

# III Millennium Minstrels Youth Exchange

Gianavella, Luserna San Giovanni, Italy 17<sup>th</sup> - 27<sup>th</sup> of April 2014







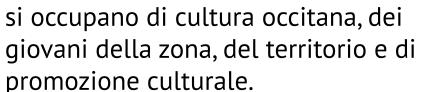




#### IT

III Millennium Minstrels è uno scambio internazionale bilaterale di 11 giorni che avrà luogo a Luserna San Giovanni (TO) dal 17 al 27 Aprile 2014.

Il progetto è incentrato sulla cultura occitana ed ha come obiettivo quello di riscoprire insieme alcuni elementi culturali comuni e di riflettere su cosa condividiamo come membri dell'area culturale occitana. Nella seconda parte del progetto i partecipanti diventeranno moltiplicatori della cultura occitana organizzando e gestendo un evento pubblico sul tema. Il progetto coinvolgerà 10 giovani e 2 organizzatori dal sud della Francia (area di Toulouse) e 10 giovani e 3 organizzatori dall'Italia (area piemontese); il progetto si avvarrà anche della collaborazione e della partecipazione della popolazione locale della Val Pellice, di Pinerolo e membri di associazioni che



Gli approcci metodologici che useremo si basano sull'apprendimento esperienziale, l'educazione non formale e l'apprendimento cooperativo. Useremo attività all'aria aperta, arte, teatro e cucina per stimolare la creatività, l'autonomia, la cooperazione, come strumento di socializzazione e come strumento di stimolo per l'acquisizione di nuove competenze e di crescita personale.



III Millennium Minstrels est un échange bilatéral, de jeunes qui aura lieu à Luserna San Giovanni (TO), Italie, pendant 11 jours, du 17 au 27 Avril 2014. Le projet est axé sur la culture occitane. Le but est de découvrir ensemble ses particularités culturelles et de réfléchir sur ce que nous avons en commun en tant que membres de cet espace culturel.

Dans la deuxième partie du projet, les participants seront les ambassadeurs de la culture occitane en organisant un événement public sur ce même sujet. Le projet comprendra 10 jeunes et 2 organisateurs de Midi-Pyrénées ainsi que 10 jeunes et 3 organisateurs du Piémont, Italie. Il impliquera également la population locale de la vallée de Pellice (Pinerolo) ainsi que des membres d'organisations liées à la culture occitane et des associations pour la promotion culturelle.

Les méthodes que nous utiliserons sont l'apprentissage par la pratique, l'éducation non formelle et l'apprentissage coopératif. Des activités de plein air, artistiques, théâtrales et culinaires seront organisées pour stimuler l'autonomie, la créativité, la coopération avec les autres et pour le développement de nouvelles compétences et connaissances.

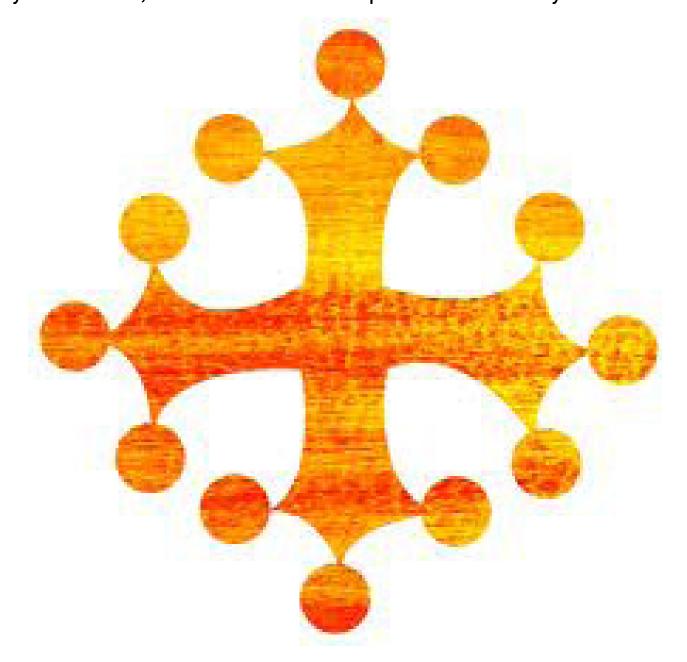
## Why?

In a society where local cultures and folklore are threatened by the flattening action of cultural globalization, in which life patterns of consumerism displacing traditional ones and guide the tastes and attitudes of people towards a consumption sometimes spasmodic and uncontrolled, we think we can do something to rediscover a way of life more suitable for menkind and reflect on our cultural roots, to regain them, to protect them, to increase the awareness of belonging to specific cultural areas that cross national borders, to be more protagonists in our territory.

In Piedmont, more quickly than in other Italian regions, youngsters are losing connection with their cultural roots, worrying phenomenon for the scenario of cultural impoverishment that reveals.

### What?

III Millennium Minstrels is a Youth in Action youth exchange focused on Occitan culture. Occitan cultural area includes, in addition to the south of France and to some limited areas of northern Spain, several valleys in Torino, Cuneo and Savona provinces in Italy.



