

## **ALRAHALLAH THEATER-BERLIN**

### **Theatre Pedagogy Training Topics**

#### **• Pedagogic Theatre Training**

The pedagogic theatre training is an active, creative learning programme that focuses on working with groups through theatrical tools and embodied practice. Participants learn according to the "Learning by Doing" principle and use the methods of theatre pedagogy to promote the development of young people, self-expression, and collaboration in social and artistic contexts.

The training is offered in a scope of **50 or 100 hours** and is aimed at teachers, artists, and those working in youth work who are active in the social-creative field.

#### **• Psychodrama Programme**

This programme focuses on learning practical tools for self-management, emotional regulation, and self-reflection through action-oriented methods. Participants explore personal experiences through role play, movement, and guided reflection in order to better understand inner dynamics and behavioural patterns. This process supports the development of personal responsibility, self-confidence, and conscious decision-making in everyday life.

The programme offers a safe, structured space for personal growth, experiential learning, and lasting change. The training is offered in a scope of **50 or 100 hours** and is aimed at teachers, artists, and those working in youth work who are active in the social-creative field.

#### **• Movement and Physical Theatre**

This module focuses on using the body as the primary tool for expression, communication, and storytelling. Participants explore space, rhythm, balance, and gesture to develop presence, mindfulness, and physical creativity.

The training promotes embodied imagination and transforms movement into an expressive theatrical language. The training is offered in a scope of **50 or 100 hours** and is aimed at teachers, artists, and those working in youth work who are active in the social-creative field.

### **Certification: @BUT CERTIFICATION**

#### **• Communication Through Body Language**

This topic explores how meaning, emotions, and intentions are expressed beyond words. Participants develop an awareness of posture, gesture, movement, and spatial relationships in order to communicate clearly and authentically.

The training strengthens non-verbal connection, empathy, and presence in both theatrical and everyday interactions. The training is offered in a scope of **50 or 100 hours** and is aimed at teachers, artists, and those working in youth work who are active in the social-creative field.

#### **• Drama Acting**

This module focuses on developing an authentic performance through emotional depth, imagination, and character work. Participants engage with texts, improvisation, and inner motivation to bring scenes and roles to life.

The training strengthens stage presence, expressiveness, and the ability to build an authentic connection with the audience. The training is offered in a scope of **50 or 100 hours** and is aimed at teachers, artists, and those working in youth work who are active in the social-creative field.

#### • **Social Theatre**

Social Theatre uses theatrical practice as a tool for dialogue, inclusion, and social change. Participants explore real-life themes through collective creation, storytelling, and performance.

This process strengthens communities, gives marginalised voices a platform, and transforms social experiences into shared artistic expression. The training is offered in a scope of **50 or 100 hours** and is aimed at teachers, artists, and those working in youth work who are active in the social-creative field.

**Certification:** @BUT CERTIFICATION

#### • **Leadership & Structure**

This training shows how organisational structures (such as hierarchies or functional teams) can be used effectively to define clear lines of reporting, roles, and responsibilities for each team member. Such a structure serves as a necessary foundation for sound planning, enabling leaders to set both long-term strategic visions and detailed, short-term operational goals. The integration of structure and planning ensures the consistent and goal-oriented execution of tasks, guiding the organisation successfully towards its overarching strategic objectives.

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#### • **Street Theatre Programme**

This programme focuses on using public space as a stage to promote social communication and democratic engagement. The training equips educational professionals to interact directly with a diverse audience using minimalist props and physical theatre techniques. In doing so, the "fourth wall" and traditional barriers to art are broken down. By integrating these outdoor performance methods, participants learn to transform everyday urban spaces into participative platforms for engaging with social themes and fostering personal development.

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#### • **Creative Writing**

The Creative Writing programme in the artistic, social, and cultural sector focuses on writing as a "social practice", in which storytelling is used as a tool for dialogue and community engagement. Participants develop their own artistic voice while simultaneously learning to facilitate workshops that empower diverse groups to explore their identity and social challenges through poetry, prose, and dramatic texts. By integrating interdisciplinary approaches from sociology and pedagogy, the programme prepares graduates to lead creative projects in schools, NGOs, and cultural institutions that aim to promote social inclusion.

The training is offered in a scope of **50 or 100 hours**.

**Certification:** @BUT CERTIFICATION

#### • **Impro Theatre Programme**

The Impro Theatre programme places emphasis on mastering spontaneous storytelling and the "Yes, and..." principle to foster collaborative creativity. Participants develop fundamental skills in intuitive

reaction, ensemble building, and status play. They learn how to transform immediate impulses, without a script, into compelling dramatic scenes. The curriculum focuses on applying these improvisation techniques as pedagogical tools to strengthen personal flexibility, social empathy, and communicative confidence in various educational and community contexts.

#### • **Public Speaking & Presentation**

This theatre pedagogy programme focuses on the performative nature of communication. It uses acting tools such as breathing technique, voice projection, and stage presence to build authentic self-confidence. Participants learn to structure effective messages while simultaneously mastering the physical and rhetorical skills needed to captivate a diverse audience. In doing so, they move away from the mere conveyance of information towards a "scenic" and narrative approach. By integrating techniques such as role play and storytelling, the programme empowers individuals to transform public speaking into a dynamic tool for professional leadership and social action.

The training is offered in a scope of **50 or 100 hours** and is aimed at teachers, artists, and those working in youth work who are active in the social-creative field.

#### • **Programme Building: Games for Training and Education**

This programme focuses on the strategic design and facilitation of interactive games that transform group dynamics into powerful learning experiences within the framework of non-formal education. Participants master a diverse repertoire of movement-based, cooperative, and cognitive exercises designed to foster social cohesion, team trust, and experiential problem-solving. By linking pedagogical reflection with playful action, the curriculum equips trainers to use play as a specialised tool for sustainable personal development and inclusive community building.

*All training programmes offered are conducted under the direction of the experienced theatre director and trainer Maher Draidí and his qualified team.*