

## Where are we?

Parcours le Monde - IDF promotes international mobility for young adults from 18 to 30, regardless of their qualifications or their experience. Our non-profit organization considers that international mobility is a structuring step towards inclusion and employability, particularly for young people with fewer opportunities. Whether it is a job, an internship or a volunteering, an experience abroad always provides many learning outcomes that could be personal, cultural, professional, linguistic and technical. Our non-profit organization promotes international mobility as a professional and social integration tool among youngsters and professionals from the public and the private sector.

The activities of Parcours le Monde-IDF are supported by public institutions at European, national and local levels.

## The young people we work with:

We work with young adults from 18 to 30 years old coming from the region Ile-de-France, who face often inclusion difficulties. Since our goal is to favour the international mobility of those with fewer opportunities we focus our actions in priority areas (“quartiers prioritaires” or quartiers “politique de la ville”). Many youngsters we mentored live in disadvantaged areas and face several economic, cultural, social or geographic obstacles. Others are long term unemployed or cannot access formal education or training (the NEETs – Neither in Employment, nor Education or Training).

## Why do we consider the mentorship as a central and essential activity of our work?

Parcours le Monde -IDF provides an intensive mentorship program that combines individual appointments and group sessions for young adults Neither in Employment, nor in Education or Training (NEET). The mentorship lasts from the beginning until the end of the project (before, during and after their international mobility). Our association decided to propose this program as a fundamental support for Volunteers with fewer opportunities. The reinforced mentorship of Parcours le Monde-IDF is the only way to make them actually go, and for the experience to be successful. Among the youngsters with fewer opportunities, the difference between those who leave and those who don't is the mentorship. This program is especially reassuring for the youngsters that have never been abroad alone before. The individual appointments with the International Mobility Facilitator's (IMF) will allow participants to explore their fears, expectations and motivations and will also settle their learning-goals. All the sessions are highly interactive: Individuals are active decision-makers and responsible for their own project. The pre-departure training involves 3 half-day workshops led by the IMF. The theme of one workshop is “Europe and intercultural communication” and the other two prepares the participants for the stay abroad. Telephone and email support are offered all along the project.

At the Volunteer's return, individual appointments and collective sessions are offered. The objective of this meetings is to summarize and value the volunteering experience and assess the achievement of the learning goals.

## Reinforced mentorship fees:

The reinforced mentorship program proposed by Parcours le Monde -IDF entails an average of 23 hours. It represents 400 euros per pair of Volunteers for the sending organization and 250 euros per participants per month for the hosting organization (see the annex for details):

- 8 hours minimum of individual appointments per youngster with the counselor.
- 3 hours of individual appointments by telephone/email/Skype with the Volunteer.
- 5 collective workshops :
  - Training for departure (2x ½ days)
  - Training on return (1x ½ day)
  - 1 themed workshop

## Why we would like to develop more short term EVS opportunities?

Parcours le Monde-IDf is convinced that short term EVS is particularly designed for young people with fewer opportunities. We think that a short term EVS is the best possibility to live a first mobility. Indeed this short term EVS is good way to take away the fear to go abroad, to discover the voluntary. Moreover we propose firstly a short term EVS in order to propose the young adult to realize later a long term EVS and so the young adults will be aware of all the possible topic and the destination for a long term EVS.

In addition, there are few opportunities of short term EVS, this is the reason Parcours le Monde-IDF would promote and develop the short term EVS.

Ideally, we wish that firstly the young people take part of a youth exchange in order to discover and be familiar with interculturality, to be confronted to the loss of their references and to live a first “cultural choc”. This youth exchange allows the youngsters to discover that they have the capacities to speak in English and to have a discussion even if they haven’t a high level in English. A youth exchange is a good way to broke up the clichés about a country and the wrong representation of the country they can have.

## The KA1 project we would like to develop:

For the Round 1 in 2017, we want to present a KA1 project in sport field. We would like to build a project around sport because many of young adults currently mentor are interesting in sport and they want to share their hobbies and their competences in this field. We are convinced that Sport is a good way for social inclusion for the volunteer and the public of the hosting organisation too. We would like to develop a project of EVS around Sport because many of the young adults, we mentor, are interesting in sport and more particularly in football. According to the profile of the young adult, an EVS in sport field can be a good first experience in an intercultural environment. Moreover sport field doesn’t need special language skills: the language skills is the principal fear of the volunteers and Parcours le Monde-IDF would like to decrease this fear and to show that the language is not an obstacle to live a mobility.

During their European Voluntary Service, the volunteer can do a lot of missions according to the need of the hosting organization. Theses missions can be:

- Organization of sport activities in order to encourage the social inclusion
- Organization of sport or cultural events
- Activities to develop children’s motor skills
- Help sport trainer
- Coach a team
- Cultural activities
- Language and intercultural workshop
- Help the team in administration tasks
- Develop the communication skills of the hosting organization (website, facebook...)
- Promotion of the EVS
- Promotion of the EU and citizenship

We are convinced that the volunteers will gain learning outcomes and competences thanks to the EVS during their mobility and particularly these three following important categories of learning outcomes and competences.

- Intercultural awareness, active citizenship and European identity

Living in another community will allow the young adults to develop their capacity to be open-minded and tolerant. Thus, they will build their own values. They will learn a new culture and so learn to live and work in a multicultural environment. During their mobility, they will meet and talk with people from all over the world, thus they will learn culture, social and political situation from different countries. Moreover, they will gain knowledge about European citizenship, social and civic engagement, solidarity and volunteering.

