



# LovEarth Through Art, musical activities for youth workers

Key Action: Learning Mobility of Individuals Action: Mobility of learners and staff 5-12 December 2014, Berlin, Germany



# Dear friends,

The project schedule

We are happy to welcome you to "LovEarth through Art, musical activities for youth workers" training course key action 1, which will take place in Berlin in December 2014. This project has been organized by FEZ-Berlin and Immaginaria Coop Sociale Onlus, with the financial support of "Erasmus+" Program.

Here you will find all the information you might need, such as its goal, the program and the practicalities concerning accommodation, dates, Countries involved, financial conditions, and more...

We hope to answer all of your questions, and look forward to seeing you in Berlin in December!

The organizing team

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#### **WHAT**

"LovEarth Through Art, musical activities for youth workers" is a training course which aim is to give participants the opportunity to learn, share and develop new methods of social inclusion for young people through music activities. The idea of this training course was born, first of all, to spread as much as possible the knowledge to create and lead music activities.

"LovEarth Through Art" is a concept born and developed in Italy, starting from 2009. The first idea was to create musical instruments out of garbage, passing through the idea that people is part of the environment and it's possible to involve more and more people through art, sharing experiences, creating new piece of art. Next step of this path is Berlin with a specific project on music.

Three international projects have been organized in Benevento, Italy, and here is the 4<sup>th</sup> in Germany.

The common belief among people is that music is an activity just for people who studied it in the early stages of their life and, therefore, not for everybody. The rest of the people are often considered just passive listeners and end-users. So the first objective is to train youth workers and social workers into the idea that the active part in music-making is for every-body who has a body and a voice. Another important reason why we elaborated this project is the little importance and role that music plays in the European youth and informal environment. Through experience, we have noticed that trainers and youth workers rely on music workshops which turns out semi-improvised, without the knowledge and the training tools necessary to get the best out of their learners. The professionalization of youth workers and trainers through the creation of full scale music workshops is another triggering motivation of this Training course.

The aim is to create a learning experience with positive out-puts in terms of creating workshops about listening, working with groups, body rhythm, rhythm of music, making music, connecting with the others.

<u>Objects of the projects are:</u> to learn and share good practices about music activities for young people; to develop new methods of social inclusion and involvement of young people without much music experience in playing or knowledge about rhythm; to learn how to use body and voice as musical instruments; to be aware about group dynamics; facilitation skills; to share knowledge about music instruments and how to play them; to build partnerships for future projects.

The core objective is that we want to create a common method of social inclusion of young people through music, starting from the basic concept and knowledge of music and by using the natural elements that each person, each of us has: voice and body.

Music is the concentration of all positive values and the key to unleash them into realization.

#### WHEN

5-12 Decembre 2014

Arrival Day: 5<sup>th</sup> December 2014 before 12:00 a.m.

Start Activity: 5<sup>th</sup> December 2014 16:00 p.m. End Activity: 11<sup>th</sup> December 2014 22:00 p.m.

Departure Day: 12<sup>th</sup> December 2014 before 12:00 a.m.

If you plan to arrive earlier or leave later, the expenses (accomodation and food) out of the days of the projects cannot be reimbursed by the organizers.

# **WHO**

#### ✓ Organizer

The <u>FEZ-Berlin</u> is Europe's largest non-profit children, youth and family center. It offers creative play, fun and relaxation and united in its program of education, experience and culture. Unique are the content deals to focus on global learning and education for sustainable development, European and international education and cultural education. One of the components of Fez is the musical education institution, the <u>LandesMusikakademie</u>, estabilished in 1995.

www.fez-berlin.de

<u>Immaginaria - Cooperativa sociale onlus</u>, is an organization founded in Benevento, Italy, in March 2011. The team is composed by professional artist in theatre, music, and professional in communication.

It works on cultural and socio-educational animation aimed at fighting against social discrimination and to improve life's quality of children, youth, disable people, prisoners and generally disadvantaged groups. We also work on international youth field, cooperating with different European organization. <a href="http://www.cooperativaimmaginaria.it/">http://www.cooperativaimmaginaria.it/</a>

### ✓ Team

The TC will be lead by:

- 2 supervisor coming from Immaginaria Onlus. They will take care of each stage of the project, setting the aim, working on group dynamics, supporting participants in the workshops, monitoring the activities, leading the evaluation. They will mainly use the non formal education approach.
- 1 trainer who will lead workshops in overtone singing
- 1 trainer who will lead workshops in body music.

# ✓ Participants

The training course "LovEarth Through Art, musical activities for youth workers" is open to 24 participants, aged between 25 and 45.

This TC is addressed to youth workers, trainers, artists, social workers who want to learn and improve new techniques and methods concerning musical activities. In the specific, one part of the group is composed by people who work with groups, and another part by people who work with art so that they can share experiences, skills and competences in both field. We aim at facing the different needs so that one method could merge with the other and hopefully create a common one. For the target working already with groups we aim at transfer to them skills and competences about music: they will learn how to discover their rhythm and their capacity and how these techniques can be used for working with groups as tools for personal development and social inclusion. From the other side, the group already working with these art, will learn more how to support a group in facing conflicts, how to help them in group dynamics and intercultural dialogue.

Participants with some experience could multiply what they already know by transferring their know-how to those who are at their first experience in creating music workshops.

We are looking for motivated participants, since one of our aim is that participants will multiply this project in their home organization. Please read more about this at the end of the "Working Method" paragraph.

Hereby is the distribution of participants per country:

France – 3; Italy – 2; Poland – 4; Georgia – 3; Azerbaijan – 3; Armenia – 3; Ukraine – 3; Germany – 3.

