

Call for partners to apply on deadline: 04.10.2017

Bounding colors

Training course

Place: **Tg. Mures, Romania**

Date: **06.03.2018 - 11.03.2018(6 days)**



Description:

If you like using painting and drawing as a way to relax or to work with others or you would like to know how to use it as a tool this project might be for you. Scientific research proves the benefic effect of drawing and coloring for those who suffer from stress and/or psychic trauma. By having the tool of painting at their side youth workers can approach and work with groups who face difficulties with language like migrants, people with disabilities and traumas. Painting can be used to reduce stress, help youngsters adapt and express feelings by enhancing creativity. This training course will give the chance for youth workers to exchange and learn new methods of working with youth through painting and drawing. In this project we will explore the therapeutic effect of drawing and painting and we will have an open workshop. If you are interested let us know!

Number of participants per organisation: 4.

Objectives of the project:

- * To introduce participants to innovative work tools and methods what will improve the quality of their work
- * To highlight the importance of painting activities for their target groups and the beneficial effects it has on their creativity
- * To explore the needs of youth workers in fine arts activities
- * To share knowledge, experience and good practice of using painting and drawing as a work tool to help youngsters overcome difficulties of expression and integration
- * To promote the networking within the Erasmus+ Youth in Action by creating cooperation opportunities for youth work organisations

Background of participants:

- youth leaders, youth workers and trainers.
- at least 19 years old.
- interested in painting and drawing in their work.
- motivated to participate in the project.
- able to communicate in English.
- no painting and drawing skills are necessary! :)

Task-related and Intercultural task that each group should prepare and organize:

- To research about art therapy and to summarize in few sentences what it means to you.
- To research about colors as symbols and meanings.
- *We will use the research made by participants in plenary discussions at the end of workshops.
- For our intercultural evenings be prepared to draw something representative about your country, and bring some products you want to share with us!

If you are interested in our project proposal we would kindly ask you to send your **PIF** to email: asociatiayouthcult@gmail.com until **05.09.2017**.

Thank you,
Youthcult team

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<https://www.facebook.com/Youthcultro/>