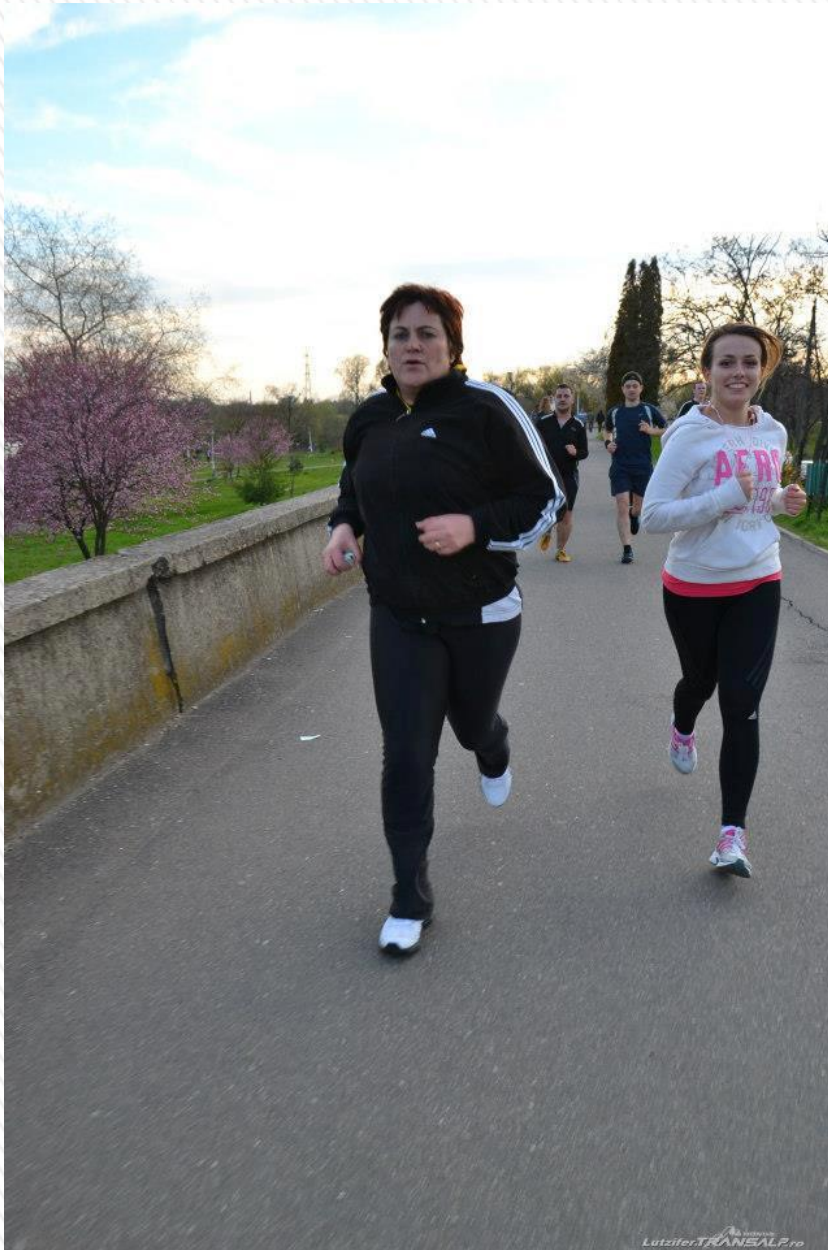




Support for sport > <sup>1</sup>



**Dear potential partners!**

**Multisport Experience  
Sports Club from  
Arad/Romania invites  
young and dynamic  
persons to participate in  
very first EVS project from  
brand new programme –  
Erasmus plus, with sport  
theme entitled:**

**“Support for  
sport”**



We intend to apply with it at the deadline of 16.03.2014 therefore please send us your application as soon as possible but no later than **14<sup>th</sup> of March 2014**. If you are interested in participation please read the following message:

“Support for sport”



- » *Project type:* European Voluntary Service
- » *Title:* “Support for sport”.
- » *Duration:* 9 (nine) months starting with the period: 01.02.2015 – 31.10.2015
- » *Venue:* Arad / Romania
- » Number of volunteers: 10
- » *Activities:* The core of the activities is associated with running which is major sport activity of our association as you can see at:  
[www.experientamultisport.ro](http://www.experientamultisport.ro),  
[www.maratonarad.ro](http://www.maratonarad.ro).

