

# “EMPOWERING U2 LEAD UTH – 2<sup>ND</sup> EDITION”

A training course on Leadership, Self-development and Project Management  
for youth leaders and youth workers within the Youth in Action projects.

8<sup>th</sup> - 16<sup>th</sup> September 2012, Solothurn / Switzerland



<b>BACKGROUND</b>	<p><i>This 8-day training course entitled "Empowering U-2 lead Uth " aims to develop the potential of participants to become aware of their leadership capacity, working on their self-development in order to empower them to be effective leaders when working with young people in a non-formal environment.</i></p> <p><i>During this course, participants will engage in a number of activities where they will gain an increased awareness of their leadership style and their privileged role when working with young people. They will develop the skills, attitudes and approaches leaders require to impact positively on the lives of young people.</i></p> <p><i>After the success from this training course in 2011 in Switzerland, the team is looking forward to a second edition that includes the evaluation conclusions of the first edition. Some of the comments from participants during last edition in the final evaluation, were:</i></p> <ul style="list-style-type: none"><li>- (Now) "I think I can make anything happen"</li><li>- In learning outcomes: "Learning who I am"</li><li>- (People in your association will benefit from this) "They will have more trust into someone that feels sure about what she's doing".</li></ul>
<b>AIMS OF THE TRAINING COURSE</b>	<p>The aims of this training are:</p> <ol style="list-style-type: none"><li>1. To assist participants in the personal self-development of their leadership competencies.</li><li>2. To enable participants to understand and trust their own ability to inspire young people.</li><li>3. To provide participants with good communication and group dynamics skills.</li><li>4. To explore the participants' organisational skills and how these can be used to support young people in becoming more involved in extra-curricular activities in their community.</li><li>5. To discover the value of the Youth In Action programme as a</li></ol>

	tool for the development of young people.
<b>METHODS</b>	Group work, discussion, interactive workshops, exchange of experience, use of social media, creative process and experimentation in the training environment.
<b>WORKING LANGUAGE</b>	English
<b>PARTICIPANTS</b>	24 participants of YIA Program countries.
<b>PROFILE OF PARTICIPANTS</b>	<p>The participants:</p> <ul style="list-style-type: none"> <li>• Are willing and able to communicate in English</li> <li>• Are youth workers or youth leaders working directly with young people</li> <li>• Are interested in optimizing the impact they can have on the personal and social development of youth people</li> </ul> <p>Priority will be given to applicants aged 18-30 but applicants aged 30+ will also be considered.</p>
<b>TEAM</b>	<ul style="list-style-type: none"> <li>• Oliver Schneitter, Switzerland</li> <li>• María Victoria de la Cruz, Spain</li> <li>• Laurence Van der Haegen, Ireland</li> </ul>
<b>DATE AND VENUE</b>	<p><b>Arrival:</b> 14<sup>th</sup> October 2012</p> <p><b>Departure:</b> 21<sup>th</sup> October 2012</p> <p><b>Venue:</b> Solothurn (Switzerland)</p>
<b>COSTS</b>	<p>We will apply for the 1<sup>st</sup> of May "Youth in action" deadline, which means we need your part 3 as soon as possible.</p> <p>If the application gets approved all training and accommodation costs will be covered.</p> <p>The participants will get back 70% of their travel expenses – minus a participation fee of 40 Euros.</p>
<b>APPLICATION PROCEDURE</b>	<p>We are now looking for partners for this project!!! So if your association / organization / group is interested, send the new Part 3 e-form attached to this email (as soon as possible!) to: <a href="mailto:oschneitter@gmx.ch">oschneitter@gmx.ch</a></p> <p>It will be also great help if you send the signed Part III scanned too!</p> <p>Then <b>send the original Part 3</b> document by post <b>BEFORE THE 25<sup>TH</sup> OF APRIL 2012</b> to the next address: <a href="#">Verein Naturkultur</a> <a href="#">Oliver Schneitter</a></p>

	Oberdorfstrasse 16 4514 Lommiswil SWITZERLAND
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