

Call for Partners - KA1: Healthy and active

This Youth workers' training program is about health and activities of young people who we work with and taking care about environment. Youth workers from different countries will lead workshops and take part in seminar.

Training Content:

Training will be based on workshops including topics like: healthy eating, teamsports, outdoor games, art of relax, recycling, upcycling.

Aims:

- to learn methods of promoting a healthy lifestyle
- to share tips about healthy lifestyle
- to design something from nothing and save the planet
- to improve communications skills
- to encourage to use teamsport and outdoor games in youth work
- to support young people that want to act active role in their local community
- to enhance personal and social development

Participants:

There will be 24 participants from different European countries.

4 participants per organization. Parity is preferred.

Profile of participants:

Youth workers, Youth trainers, Youth leaders, Social workers

Age: 20+ years

Dates and venue:

The training will take place from 14th to 21st of September 2015 in picturesque mountain area in Wisła, Poland.

Accommodation: Costs for accommodation and board are fully covered by the organizer

Travel costs: Travel costs will be covered regards Erasmus + rules.

If you are interested in cooperation please send us: partner identification form and PIC number to eplusproject@gmail.com by 20th of January 2015.