# Starting point:

- » Confucius: *I hear and I forget. I see and I remember. I do and I understand.*

The main idea of the project is that the volunteers will take an active role in supporting the teams of local volunteers from Arad area who organize sport activities:

- » First they will be trained so that the theory will be exposed
- » Secondly, they will be a part of the team organizing sport activities so that they can apply what they learnt,
- » Thirdly, they will coordinate sport activities so that they can finish the full circle of learning and receive as many competences to be autonomous in this process
- » Fourthly, they can teach others what they know so that the things they learnt would be used and cemented (dissemination tools, preparing others etc)

Volunteers who will accompany us will have a chance to work on organizing sport events for amateurs in order to promote a healthy lifestyle among citizens.

# Tasks and objectives of the volunteers (1 and 2)

## 1. Practice at least one sport for at least 3 hours every week.

The volunteers will have the possibility to choose what to practice from the following 3 sports which the organization promotes:

- » Running
- » Cycling
- » Swimming

Also, they will be supported to be involved in at least 2 sports events but this time as participants.

»

## 2. Participate in intensive training courses focused on:

- » Romanian language
- » Organizing events from outside to inside
- » Identifying, mapping the stakeholders
- » Promoting the events
- » Benefits of sports
- » Running, cycling – basics
- » How to film, how to take proper photos
- » Leadership, how to lead people



# Tasks and objectives of the volunteers (3)

## 3. Organizing sport events for amateurs

### A. Support in organizing the planned events

After the training course, once they are ready, they start to apply what they learnt so far in at least 3 events of EMS from the ones listed below:

- » Marathon, half marathon and road running of Arad -13<sup>th</sup> of June 2015
- » Tomato festival on bikes – July 2015
- » Casoaia Bike Race – September 2015
- » The Green Duathlon –September/ October 2015

The following activities can be followed by the volunteers, they can choose at least 3, up to their preferences and future plans for their careers.

### B. Organize an own, small sport event

On this step the volunteers can make a desired small event where they can apply everything they got in terms of competences useful to organize sport events.

Work packages for the volunteers will be split in sections:

- » Fundraising
- » Photo and video
- » Logistic
- » Preparing the sport routes
- » Managing the groups of local volunteers
- » Preparation of partnerships:
  - > Local partnerships
  - > National partnerships
  - > International partnerships
- » Promotion the events
- » Local promotion
- » National promotion
- » International promotion

# Tasks and objectives of the volunteers (4)

**4. Teach others what they accomplished from organizing sport events, prepare the future local teams which can continue their work**

» It is time to share with the others the knowledge, abilities and attitudes, to celebrate the whole process, to prepare the local teams which will act on the ground in 2016 when they will no longer be there but their work will be continued!



By completing activities EVS volunteers will have a chance to achieve competences in at least the following areas:

- » preparing the routes;
- » sports marketing;
- » promoting the events using non formal methods;
- » spreading the news using the social media;
- » promoting the events on Internet;
- » preparing the materials for the event;
- » being supporters for the runners in the event day;
- » creating special music for the event;
- » translating the content of the web-site in their native language;
- » promoting the event in their country of origin;
- » being city guides for the quests from other locations;
- » making a small research on the sport subjects;
- » flow of materials, procedures, area coordination;
- » management of localvolunteers;
- » make the proper photos and videos

**Methods:** non formal way of education (learning by doing) and learning through sport

***All You need to be a volunteer is:***

- » strong motivation to spend 9 months in multicultural environment of Romania;
- » strong devotion to running as major sport activity of the project;
- » strong believe in non-formal way of education and learning through sport;
- » ability to focus and work 7 hours per day, 5 days per week;
- » This EVS project is addressed also to persons with fewer opportunities. Please see document attached.

***Other conditions:*** are determined by EVS programme. We provide food, accommodation, training cycle and travel costs refund within Erasmus+ programme rules and budget for action 2.

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- » strong motivation to spend 9 months in multicultural environment of Romania;
- » strong devotion to running as major sport activity of the project;
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- » ability to focus and work 7 hours per day, 5 days per week;
- » This EVS project is addressed also to persons with fewer opportunities. Please see document attached.

# Important!

If You are interested in the project please contact us at [experientam@gmail.com](mailto:experientam@gmail.com) as soon as possible but no later than 14<sup>th</sup> of March.



**If you are:**

**1. Future EVS volunteer please send us following documents:**

***Obligatory:***

- » - **Curriculum vitae;**
- » - **Letter of motivation in which You specify the way of engagement in activities;**

***You can send later:***

- » - **Proposed activities if desired (not obligatory);**
- » - **Medical certificate certifying that allowed participation in sport activities;**

**2. Sending Organisation**

- » **Please fill in the attachment for the sending organization.**
- » **Based on the information you provide, we will make the selection and inform you to send the partnership form (mandate).**