

PRESENTS

# BODY RESPONSE



***"There is a constant dance in you,  
in our connections in our everyday  
life"***

## ***Want to join?***

email us at:  
[vertlifegroup@gmail.com](mailto:vertlifegroup@gmail.com)

contact person : MOUDIOU SOFIA

We will provide you with more info and part III



## the project

**"BODY RESPONSE"** is a 10 days youth exchange where 30 young people will explore the themes of communication, diversity and tolerance through body movement and language.

During this exchange participants will have the opportunity to look into 3 basic questions:

**- How body language affects communication between us?**

**- What affects our daily interaction with others?**

**- Could the awareness of our body help us overcome fear, intolerance and discrimination? and can it contribute to social cohesion and equality?**

The program explores the possibilities created by understanding our body in the social context. This understanding can contribute to the improvement of communication and can be used to bring more democracy in everyday life.

The exchange will take place in Ommen, The Netherlands at the Olde Vechte Foundation.

## the method

The method we are going to use is based on learning by experience. We will combine sessions on movement and self expression as well as performance and theater.

## target group

We are looking for organisations who want to participate and are committed to the project throughout its whole duration.