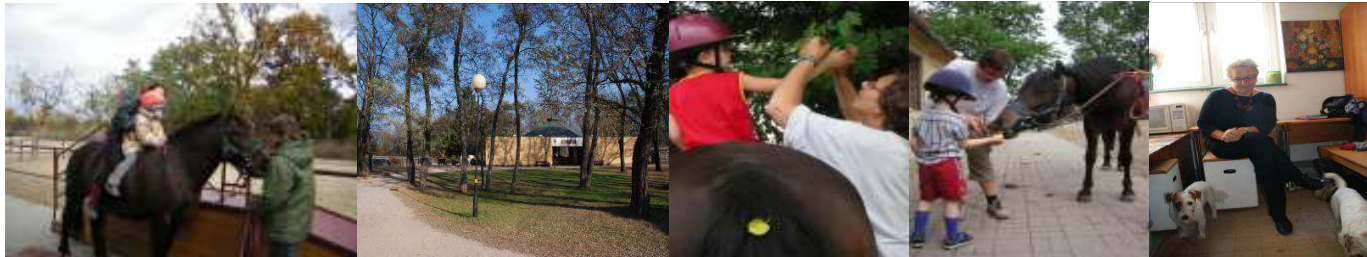


INVITATION for VOLUNTEERS
Long Term EVS - POLAND/WARSAW 2017/2018
11 months - from end of August 2017 to end of July 2017

1) "Hippotherapy" Foundation - <http://www.hipoterapia.org/>



The goals of the Foundation HIPPOThERAPY:

- To help children with disabilities, primarily by conducting therapy,
- To encouragement and disseminate equine assisted therapy as a method of rehabilitation in some diseases of children and teenagers
- To improve the knowledge and skills of our therapists,
- To take care of the health and safety of treatment of equine assisted therapy.

The objectives of our Foundation involve: doctors, physiotherapists, psychologists, educators, special educators, instructors of equine assisted therapy and horseback riding and social workers - mostly parents of disabled children who by developing equine assisted therapy see one of the ways to help their children.

Volunteer tasks:

Working hours : 30-35 per week (including Saturday, then different day in the week is free).

- To nurse and take care of horses which belong to the Foundation HIPPOThERAPY.
- Help with therapeutic activities (running a horse, putting a patient on a horse, assuring the safety of the patient).
- Maintenance works of the buildings used by the Foundation HIPPOThERAPY (painting, minor repairs, etc.).
- Maintenance works on the Foundation's area (sweeping, throwing garbage, cleaning of the tack room, ring, etc.).
- To nurse and take care of green area which belongs to the Foundation.
- Compliance with safety regulations when working with a horse.
- Compliance with existing rules, regulations and discipline.
- Kind, tactful, full of understanding attitude to the patient and his/her caregivers.
- Discrete behavior with all matters relating to the patient.
- To perform other tasks assigned by the members of the Board related to the Foundation's activities (for example: preparation of special events).

We need people who:

- Have no allergy to horses or any other animals hair
- Like animals and working with them
- Can and do not have contraindications to heavy physical work (work in the stables)
- Like and have a predisposition to work with children, particularly children with physical / mental / emotional disabilities
- Like to work out (working outdoors in varying weather conditions)
- In the future will be able to use the experience gained in future work

2) "MAJA" Association – Deep Mentally Disabled Adult People



The goals of the MAJA Association:

Association of Parents and Friends of Deep Mentally Disabled Adult People "Maja" organizes and carries on Therapeutic - Rehabilitation Centre for severely mentally disabled people.

In the facility we lead classes of the general improvement and independence of our pupils. We expand knowledge and skills in accordance with their needs. We focus on helping them to develop communication and social skills. We make classes for the educational use of computer, classes developing artistic interests - art; music, participation in occasional performances and also rehabilitation.

Our pupils benefit from the therapy and rehabilitation organized periodically outside of our Centre - they learn about the world on numerous trips.

We also try to organize swimming pool classes and hippotherapy which last for a few month period.

Our youth have a chance to make friends with each other which makes a great influence on their development and improves their mental, social and physical functioning

Volunteer tasks:

30 hours per week

Participation in cognitive excursions with a physically and mentally disabled persons (on average it happens once per week for about 5 hours),

Assistance in ceramic classes,

Assistance in painting classes with a group of mentally disabled people,

Participation in culinary classes

Small chores after classes

Conversations with parents, therapists, pupils

Volunteers will learn:

Elements of the therapeutic work,

Elements of ceramic art,

Elements of painting art

Working with disabilities, rules, psychological aspects, logistics aspects

Volunteer will expand his/her:

-empathy,

-sensitivity

We need people who:

Volunteers will have to deal with people with severe disabilities who have variety of problems: with speaking, with mobility, with basic activities of life. All of our residents are however very kind, friendly and open for new people, new friendships, new activities. Despite their disabilities they are really curious about the world.

We need people who are responsible, sensitive to human needs, patient and who are not afraid of new challenges.

We also need people who are resistant mentally and physically.

Future volunteers should be quite strong physically because the work sometimes may require pushing the wheelchair or carrying disabled person.

