

CALL FOR PARTNERS!

TYPE OF PROJECT:

Youth Exchange, Key Action 1, Erasmus + Programme

TITLE: H.E.Y. – Healthy European Youth

Local Democracy Agency intends to apply for the youth exchange “H.E.Y. – Healthy European Youth“ 4th October deadline of the Erasmus + Programme (Key Action 1). The aim of the project is to bring together youngsters from all over Europe and give them an opportunity to promote healthy lifestyle and to understand the importance of physical activity and healthy eating in order to be able to change their unhealthy behaviors and enhance the quality of their lives.

SUMMARY OF THE PROJECT

Venue: Istria Region, Croatia

Dates: May 2017

Partners: EU Countries

Working Language: English

Conditions: each partner should send 4 participants aged between 18 and 25, plus one group leader.

Duration of the activity: 5 days of activities excluding travel days (+2). We will cover 100% accommodation and food.

Financial Conditions: The Project covers all the costs for accommodation, food and activities during activity days. 100% of total travel costs according to distance calculator: http://ec.europa.eu/programmes/erasmus-plus/tools/distance_en.htm

Methodology: Non-formal education techniques and group activities

SUMMARY

The youth exchange H.E.Y aims to bring together 20 young people from 4 different European countries and give them opportunity to promote a healthy lifestyle during the project. The project will be held in May 2017 in a lush village named Brtonigla in the area of Istria, Croatia and in Umag, a small coastal town along the Adriatic Sea well known as a touristic-sport destination. The aim of this project is to draw young people's attention to serious contemporary problems connected with health-related issues in the world, namely obesity and lack of indoor activities. Additionally, the youth exchange H.E.Y spring up from the fact that today we live in increasingly multicultural societies, so we need to promote intercultural dialogue and intercultural competences. During the project activities, participants will have the opportunity to enrich their skills and competences through non-formal learning methods (workshops, outdoor activities, discussions) in order to stimulate a new way of thinking and best practices of healthy lifestyle, mutual team support as well as cultural awareness and active citizenship. They will be stimulated to think 'out of the box' in order to develop new ideas and to promote group activities for health lifestyle. The project will have a tangible impact on the participants by developing their nutrition/fitness/healthy habits, skills and knowledge, and also on promoters themselves for getting to know partner organisations that will lead to future collaborations.

Through this call we invite youth organizations to become our partner.

For more info please contact us at adl.verteneaglio@gmail.com