

Work Experience in Portugal

ERASMUS +





Zona Ribeirinha do Montijo

About Us?

With consolidated experience over the years in the field of professional training, educational projects and language teaching, AFPDM/Vocational School of Montijo in a straight partnership with the City Council of Montijo, offers a wide range of programmes for participants, both for young people and for adults, in the most different professional sectors, enhancing their chances on the labour market.

The hosting activity is organized on the basis of needs identified by organizations working with the ERASMUS+ programme and Erasmus Placement. AFPDM acts not only as a Coordinating and Sending Organization, but also as Intermediary Partner and Hosting Organization, working on the different types of mobility projects under the key Action 1 of the Erasmus+ programme: in the field of Education and Training and Youth. We also work under key Action 2: Strategy Partnerships.

We give to the beneficiaries, that wish to have work Experience in Portugal, good opportunities to develop their competences, skills, and professional knowledge because, since we are the Vocational School of the city, we establish a straight cooperation with the companies in our region, finding suitable work placements.



An aerial photograph of a park with green lawns and red flower beds. The lawns are shaped into organic, flowing forms, and the flower beds are filled with vibrant red flowers. The overall scene is bright and colorful.

About Montijo?

Montijo is a little historical town, that used to be called Aldeia Galega (Galician Village) until 1930. It is situated on the left shore of the river Tejo (Tagus). On one hand it stays a little bit in the shadow of Lisbon, on the other one, it enjoys the advantages of the proximity to the capital. It is connected by the European longest bridge, Ponte Vasco de Gama, in the length of 17 km.

Montijo is famous for bullfighting, tasty food and Fado music. It has something to offer during the whole year.



What do we offer?

OUR SERVICES

- Receiving and hosting the participants
- Transfers
- Provides work experience placements in the local companies/different areas
- Provides accommodation and meals
- Provides transportation or public transport tickets for the workplace
- Portuguese Language Course with delivery of certificate (beginners A1)
- Provides cultural visits and excursions to different places during the weekend
- Monitoring and supervision of young people in the work placements



WELCOME AND SOCIALIZATION ACTIVITIES

After the arrival, participants are invited to take part in a socialization meeting organized at the Professional School of Montijo.

This occasion will be the first approach for the participants to introduce themselves, a moment through which the experience mobility activities will be explained in detail, but also a chance to meet AFPDM Staff and tutors who will be appointed as the local point of reference, during their stay in Montijo.

AIRPORT TRANSFERS

AFPDM organizes a welcome service and pick up the participants at the airport, driving them in their local accommodation. This service can be arranged both for the arrival and departure.



Sights of Lisbon





WORK PLACEMENTS/PROFESSIONAL SECTORS:

- Rural tourism
 - Travel agency
 - Sales
 - Electronic
 - Elderly care
 - Tourism Hotel and Catering
 - Business Administration
 - Marketing
 - Nursery
 - Pedagogy
 - Social Education
 - Commerce
 - Higiene and safety at work
 - Social Services
 - Education
 - Adult Education
 - Architecture
 - Accounting
 - Heath Care
 - Agriculture
 - Floriculture
 - Food Industry
 - Bakery
 - Informatics
 - Mechanics
 - Graphic Design
- And many others...



Pena Palace

Cultural World Heritage



ACCOMMODATION AND MEAL SERVICES:

Including the most suitable accommodation to every group according to their specific needs, it can be organized in:

- Hostels B&B/apartments (single, double or bunk bed rooms)
- In hotels of different standards
- Self-catering accommodation and meals
- Lunch and dinner will be provided in a local restaurant



LOCAL TRANSPORTS:

- Weekly bus pass
- School Bus

LINGUISTIC PREPARATION:

Portuguese or English Language Course

- We recommend 20 hours of Portuguese Language Course to assure the consolidation of the knowledge acquired as well as the success of the Internships







CULTURAL PREPARATION:

During the stay in Montijo, AFPDM may propose and organize local trips and guided visits to the monuments and historical places in different cities of Portugal.

These activities are organized to help participants to get to know and understand everyday life in the Portuguese culture. These are usually organized during weekends:

- Lisbon: Sightseeing of historical places
- Sintra: Palácio da Pena, Quinta da Regaleira
- Cascais: Local Village, Cabo da Roca, Boca do Inferno
- Fátima: Sanctuary
- Óbidos: Medieval village
- Social life in Lisbon: Fado Night
- Oceanarium in "Parque das Nações"
- Setúbal: Natural Park of Arrábida
- Portuguese beaches: Figueirinha, Costa da Caparica, Carcavelos



AFPDM'S TUTORING AND MONITORING

Along the whole program, the promoter and participants will be assured the following quality services, some already described above:

