

Project code: 2025-1-RO01-KA151-YOU-000300091

Activity: **SM-PDA-P**

Infopack

# Contact Seminar

16–20 November 2026

**Iasi, Romania**



Co-funded by  
the European Union



# About ACSFJC

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ACS Forza Junior Costuleni is a non-profit organization that was born in 2014 with the desire to provide the disadvantaged children the opportunity to develop through sports. Currently, our organization works with 5 communities of vulnerable groups. Through sports education, we educate among young people skills such as perseverance, self-education, team spirit, collaboration.

In the six years of experience, our association has come into contact with over 500 children from vulnerable groups and offered them the chance to develop through sports. During the sports training, we managed to promote annually a number of 10 children who managed to get scholarships to sports high schools or even contracts with different professional sports clubs.

The objective and mission of our club are to provide children with the opportunity and the chance to make a leap into their future so that they emerge from the vicious circles in which they are trapped due to family, community or social status. We want to believe that we are launching these children and the method by which they can become a better version of them.

Through our results, we gained the visibility and attention of professional sports clubs that offered to conclude a partnership with us, a partnership that offered the chance of the best sportsmen in our organization to have a professional career.

Since 2021 we started our journey in Erasmus+ focusing on reducing the inequality between disabled people and those without impairment. We do this by promoting sports activities that could be covered by both categories. In this way we reduce segregation and contribute to building a world of cooperation between people.

The young people we work with also need horizontal development, which is why, starting with 2020, we started to focus on their multi-development. As a sportive, you need knowledge not only in the field of sports but also communication skills, self-promotion knowledge and leadership skills.

Our association, through its culture and its way of being, involves 100% effort in the projects in which it is involved both at local, national and European level.



# About the Contact Seminar

A five-day mobility in Iasi for organisations that want to sharpen how they define themselves, how they plan, and how they build partnerships across Europe.

Over three full working days, the programme moves from the inside out. We start by clarifying who your organisation is and who it actually serves. We then build a long-term plan capable of producing real impact. We close by connecting with the local community in Iasi and with each other, turning the room into a working consortium.

This is not a training course on a single topic. It is a working space: every session is designed to produce something your organisation can take home and use — a target-group profile, a mission statement that holds up, a plan with dates on it, a partner with a shared objective.

The working language is English. At the end of the mobility participants receive a **Youthpass certificate** and commit to a follow-up and dissemination phase in their own communities.

## At a glance

- 16–20 November 2026
- Iasi, Romania — Hotel Coral
- 3 full days of activities
- EU countries · 1–2 per country
- Working language: English
- Youthpass certificate

**Who this is for.** People who hold decision-making responsibility — and who can change how their organisation plans and partners once they get home.





# Objectives & outcomes

## Objectives

- Define the target group precisely, by category, grounded in a demographic analysis of your own community.
- Clarify organisational purpose, mission, values and working directions — and structure them into a form people can actually use.
- Build long-term planning capacity: setting objectives, laying the foundation, designing for measurable impact.
- Treat follow-up and dissemination as genuine practice rather than a reporting obligation.
- Connect with the local community in Iasi and with the other organisations in the room.
- Identify common strategies within the consortium and lay the ground for new European partnerships.

## What you take home

- A clarified mission, set of values and target-group profile for your organisation
- A draft long-term plan with objectives and a timeline
- A working follow-up and dissemination method
- At least one concrete partnership idea with another organisation present
- A shared consortium map of common objectives for future applications
- Youthpass certificate





# Participant profile

This seminar only works if the person in the room can act on it. Please nominate someone who is in a position to change how your organisation defines its work, plans ahead and chooses partners.

## Role in the organisation — one of the following

### Legal representative

The person who signs on behalf of the organisation.

### Project manager

Responsible for designing and running the organisation's projects.

### Board member

Involved in setting strategy and direction.

### Youth worker

Who is aware of the organisation's operating model and can feed decisions back into it.