#### WHERE

The project activities will be hosted in the Landesmusikakademie Berlin.

Our accommodation will be a guesthouse, property of the Accademy, 50 meters far from the Landesmusikakademie.

http://www.landesmusikakademie-berlin.de/

More information about how to get there will arrive later, once the participant's selection will be done.

# FINANCIAL CONDITIONS

Travel reimbursement

Thanks to the grant received by the "Erasmus+" Program we will be able to reimburse the 100% of your travel expenses.

Participation Fee: 30 euro

**VISA COSTS**: For participants coming from Armenia, Azerbaijan, Georgia and Ukraine the visa will be reimbursed. The total amount for the 12 visa is 1200 (100 euro each)

In the table below you can find all the information about the costs.

PROMOTER	Number of	From	То	Means of	Max	Max
	participants			transport	refundable	refundable
					per person	per group
Youth In the	3	France	Berlin	Flight, train,	275,00	825,00
Town				bus		
Cooperativa	2	Italy	Berlin	Flight, train,	275,00	550,00
Immaginaria				bus		
Stowarzyszenie	4	Poland	Berlin	Flight, train,	275,00	1100,00
Artystów				bus		
BLISKI						
WSCHÓD						
HALO Youth	3	Azerbaijan	Berlin	Flight, train,	530,00	1590,00
				bus		
TAI	3	Armenia	Berlin	Flight, train,	360,00	1080,00
				bus		
Educatio	3	Ukraine	Berlin	Flight, train,	275,00	825,00
				bus		
Active Youth	3	Georgia	Berlin	Flight, train,	360,00	1080,00
Union				bus		
FEZ-Berlin	3	Germany	Berlin	Bus, train	00,00	00,00

<u>IMPORTANT!</u>: we need to keep and present **your ticket** to the German National Youth Agency, the funders of our project. Therefore, if you cannot provide your original tickets, receipts and invoices clearly **stating your name**, **date and exact costs of the tickets**, we will not be able to reimburse you.

The reimbursement will be done by bank transfer after the end of the project activity.

- ✓ Don't buy your ticket until you get an email from us confirming that you are accepted in the project!
- ✓ Food and accommodation are fully provided by the hosting organization.

# Concerning special needs (diets, medicine) please, tell us before hand if you need any assistance from us!

We also ask you to bring something typical from your Country (food, drinks, music, items, folk dress, etc) for the workshops.

#### WHAT TO BRING

- Please bring enough clothes, washing facilities are not provided!
- Sleeping bag (or you can rent at the residence for 5 euro)
- Your musical instruments
- Music you want to share with the group!
- Towels
- Your original tickets for the entire trip, visa receipt, the invoice of the travel agency (the price has to be clearly indicated on the ticket), boarding passes
- Your passport and two clearly legible copies of it
- Your own medications

# Concerning special needs (diets, medicine) please, tell us before hand if you need any assistance from us!

We also ask you to bring something typical from your Country (food, drinks, music, items, folk dress, etc) for the workshops.

# **CONTACT INFORMATION**

If you have questions, you need clarification or you want to know more about the project you can contact Daniela Caliendo <u>caliendodaniela@gmail.com</u> and Giampaolo Vicerè <u>silvmari@libero.it</u> writing as object of your mail: "LovEarth Through Art, musical activities for youth workers" and we will be glad to answer you!

### **HOW TO APPLY**

Please fill in the **application form** you will find in another document, and send to Daniela Caliendo and Giampaolo Vicerè for the selection by **September 20**<sup>th</sup>.

Attached in the mail you will also find the daily activities calendar.

#### THE WORKING METHOD

The working methods we will use are the "Experiential learning" known also as "Learning by experience or doing" and the "Peer to Peer" method. The main tool we will use is music.

The activities can be divided in five part:

- Presentation of the program to the participants, showing the highlights, the key issues such as the tools of body music and voice awareness to create social involvement and inclusion activities.
- Development of abilities to listen and hear not only with their ears but also with their body. Then we will continue with the theme of body sounds. This part will be lead by a professional body-music trainer with a strong experience in this field.
- Voice: an expert trainer will focus on the important role played by our body-coordination: this is important to make a natural voice; then, he will work on how to stimulate the natural breathing of the participants, with the aim to reach more awareness in the participants about their voices.
- Organization of the final performance. The participants will work in big group, and then according to
  their will, they might be working also in small groups. They will be free to create and make little
  piece of music out of their body and voice adding only finally some basic music instruments. This
  part will end with a final performance, the tangible result of what participants learned during the
  past days.
- The final part of the training course is dedicated to reflection, awareness of our own learning and continuity to the participants' professional life. We will give space and tools for follow-ups and will plan together with the partner organizations other international activities according to the needs and desires emerged.

The trainers will create situations for the participants where there is a transfer of knowledge and skills from trainers to participants. The goal is always to elicit solutions to cooperate and create something all together in order to achieve group and personal learning. The sharing and reflection takes place at the end of every day and lays the ground for the learning, to check what to improve in the next day.

#### **VERY IMPORTANT:**

On the last day we will gather and converge all the experiences and insight we will have had until that moment and re-elaborate them at a personal and group level. We will reflect and plan follow up activities in order to use the experiences gain once back home.

• <u>During the week and especially on the last activity day, we expect participants to elaborate ideas</u> about a workshop or a project to develop once back home.

The team will guarantee on-going support, guidance and coaching too, for all the duration of the project and also for the time coming after as we aim at obtaining a high reproducibility project rate through the trainees and their work in their home organization.

Alè la Musique!