



ANIMA VITA

—
PSYCHOTHERAPY
AND COUNSELING

CALL FOR PARTNERS

“PRO-PER development”

Dear colleagues!

Institute ANIMA VITA would like to invite you to become a partner organization in a **Training course (TC) project** entitled “**PRO-PER development**”.

The project will be organised under the auspices of the **Erasmus+ programme** and it will be **comprised of two activities** (Training Courses).

Short project description

The project will consist of two training courses, organized in the autumn and winter 2015, approximately 2 months apart.

The goal of both TCs will be to bring together youth workers/leaders/trainers/project organizers as well as youth volunteers and unemployed youth from different EU and neighbouring countries with the purpose of empowering them and equipping them with skills needed in order to tackle the subject/problem of youth un-employability from a holistic perspective, focusing on a PERsonal as well as PROfessional development of unemployed young people.

To achieve this goal, the participants of both TCs will be immersed in a learning experience which will not focus merely on transfer of knowledge, but also on increasing their engagement and establishing a view of themselves as active creators of their own life situation.

During the TC-s which will both last for 7 days, participants will be actively involved and by way of active involvement, sharing of experiences and personal development, will be able to internalise the learning process which they will later be able and encouraged to transfer also to unemployed youngsters in their local communities and participants of their youth projects, therefore acting as active multipliers of the PRO-PER learning experience.

Hopefully participants attending the autumn TC will be able to attend also the winter TC, so that the learning experience will be a wholesome one. However, this will not be obligatory and organizations can choose different individuals to attend the two TCs, as long as they fit the criteria described below, in the project summary.



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Activity 1: “PRO-PER education”

Main objectives of the activity:

1. **To promote** volunteering as a pre-step to the labor market, as a bridge between youth and the labor market;
2. **To encourage** the youth workers to develop more programs and activities in order to develop employability skills for youth groups;
3. **To encourage** youth workers to actively integrate unemployed youth in their work;
4. **To identify** the problems of unemployability and to seek to identify solutions which could be applied or developed back home, by all participants;
5. **To deliver** the proper tools for developing employability skills: communication, interpersonal, decision-making and lifelong learning skills;
6. **To deliver** some tools which are important for development of soft skills: active listening; self-management; capacity for quality self-expression; cooperation with others; conflict resolution and negotiation; taking responsibility for personal learning; reflection and evaluation;
7. **To inform** the participants about the Youthpass process and how they can use the Youthpass certificate to assist them in their job application;

Activity 2: “PRO-PER branding”

Main objectives of the activity:

1. **To introduce** participants to the concept of `PERsonal branding`, to have a thorough understanding of it and to be aware of its importance when looking for a job, and also in PROfessional NGO activities;
2. **To aid and guide** participants in exploration of their strengths, weaknesses and unique qualities, and **to demonstrate** how these qualities add value to their personal brand;
3. **To deliver** a variety of tools for creating a personal brand and designing a personal branding strategic plan;
4. **To aid** participants in developing ways of communicating their personal brand and further developing their communication and collaboration skills;
5. **To deliver** the social media tools in order to effectively present their own personal brand to potential employers or clients;
6. **To deliver**, by way of non-formal learning activities, the career marketing tools, such as: résumé, biography and online profiles.
7. **To encourage** the representatives of partner organizations to implement new ideas, tools and techniques in order to provide PROfessional as well as PERsonal support to young job seekers;



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Project summary

Title of the project: “PRO-PER development”

Type of project: Training course(s)

Organizer: Institute Anima Vita (a non-profit organisation)

Date of activity 1: 17.10.2015 – 23.10.2015

Date of activity 2: 12.12.2015 – 18.12.2015

Project venue: Osilnica, Slovenia



Partner organizations: Non-profit organizations which are involved or would like to increase their involvement in working with unemployed youth (associations, clubs, institutes, etc.);

Number of partner organizations: 6 partner organizations + hosting organization

Profile of participants: 1-2 Youth workers/leaders/trainers/project organizers

+

1-2 registered unemployed young people (between 18 and 30 years of age);

Language: The official language on all the activities will be English. We will expect all participants to have a good working knowledge of English;

Group size: 3 participants from each partner organization;

Age of participants: 18 years of age and older;

Gender balance of group: 2 females + 1 male OR 2 males + 1 female (gender balance is important);

Potential partner countries: Erasmus+ programme countries + partner countries;

Costs: Costs of accommodation, food, programme and materials will be covered by the Erasmus+ programme.

Travel costs reimbursement: The travel costs will be reimbursed according to Erasmus+ regulations and will be as follows:

Distance between project location and participant home:



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0-99km: 0€

100-499km: 155€*

500-2000km: 250€*

2000-2999km: 335€*

*25€ is deducted from the Erasmus+ specified amounts, to organize transportation from Ljubljana (meeting place) to Osilnica (project venue) and back (renting a private bus).

In order for the reimbursement to be approved, ALL the invoices and boarding passes need to be saved and originals presented to the organizer.

In the event that the travel costs of a participant will exceed the specified reimbursement, the participant will need to pay the difference himself/herself.

In the event that the travel costs of a participant will be lower than the specified reimbursement upper limits, the participants will be fully reimbursed for their travels and the leftover in the reimbursement budget will be retained by the organizer, to ensure easier project logistics (use of needed personal cars; beforehand meeting of trainers; beforehand preparation of training course venue, etc.).

Additional information and application

For any additional information about the project, please send an e-mail to:

proper.development123@gmail.com

To participate as a partner in this project, please fill out the attached **“PARTNERSHIP FORM”** and **MOTIVATION LETTER** and send both via email.

Please send all the information by email to: proper.development123@gmail.com

To be considered as a candidate for a partner organization on this project, you must send ALL the relevant documentation **before the 2nd of April 2015.**

The selection process will take place during the “Easter weekend” (3rd -6th of April) and as soon as partners are selected, the selected partner organizations will receive notice of being selected as well as LETTERS OF MANDATE to sign and stamp.