## Requirements

- English level above medium — the whole programme runs in English
- Available for the full duration, 16–20 November 2026
- Mandated to take or influence decisions about the organisation's strategy
- Committed to the follow-up and dissemination phase after the seminar

**No age limit.** What matters is the role you hold and your ability to bring the results back into your organisation.



# Eligible countries

Open to organisations from **European Union member states**.

**1–2 participants** per country.

|         |           |                |          |             |
|---------|-----------|----------------|----------|-------------|
| Austria | Belgium   | Bulgaria       | Croatia  | Cyprus      |
| Czechia | Denmark   | Estonia        | Finland  | France      |
| Germany | Greece    | Hungary        | Ireland  | Italy       |
| Latvia  | Lithuania | Luxembourg     | Malta    | Netherlands |
| Poland  | Portugal  | Romania · host | Slovakia | Slovenia    |
| Spain   | Sweden    |                |          |             |

**How to nominate.** Nominations are made through the online form — the link, the QR code and the deadline are on the next page. One submission per participant.

# How to apply

DEADLINE FOR NOMINATIONS **30 September 2026**

## 1 Fill in the nomination form

One submission per participant. If your organisation nominates two people, please fill the form twice — once for each of them.

## 2 We review after the deadline

All nominations received by 30 September 2026 are reviewed together, so there is no advantage in applying first. We confirm places by e-mail to the address given in the form.

## 3 Only then book your travel

Tickets bought before your place is confirmed cannot be reimbursed. Once confirmed, book within your distance band and keep every original ticket and boarding pass.



SCAN OR OPEN  
[forms.gle/DKRCFHdE1X3L7JR86](https://forms.gle/DKRCFHdE1X3L7JR86)



# Programme at a glance

|            |           |                                                                                                                                                     |
|------------|-----------|-----------------------------------------------------------------------------------------------------------------------------------------------------|
| Mon 16 Nov | Arrival   | Arrival in Iasi, check-in at Hotel Coral, welcome dinner and first informal introductions.                                                          |
| Tue 17 Nov | Day 1     | <b>Who we are.</b> Getting to know each other, partner organisation presentations, target group definition, mission, values and working directions. |
| Wed 18 Nov | Day 2     | <b>Where we are going.</b> Building a long-term plan with impact, setting objectives and foundations, follow-up and dissemination done for real.    |
| Thu 19 Nov | Day 3     | <b>Who we go with.</b> Meeting the local community in Iasi, then building common consortium strategies and new European partnerships.               |
| Fri 20 Nov | Departure | Breakfast, check-out and departure.                                                                                                                 |

**Daily rhythm.** Sessions run 09:30–13:00 and 15:00–18:30, with coffee breaks. Evenings are reserved for intercultural exchange and informal networking — where most partnerships actually start.



DAY 1

Who we are

# Identity, target group and direction

## MORNING

09:30 – 13:00

### Meet each other

- Objectives and targets of the seminar — what we are here to produce
- Name games, team building and first working pairs
- **Presentation of partner organisations** — each organisation presents itself and one best practice it is proud of
- Open exchange: what works, what does not, and why

## AFTERNOON

15:00 – 18:30

### Target group & organisational identity

- Defining the target group by categories — moving from “young people” to something workable
- **Demographic analysis** of the community your organisation actually serves
- Purpose, mission, values and working directions: how to state them clearly
- Structuring them so the whole team can use them, not just the person who wrote them

## EVENING

Intercultural evening — each country presents its food, drinks and culture.





DAY 2

Where we are going

# Long-term planning and real **follow-up**

## MORNING

09:30 – 13:00

### A long-term plan with impact

- How to build a plan that survives past the next project deadline
- **Setting objectives** — specific, owned, and tied to the mission from Day 1
- Laying the foundation: structure, resources, people and roles
- Designing for impact you can actually measure
- Working session: each organisation drafts its own plan

## AFTERNOON

15:00 – 18:30

### Follow-up & dissemination **#ForReal**

- Why most dissemination is done for the report and changes nothing
- Building follow-up into the plan from the start, not bolted on at the end
- Choosing channels and audiences that match your actual target group
- Making results visible locally — and reusable by the next project
- Each organisation commits to a concrete follow-up action

## EVENING

Reflection groups and free time in Iasi.





