

The training course within ERASMUS +: Youth “Personal development – connecting with nature”

Training will be held from 25th March to 2nd April May 2015 in Zakopane, Poland.
We hope that after having read the description of the training course idea you be willing to take part in course and taking benefits out of it.

Training Content:

Training will be based on outdoor methods (about topics such as: personal development, communication, leadership skills, motivation, group dynamic and group process) and individual/group coaching/mentoring session

This way of leading training will assure that participants will be prepared for supporting young people in their growth and both social and individual development. It will be a good starter for further **experiences for those interested in working with group, professional and personal development.**

Aims:

- *to learn methods of experiential learning, based on outdoor educations*
- *to improve leadership skills*
- *to learn more about group development and group dynamic*
- *to improve communications skills*
- *to encourage to use outdoor methods in youth work*
- *to support young people that want to act active role in their local community*
- *to enhance personal and social development*
- *to develop a deeper relationship with nature.*

Activities:

Experiential learning, outdoor education activities, coaching sessions and more...

There will be around 18 participants from different European countries.

Profile of participants:

Youth workers, Youth trainers, Youth leaders, Social workers

Age: over 20 years

If you are interested please contact us before 21th of September 2014:

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