### The goals of the project:

- to deepen certain traits of this culture, especially dances, culinary traditions, history, language, legends and folk tales and aspects of the craft and the rural economy.
- to compare cultural elements from different areas of Occitania and improving mutual understandind betwen youngsters from different countries looking at cultural differences as a richness, besides being considered an obstacle and being rejacted.
- to involve local people in the process of rediscovering and sharing cultural roots.
- to spread an eco-friendly and healty life-style, to do so we have set ourselves the goal to recycle at least 80% of the waste produced during the project, we will have autdore activities and we will improve the conditions of the environment around us. In the morning we will have yoga sessions.
- to convey to participants the concept of active citizenship and the awareness that we can make a difference as individuals and as groups of individuals to improve or change in positive reality around us.
- to develop or improve the attitude to take action in first person, that's why we will propose to the participants to organize and deliver a public event about Occitan culture.
- to promote solidarity and social inclusion through the involment of youngsters with fewer opportunities and, during the public event, people with disabilities.
- to develop or increse personal skills and create new understandings.

### How?

The methods we use are based on non-formal education. We will use experiential learning, that is learning by doing and then self-evaluate what hase been done, how a certain result has been achieved or why the result set has not been achieved and what is necessary to change or correct in order to achieve it. Cooperative learning, which is based on the cooperation of individuals within a group to achieve common goals, in a dynamic that creates solidarity among the members of the group and leads to the spread of

#### How to apply?

If you are a youngster which fit with our participants target and you whant to join the project, fill in the application form and send it to your national referent:

Italy: infoyouthprojects@gmail.com (Beppe)

**France:** sc-mp3@itineraire-international.org (Marta)

knowledge and the creation of new knowledge. Experiential learning also includes the outdoor activities, the methodology of which is based on the concept that coming out of the usual context and being involved in working in small groups for a common purpose helps to develop teamwork skills: cooperation, communication, listening, problem-solving. It helps to gain awareness about personal emotions, attitudes, and skills. For the introduction of dance activities we will start discovering and experiencing space and body, first individually, then in relation to other people. In the theatrical activities we will practice gestures, body language, improvisation, the full potential of voice and, again, moving through the space. The methodology used for the evaluation of the single activities of the program, includes moments of individual evaluation, evaluation in small groups and in plenary; it consists in moments of free sharing and moments in which participants will be invited to reflect on specific points. Some of the evaluation will be done orally, other will be written, other through other creative ways.

**Stages of the project.** The project is divided in 3 different moments: The preparation of the National groups, which consist in few meetings during the months of March/April organized in France by Itrinéraire International and in Italy by Vagamondo informal group. The implementation of the project, which will take place from 17th to 27th of April. The follow up: at the end of the project in April we will dedicate time to plan possible personal and collective ways to continue our commitment with the topics and goals of the project.

**Meals and duties.** Meals will be prepared by 2 professional cooks. During the project we will ask the participants to be involved in the collective duties system.

### Who?

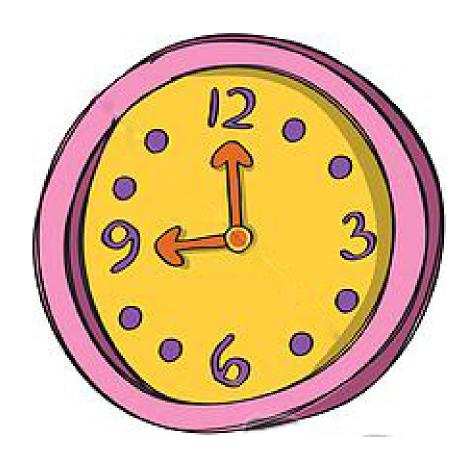
We are looking for participants who fit the following criterias:

- age from 18 to 25 years old
- willing to know more about Occitan culture or youngsters who are already familiar with the topic and want to share their knowledge and go deeper in it.
- able to freely communicate in English



#### When?

- Preparation of the project: few peparatory meetings with the national team during the months of March/April.
- Development of the project: from 17<sup>th</sup> to 27<sup>th</sup> of April 2014.
- Follow up opportunities after the project.



### Where?

The project will take place in the historical building "La Gianavella", località Gianavella, 10060 Luserna San Giovanni (TO), Italy. It is the house of the Waldesian hero Gianavello.

#### www.lagianavella.com

The accomodation doesn't provide washing machine service, we recommend to the participants to bring enought clotes for the 11 days activities; of course hand-washing is allowed.

Internet connection is not provided.

#### Local area link:

it.wikipedia.org/wiki/Val\_Pellice
it.wikipedia.org/wiki/Luserna\_San\_Giovanni

# Economical conditions:

Accomodation, food and material are covered by Youth in Action funding.

Italian participants will pay for their travel to the accomodation place in Luserna S. Giovanni.

French participants will pay the 30% of their travel cost, the 70% of their travel cost will be reimbursed by Youth in Action program.