DAY 3

Who we go with

# Community, network and **partnerships**

## MORNING

09:30 – 13:00

### Network & community

- **Meeting members of the local community in Iasi** — local NGOs, public institutions and youth initiatives
- How a local organisation builds and keeps its community relationships
- Site visit and direct exchange with local actors
- What transfers to your own context, and what does not

## AFTERNOON

15:00 – 18:30

### Network & partnerships

- Mapping the room: who works on what, and where the overlaps are
- **Identifying common strategies within the consortium**
- Setting shared objectives and new partnerships at European level
- Matching organisations into concrete project ideas
- Next steps, timeline and who contacts whom

## EVENING

Farewell evening, Youthpass certificates and partnership commitments.





# How to arrive

**Destination:** Iasi City

<https://maps.app.goo.gl/xyhiiYpYB6saWhCW6>

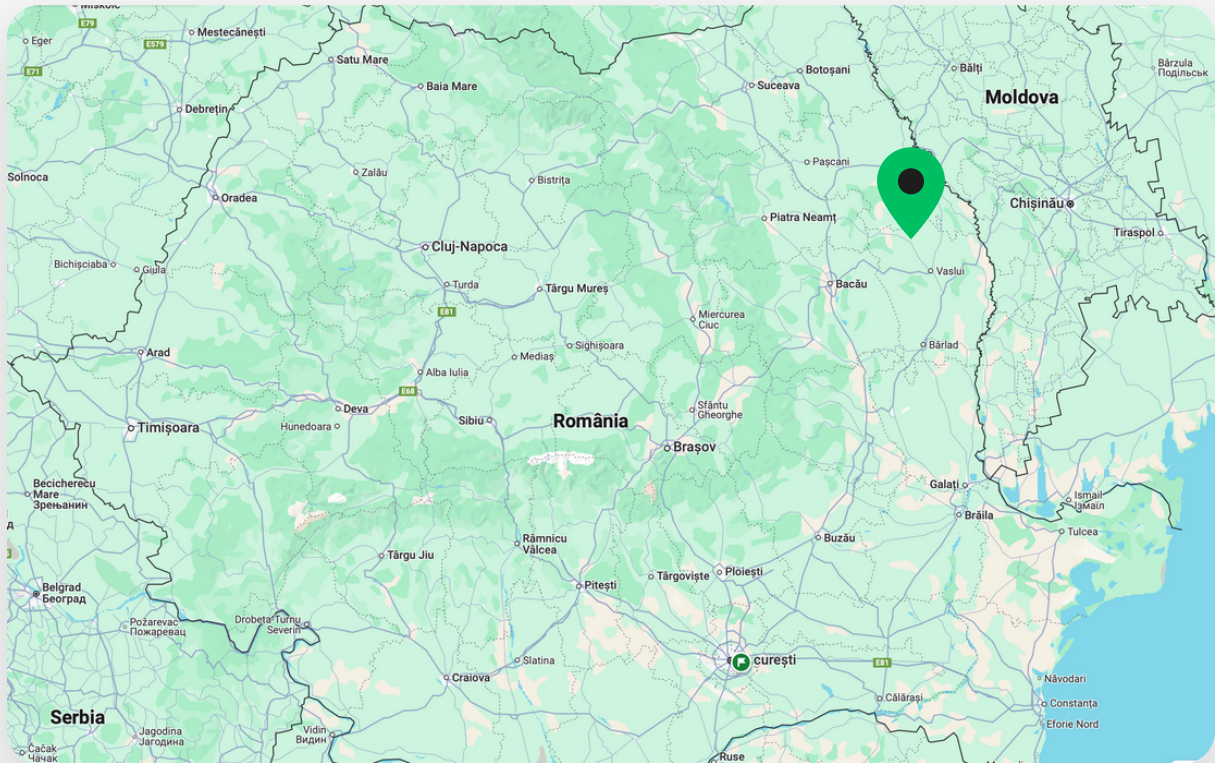
**Venue:** Coral Hotel

<https://maps.app.goo.gl/Lf4NYVh6jKifktcw7>

## Travel budget

| BAND         | DISTANCE | STANDARD TRAVEL | GREEN TRAVEL |
|--------------|----------|-----------------|--------------|
| 10–99 km     |          | 28 EUR          | 56 EUR       |
| 100–499 km   |          | 211 EUR         | 285 EUR      |
| 500–1999 km  |          | 309 EUR         | 417 EUR      |
| 2000–2999 km |          | 395 EUR         | 535 EUR      |
| 3000–3999 km |          | 580 EUR         | 785 EUR      |

Amounts are per person. Your band is set by the European Commission Distance Calculator, measured from your sending city to Iasi.



**Green travel** means the main part of your journey is by bus, train or car-pooling. It pays more — choose it where you can.

# Financial conditions

**Accommodation, meals and activities are covered 100%. There is no participation fee.**

## Fully covered by the project

- Accommodation at Hotel Coral, 16–20 November
- Three meals a day plus coffee breaks
