Legends we are will take place in Veszprém, Hungary between 25th of April and 3rd of May, 2014 including the travelling days. It will involve 4 participants and 1 leader from each country: Greece, Malta, Lithuania, Sweden and Hungary. The target group is European youth between the age of 18-25 who are interested in the main topic of the exchange, which is healthy lifestyle, traditional sports in different countries and legends. This exchange is highly recommended for those who want to know more about their place in the European Union and who want to learn more about other nations’ history.

Participants will get to know how important sport is in our lives and how it’s related to the European Values. They will learn about material arts and about different superstitions of the participating nations. The participants will get an opportunity to discuss their own thoughts and opinion about the topic through the methods and techniques of non-formal education and through interactive activities. We will talk about what we can do in the European Union. We will discuss our thoughts about the European elections, about how the EU affected our traditions and we will discuss other matters as well.

During this project we will get to know one another and ourselves better and will motivate others to be active part of the European society and act more actively. Through these days we will experience intercultural learning, such as national situations in different countries and national evenings. We will gain new competence and develop the existing ones as well.

We would like to interview youngsters and adults about the Hungarian situation through a survey which will be created on the exchange focusing on the most important questions according to the participants. They will ask about sports, health, traditions and the EU itself. We also would like to share the results of the survey and of the whole project with those who are not involved in it by using public manifestation.

Professional SALTO trainers will help out during the project along with the many participating members who already know a lot about this topic and our used methods.