**European Voluntary Service**

**ASSOCIAÇÃO SOCIAL RECREATIVA JUVENTUDE DE VILA FONCHE/JUVENTUDE**

Rua Prof. Dr. José Sebastião da Silva Dias, Loja 74

4970-745 Arcos de Valdevez – PORTUGAL

**E-mail:** [juventuarcos@sapo.pt](mailto:juventuarcos@sapo.pt)

**Phone:** +351 258514026

**Facebook:** [http://facebook.com/JuventudeVilaFonche](https://www.facebook.com/JuventudeVilaFonche)

**Activities Dates:** 01/09/2014 to 28/02/2015 (6 months) or 01/09/2014 to 31/05/2015 (9 months) – the volunteer con decide between 6 months or 9 months.

**Audience of activities:** children and young people up to 20 years (roughly);

**Activities to develop:**

- Workshops targeted to young people of all kinds (according to the knowledge and skills of the volunteers);

- Actions to raise awareness about youth mobility (Erasmus +);

- Collaborate in the development of activities aimed at young people;

- Collaborate in the development and design of Erasmus + projects;

- Involvement in local schools creating closer contact to the youngsters;

- Aid to the association team in the development of projects and other activities.

- There is always the possibility of developing activities of the initiative of volunteers, even if they are not included in the above.

**Accommodation Type:**

Apartment, shared only with other volunteers;

**Food:**

Volunteers will receive a monthly allowance of € 120.00 for food. Important to note that, during the week, the volunteers lunch in the association and therefore will not be spending money in these meals.

The value of food works as a fixed value and the volunteers do not have to deliver any kind of bill of expenses incurred (if they not spend all money they can save the rest).

**Travel:**

The be purchased by the sending organization or the volunteer, respecting the maximum amounts established by Erasmus + according to the distances [http://ec.europa.eu/programmes/erasmus-plus/tools/distance\_en.htm](http://ec.europa.eu/programmes/erasmus-plus/tools/distance_en.htm%20%20)

Will have to be purchased the cheapest travel possible.

**Insurance:**

AXA insurance will be held to volunteer according to what is established by Erasmus +, the process will be managed by us together with the sending association.

**Security and Protection of volunteers:**

- Each volunteer will receive a mobile phone or phone card that allows the close contact with employees of the association, mentor, volunteers and other people that the volunteers will know during the project.

- Will be distributed to each volunteer a Emergency Card, with the contacts of association employees, mentors and institutions that act in an emergency (medical emergency, police, health center);

- All facilities are properly prepared for the development of activities;

- We will maintain a close contact with the sending organization in order to act promptly in cases of emergency giving effective and ready support to volunteer answers.

**Mentoring and Support:**

- Volunteers will have the proper monitoring of a mentor who will monitor and contribute to community integration and make the necessary personal support;

- The mentor will work with the volunteer in order to create its YouthPass, accompanying him throughout their volunteering and contributing with self-reflection moments regarding learning;

- In the course of the project volunteers will be accompanied on activities by employees of the association that will help them understand how to develop and implement their ideas and make better use of their capacities / capabilities;

- Volunteers can, at any time, contact the mentor, the staff and the project coordinator.

- Meetings with volunteers in order to follow the development of the project will be undertaken.

- Volunteers will be encouraged to keep a log (diary, photographic record or video) of their project in order to be able to reflect on the learning and development of their project;

- At the beginning of the project a survey of the needs, expectations, and dreams and potential of the volunteers will be made ​​so that we can tailor the activities to their expectations;

**Suporte Linguístico:**

- Os voluntários terão formação de português para estrangeiros numa escola de línguas, 2h por semana durante a totalidade do seu projeto. Poderão ainda recorrer aos colaboradores da associação para qualquer esclarecimento adicional de que necessitem. Pretendemos que os voluntários acabem o seu projeto a saber comunicar em português e que mantenham este conhecimento durante muitos anos ;)

**Language support:**

- Volunteers will be given training for Portuguese foreign language school, 2 hours a week for their entire project. Still may solicit the employees of the association for any further information they need.

We want that our volunteers end up their project being able to communicate in Portuguese and to keep this knowledge for many years ;)

**Preparation with participants:**

- We will create a group on Facebook that allows volunteers to get involved and to keep in touch with the association and each other. This will allow us to answer to any questions and give the necessary input concerning the project.

- Volunteers can also contact us by email or phone whenever they feel the need of it.

- Skype calls to knowledge and closer contact with the volunteers may be held;

**Perfil do voluntário:**

- Dinâmico;

- Criativo;

- Capacidade de trabalhar em equipa;

- Espirito de iniciativa;

- Espirito de voluntariado;

- Capacidade de adaptação a novas situações;

- ….

**Volunteer profile:**

- Dynamic;

- Creative;

- Ability to work in a team;

- Spirit of initiative;

- Spirit of volunteerism;

- Ability to adapt to new situations;

**Working Days and Vacations:**

- The volunteers will work 30 hours a week (6h/day), including the Portuguese classes;

- The volunteers will work from Monday to Friday;

- For each month of project the volunteers have the right to 2 vacation days.