

„Respect my differences”

About project:

Are people with disabilities are really different? Are there really so many differences between "us" and "them"? But, in fact, who are the "they" and who are "we"? In our society very often we put a thick line between non-disabled people and people with disabilities. People with intellectual disabilities arouse in other people variety of emotions: from compassion, by surprise, lack of understanding, to aggression or fear. Our attitude often causes misunderstanding and reluctance of people with disabilities. Are we really so different? Don't we all deserve mutual respect?

We would like to invite you to take part in an incredible adventure - a trip into the world of passion, tolerance, non-discrimination and new knowledge. The project "Respect my differences" is dedicated to young people both with intellectual disabilities as well as non-disabled. During the project, we want to work with each other, learn from each other and share passions. Through various games and workshops (appropriately targeted to the cognitive abilities of all participants), we want to raise topics such as tolerance, disability, discrimination and its various manifestations and preventing discrimination.

Participants will take part in workshops prepared by other participants - photography, dance, drawing, sports and cooking. Participants will have the opportunity to acquire or develop their photography, dance or sport skills. What is more important, young people will have a chance to work together, spend time together, face challenges and solve problems together. They will develop their creativity, raise the level of self-esteem, develop interests. They will see another point of view, learn the new way of thinking and problem solving. Moreover, they will develop their attitudes of openness, tolerance and respect.

2 groups of participants:

- volunteers in 13-26 aged (in polish group that will be students from school taht we cooperated in other project), 7+1 leader/teacher
- participants with mental disabilities (in polish group that will be students from special school in which Foundation organize integration in non-formal education), 7+1 leader/teacher + 1 person for help.

Dates:

- 9 days in April 2016
- apv will be organized month before

Place:

polish mountains - Tatry (Zakopane)

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