3) Integration Kindergarden/Nursery School - www.pi45.waw.pl



The goals of the Integration Kindergarden:

Care for psychomotor development and social development consistent with healthy and disabled children
Training of various skills during group classes and individual activities
Taking care of relations between healthy and disabled children
A multi-specialty diagnosis of the developmental needs of children with disabilities
Establishing priorities for the work of revalidation for each disabled child
Detection and rehabilitation of children with minor developmental disabilities
Cooperation with parents in the form of consultations, educational meetings, integration

Volunteer tasks:

Working 5 days a week (Monday - Friday, 30 -35 hours).
Occasionally work on Saturdays, then free day during the week.
Participating in educational and care centers in all age groups
Participation in the additional role of caregiver during educational trips
Taking part in family events organized by the staff of the nursery
Assistance in cleaning works in the kindergarden building (painting, cleaning) and garden (shearing of grass, raking leaves, small gardening - weeding the garden, planting, painting toys garden)
Participation in workshops and training courses organized by the Kindergarden
Participation in the classes of Sherborne Developmental Movement for the children together with volunteers from high school (classes are held in the gym and rely on social games movement of the child)
Perform other tasks at the requested by the supervisor of work in nursery
Conducting language classes (eg, volunteer language. songs, rhymes, basic words, phrases - a form of fun)
the ability to conduct and organization of the project of national character related to the country of origin of the volunteer
Volunteer work starting in Kindergarden No. 45 will enter training:
Discover the rules and regulations of work at the nursery Integration No. 45
The holding of a two-stage safety training (organized by the institution)

Volunteers will learn

Through the work, participation, observation, volunteers will be able to know or learn:
Labor and cooperation in multidisciplinary team (general educator, special educator, psychologist, neurologoped, physiotherapist).
Learn and try different ways of working with children (Bati Straus, Developmental Movement Veronica Scherborne, Original Play, Education through movement, Baby Massage CMC)
Get to know different art techniques and discover their talent
Working with a group of inhomogeneous composition (children healthy and with all kinds of disabilities)
They can participate in a variety of interesting workshops organized in kindergarden

We need people who:

They like children and work with them
They accept people with different kinds of disabilities
They like physical activity (dancing, singing, gymnastics)
Those who do not mind the buzz and bustle that often accompanies work with children
There are no contraindications physical work (sometimes you have to raise a child, clean up the mattress spread gymnastic equipment)
Welcome the ability to play an instrument / instruments
Welcomed skills:
Openness and ease of communication
Ability to work in a team
Understanding and friendly attitude towards the subjects (healthy and disabled) and their families



4) „RA I DO” Foundation www.facebook.com/raidofoundation



The goals of the “RA i DO” Foundation:

The main goal of the “RA i DO” Foundation – International Support Center for Youth and Adults is cooperation of Polish and foreign partners operating in the field of promotion of tolerance and integration of social, cultural, educational and professional development.

The main tasks of the Foundation are:

Promotion of the idea of intercultural mobility and integration.

Collaboration of cultural, social and economic partners from all over the world

Promotion of culture and cultural products of various countries, regions, communities and religions

The “RA i DO” Foundation pursues its goals through:

Organization of all forms of integration and support that promote the values of tolerance and inclusion.

Organization and conducting various forms of formal, non - formal and informal learning and activities.

Initiating and promoting cooperation of two - and multilateral agreement between Poland and other countries

Volunteer tasks and learning outcomes:

Voluntary work 6-7 hours a day, 5 days a week. It may happen that working hours would change or include working on weekends, but in such situations volunteers would have a day off during the week, and the weekly number of working hours would not exceed 35.

- 1). Participation and co-organisation of meetings with local youth/ getting to know local environment in Warsaw
 - Visiting local secondary and high schools – promoting EVS and ERASMUS + Program / getting to know the education system in Poland/ getting to know local youth, their needs and opinions
 - Participation in meetings with youngsters concerning the ERASMUS + projects of “RA i DO” Foundation/ learning about the process of sharing the knowledge about ERASMUS + program with special focus on EVS and youth activities
- 2). Helping in current works at “RA i DO” Foundation
 - logistic help / getting to now about everyday functioning of the NGO supporting youth and adults in Warsaw / getting to know about the organization supporting disabled people
 - helping with realization of projects /learning about logistics and realization of projects at local and international level.
 - consultations, eg. Individual meetings with potential volunteers or participants oy international mobilities/ getting to know the recruitment, support and preparation processes of local youth in research or preparation for international projects
 - helping in research for the international activities (eg. studying abroad, participating in workshops or exchanges)
 - helping in translations
 - helping in building new partnerships
 - helping in promotional activities and dissemination of projects’ results
 - helping in research of activities out of ERASMUS +
- 3) Educational activities
 - organization of national evenings, presentation of volunteers’ countries, cultures, national habits
 - teaching national languages – “language caffe” with local youth
 - workshops prepared by volunteers accordingly to their interests, talent, skills etc.
- 4) media and promotional activities – updating the website, preparing promotional materials, posters, leaflets etc.

We need people who:

Are interested in youth work
Are interested in multiculturalism and inclusion of people with different disabilities/difficulties
Want to learn new skills and share theirs
Like to work with different people
We welcome volunteers with some previous media/IT/promotional experience

“RA i DO” Foundation International Support Center for Youth and Adults will be Coordinating Organization.

Info for Volunteers:

- accommodation in Warsaw in private flat for 4 Volunteers (single or double rooms), free access to kitchen, bathroom.
- 100 euro for food and 85 Euro pocket money
- Cigna insurance
- ON Arrival and MID term Trainings
- Mentors - young people from Warsaw

If You are interesting to come to Poland and support by your working 4 Associations take care disabilities or working in the RA I DO office please

send your CV and motivation letter concerning this projects to: Anka_zakrzewska@hotmail.com

We ae waiting for your letters up **to 15 of January 2017**. After that deadline we choose some application and we would like to have meeting by Skype. We will inform You. Please give us your Skype address in your CC.

Volunteers can be from EU or Partners Countries.

We need 4 girls and 4 boys.

In MAJA Association/Kindergarden/“RA i DO” we can host Hard of Hearing People :-)