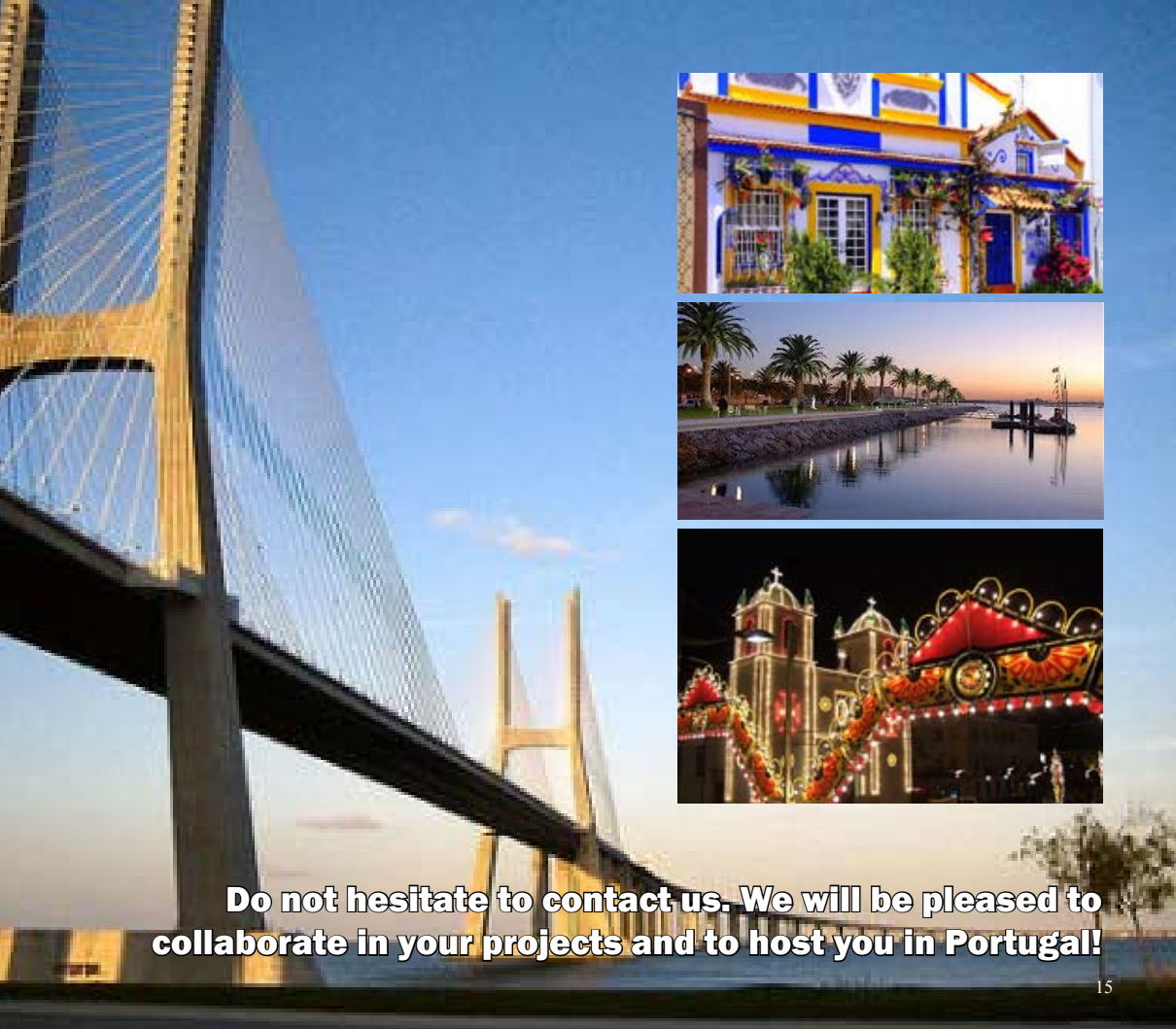
- Presentation / welcoming session
- Constant availability of the AFPDM team to support promoter and participant
- Emergency phone 24h/day
- Europass
- Certificates
- Middle and final evaluation with the groups
- Regular Informal meetings with all beneficiaries
- Follow-up
- Final report, containing evaluations and certificates as well as AFPDM evaluation of the program





INTERNSHIP / PLACEMENTS

- For the Professional Internship Placement, an AFPDM Program Coordinator will interview all participants and introduce them to their future “employer”.
- During the internship placement, the coordinator will make the appropriate follow-up in the organizations / companies where the internship takes place and help the participants with any problems that might appear.
- At the end of the program a final report will be made.



Do not hesitate to contact us. We will be pleased to collaborate in your projects and to host you in Portugal!



www.mun-montijo.pt



escola profissional do montijo

www.epmontijo.edu.pt



Contacts:

GABINETE DA JUVENTUDE

Rua António Manuel da Silva, nº 43 loja B

2870-326 Montijo

Telephone: +351 21 232 78 78

Mobile: +351 91 486 74 32

Email: ldvmontijo@gmail.com

AFPDM

Rua José de Almada Negreiros nº 217

2870-442 Montijo

Telephone: +351 21 231 38 62

Mobile: +351 91 226 61 14

Email: secretariado.direccao@epmontijo.edu.pt