- All sessions, materials and working tools
- Local activities and the community visit on Day 3
- Youthpass certificate

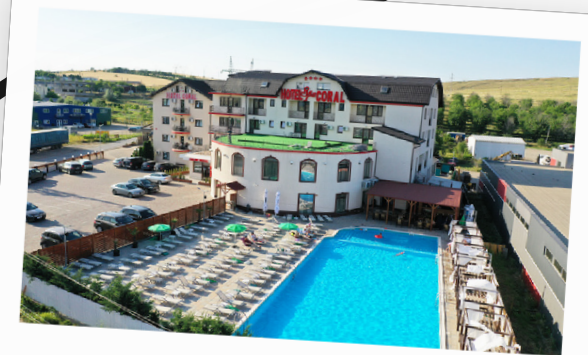
## Travel reimbursement

- Reimbursed up to the ceiling of your distance band
- Paid by bank transfer after the mobility, once follow-up and dissemination are completed
- Keep **all** original tickets, invoices and boarding passes — outbound and return
- Book only after your place is confirmed by the coordinator

## Not covered

- Taxi, Uber and Bolt inside Iasi
- Travel insurance and visa costs
- Personal expenses and anything above the band ceiling
- Extra nights before or after the official dates

# Location Hotel Coral, Iasi



## ROOM DESCRIPTION

2–3 people in the room  
Showers in the room  
Towels provided

## ON SITE

Seminar room with projector  
Restaurant — all meals on site  
Free Wi-Fi

# Logistic details

## Public transport in Iasi

- You can pay for a ticket **by card** or through the **24Pay** app (iOS and Google Play).
- We recommend installing the app — the ticket machines sometimes run out of paper.
- Tickets are sold by duration. Each ticket is valid for **2 hours** and costs around **0.80 EUR**, and you can change buses as many times as you need within that window.
- Taxi, Uber and Bolt are **not reimbursable**. You may use them at your own cost — expect around 10–15 EUR for the route.

### Route to the venue:

<https://maps.app.goo.gl/nkAxinv8GoUdjZYr6>



**Arriving late or outside normal hours?** Message the coordinator on WhatsApp before you travel so someone can meet you at the hotel.



# Keep in touch

Questions or anything unclear — write to us. Nominations go through the online form at [forms.gle/DKRCFHdE1X3L7JR86](https://forms.gle/DKRCFHdE1X3L7JR86) by 30 September 2026.

## E-MAIL

**acsfjc@gmail.com**

ACS Forza Junior Costuleni

## COORDINATOR · WHATSAPP

**+40 758 544 488**

For urgent matters and arrival coordination

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