

ERASMUS+ – European Voluntary Service

Project Title: “CAnVAS”

Project dates

November 1st, 2016 till August 31st, 2017 (10 months)

Who we are

The “Agios Vlasios” Chronically Diseases Infirmary of the Holy Diocese of Thiva & Levadia is an elderly care center that aims to offer treatment, affection and care to people of both sexes with priority those suffering with chronicle illness.

Working environment

The working facilities are modern inside the hospitable 3-floor building with comfortable sitting and refreshing room. There is a seminar room with 200 persons capacity that is also used as an indoor group activities’ room. There is a restaurant and conservatory along the 2 floors and 34 rooms divided between the 2 floors with view to the gardens. The Infirmary operates in 3 shifts a day.

Accommodation

Volunteers accommodation will be in a multi-room rented apartment (1 person per room), with fully equipped kitchen, bathroom, hallway, common sitting room located in Levadia city. Three persons per apartment are allowed.

Food

Food is provided at the Infirmary's facilities cooked by professional cooks everyday and a food allowance is given for breakfast and extra food upon receipt.

Transportation

The volunteers transportation will arranged by the Institution. Which will provide to them daily, a driver who takes them at work and back home with Infirmary's vehicle.

Volunteers’ tasks

The proposed voluntary services in the Chronically Diseases Infirmary for elderly persons include:

- a) Voluntary service will follow the daily program of the Infirmary with the personal care of the elderly such as facial cleaning and beauty, serving water and food, walking them around the Infirmary.
- b) Voluntary service with weekly creative activities for the elderly such as handicrafts, physical education, music, communication, free time entertainment and walking companion to the city, through individual and group activities.
- c) Voluntary service on planning, organizing and implementing activities with similar institutions from abroad in the frame of various European and World programmes. Creation and moderation of a webpage, design of a leaflet and organize an information/dissemination event for publicity and organize public events.

Finally, volunteers will learn how to apply practical techniques for all mentioned works and will acquire knowledge and skills in social services.

Daily activities Schedule:

Monday – Thursday*

8h15 Pick up time from home

8h30 Arrival at the Infirmary;

8h30 – 12h00 Provide help on transferring elder to shower room. Shower will be implemented

by Infirmiry staff.
 Return the elder back to their rooms after shower.
 Provide help at bed-sheets laid on beds.
 Help in the distribution of the snack and feeding assistance.

12h00 15 minutes break.

12h15-13h00 Serving water.
 Communication with elder and accompany them.

13h00-13h30 Serving lunch and feeding assistance.

13h30-14h00 Volunteers' lunch.

14h00 Volunteers' departure for home

Tuesday-Wednesday*

8h15 Pick up time from home

8h30 Arrival at the Infirmiry.

8h30-9h30 Serving water.
 Communication with elder and accompany them.
 Provide help on folding clean clothing.

9h30-10h30 Provide help in the distribution of the snack and feeding assistance. 15 minutes break.

10h30-11h30 Preparation of the creative activity with materials and procedures.

11h30-13h00 Provide help on transferring elder to activity room.
 Creative activity implementation.
 Return elder back to their rooms after the activity.

13h00-13h30 Serving lunch and feeding assistance.

13h30-14h00 Volunteers' lunch.

14h00 Volunteers' departure for home.

Friday*

8h15 Pick up time from home

8h30 Arrival at the Infirmiry.

8h30-9h30 Serving water.
 Communication with elder and accompany them.
 Provide help on folding clean clothing.

9h30-10h30 Provide help in the distribution of the snack and feeding assistance. 15 minutes break.

10h30-11h30 Preparation of the creative activity with materials and procedures.
 Collect all weekly activities and document them for creating an archive of implemented activities for public use and statistical use.
 Update the webpage.
 Planning and design the public dissemination events.

11h30-13h00 Provide help on transferring elder to activity room.
 Creative activity implementation.
 Return elder back to their rooms after the activity.

13h00-13h30 Serving lunch and feeding assistance.

13h30-14h00 Volunteers' lunch.

14h00 Volunteers' departure for home.

***Daily activities may change according to the Infirmiry's daily needs without prior notice.**

So we are looking for volunteers that are:

- 18-30 years old;
- willing to follow the daily program
- capable to create activities with simple materials by using their hands;
- skilled to provide physical education activities;
- open minded, in basics self-independent, responsible and with a strong motivation for international youth work and intercultural communication with elderly persons;

- capable to help in preparing international youth exchanges and activities;
- motivated to learn basic Greek phrases in a short time;
- playing an musical instrument which will be mostly appreciated;
- able to communicate in english.

Learning opportunities

Volunteers will learn how to apply practical techniques for all mentioned works and will acquire and share knowledge and skills in social services. Their daily tasks and dexterities will be recorded in the Youthpass at the end of their service.

Conditions

This project seeks funding by the EU Erasmus+ Programme, European Voluntary Service and according to the rules accommodation and food will be provided by the organizers along with the automated distant locator cost for one return ticket to the venue.

Co-ordinating & Hosting Organization:

“Agios Vlasios” Chronically Diseases Infirmary

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EVS Accredited Organization code: 2014-1-EL02-KA110-001710

PIC number: 947575541

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