- Employability and empowerment

First of all, the young adults will imagine, build, develop and evaluate their own project. During their mobility, they will improve their autonomy and adaptability in a new environment, and this can enhance the chance of a better integration when they will be back to their home country. They will develop learning outcomes like work in team, organization of events, create and animate activities...

They will learn the functioning of an NGO. They will increase the trust in themselves, gaining self-esteem.

- Language skills

During their mobility, the young adults will improve their English skills. They can learn the local language too. Moreover they will learn to communicate differently in a foreign language.

### Number of volunteer and date of the missions

A lot of young adults, who are accompanied in Parcours le Monde IDF, are subject to be interesting in these opportunities of mobility. It is necessary to know that each week, many youngster begin a mentorship in Parcours le Monde IDF in order to plan their project of mobility. So we have the capacities to find youngsters, who are interesting in the missions of the EVS and who want to invest in the mission. We can send volunteers according to the needs of the hosting organization. We don't want to impose the date of the beginning of each EVS: we have to find the best date according to the needs and the activities of the hosting organization and to welcome and to accompany the volunteers in the best conditions. So the hosting organization can choose the number of volunteers, to welcome the volunteers individually or in group. It is also important for us to let the hosting organization decide when in 2017 and 2018 they would like to host volunteer and how long (1 month or 2 months). Our only requirement, is that we would like to start the first departure in June 2017 and until to the end of 2018. We would like to have enough time between the answer of our national agency and the first departure in order to mentor young people interested in these short term EVS opportunities.

## Annex: reinforced mentorship:

### DETAILS OF TRAINING ACTIVITIES OFFERED BY PARCOURS LE MONDE - IDF

BEFORE DEPARTURE		DURING PLACEMENT		ON RETURN	
Activity	N. of hours	Activity	N. of hours	Activity	N. of hours
2 individual interviews	2 hours per volunteer	3 telephone / skype interviews with the volunteer	3 hours per volunteer	1 individual appointment analyzing acquired skills	2 hours per volunteer
1 group workshop "Awareness of Europe and intercultural communication" and 2 collective training workshops	3 workshops of 3 hours each	Follow up by telephone and emails with tutor	3 hours per volunteer	1 group workshop "Summary of volunteering experience"	1 workshop of 3 hours
				1 group workshop validating acquired skills	1 workshop of 3 hours
				Follow up support for 6 months : exchanges by phone or email	1 hour per volunteer

#### Summary

- 8 hours of individual appointments minimum per young adult with the IMF.
- 3 hours of individual appointments by telephone/email/Skype between the IMF and the Volunteer.
- 5 collective workshops :
  - training for departure (2x ½ days)
  - training on return (1x ½ day)
  - 1 themed workshop

**The reinforced mentoring program proposed by Parcours le Monde -IDF represents an average total of 23 hours to be included as exceptional costs. It represents 400 € per each volunteer before departure and 250 € per volunteer per month on site.**

#### Description of reinforced mentoring program

PRIOR TO DEPARTURE: Volunteers preparation and training	<p><u>Interview between the professional integration partner &amp; Parcours le Monde - IDF.</u>          Focus on: - The career path of the individual concerned (job, training, etc.)</p> <p><u>Individual appointments :</u>          - Defining learning goals, expectations and motivations of individual and working on his project.</p> <p><u>Workshops :</u>          - Language workshops to lose the fear to speak and commit mistakes.          - European awareness, hosting country and intercultural communication.</p>
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	<p>- Training for departure (Erasmus+ and EVS / paperwork / transport arrangements for the project, practical elements)</p> <p><u>Networking :</u> Future volunteers are invited to meet and talk with former volunteers who have already participated in a volunteering project in another country. These exchanges are very important because they help to reassure young people and share the positive experience.</p> <p><u>Video sessions :</u> Watching video testimonies of formers volunteers and participants in other mobility projects made by Parcours le Monde – IDF.</p>
<p><u>DURING PLACEMENT</u> <u>T</u></p>	<p>- <i>Regular assessments with tutors and the coordinator of the host organization (phone/Skype/email)</i></p> <p>- <i>Telephone interviews with the participants: on arrival, part way through and before returning.</i></p>
<p><u>AFTER PLACEMENT</u> <u>T: training on return</u></p>	<p><u>Individual debriefing and collective workshop "Training on return", with international mobility facilitator in charge of monitoring individuals.</u></p> <p><u>Assessment interview centred around the following points :</u></p> <ul style="list-style-type: none"> <li>- Integration into the team and the group</li> <li>- Compliance with his/her commitments</li> <li>- Ability to communicate</li> <li>- Involvement in activities</li> <li>- Handling difficulties</li> <li>- New skills</li> <li>- Ability to work in a team</li> <li>- Communication efforts</li> <li>- Cultural knowledge</li> <li>- Ability to manage separation</li> <li>- Ability to establish contacts</li> <li>- Overcoming stereotypes</li> </ul> <p><u>Capitalization of experience abroad:</u></p> <ul style="list-style-type: none"> <li>- Updating CV</li> <li>- Presenting his/her project and experiences to other young people</li> <li>- Making the link between the professional integration partner &amp; Parcours le Monde - IDF to advance the professional project of the individual</li> </ul> <p><u>Prospect :</u></p> <ul style="list-style-type: none"> <li>- Looking for employment/training/formal education</li> <li>- Looking for a long term EVS project.</li> </ul>