments.

WORKING HOURS AND DAYS OFF:

The volunteer will collaborate 35 hours per week from Monday to Friday, having 2 consecutive free days and 2 days of holidays per month for the duration of the project. However, it is very important to underline that the working time is very flexible and that it depends on our monthly schedule. Occasionally will happened that the volunteer will work in the weekend. In that case, he or she will receive a free day + half a day during the week.

ACCOMMODATION:

The Association provides furnished accommodation. Accommodation will usually consist of living room, individual bedroom, shared kitchen and bathroom. Association will pay the rent, electricity, gas, water.

The House is equipped with basic furniture (beds; kitchen; fridge; oven; shared bathroom with hot water; laundry; chairs; tables). The hosting/coordinating organization has to communicate clear rules of sharing accommodation to the volunteer (including the case of having guests or damages).

POCKET MONEY, FOOD ALLOWANCE AND TRANSPORTATION:

The volunteer will receive each month 120,00 euros for pocket Money + an additional fee for food and monthly ticket for the public transportation system if necessary. The money will be given at the start of every month.

LANGUAGE COURSE:

A Portuguese training course will be provided for the volunteers during the all duration of the EVS mobility.

If you are interested in our call please follow next instructions stated below:

Send us

a) 30 seconds long video about you (optional)

b) filled our questionnaire including sending organization details

1. Pre-selection _____ aug. 2018

2. Skype call's _____ sept. 2018

3. Final selection _____ oct. 2018