

ACTING FOR PEACE: YOUTH, THEATRE & CONFLICT TRANSFORMATION

YOUTH EXCHANGE

DURATION OF MOBILITY: 7 DAYS

DATES: 24.08.2026 – 30.08.2026 (+TRAVEL DAYS)



About the Youth Exchange



Acting for Peace: Youth, Theatre & Conflict Transformation is a dynamic youth exchange that brings together young people from diverse backgrounds to explore theatre as a tool for conflict prevention, dialogue, and post-conflict rehabilitation. Through interactive workshops, role-playing, and collaborative performances, participants will develop empathy, communication, and non-violent conflict resolution skills while strengthening mutual understanding in a safe and supportive environment.

Dear friends and partners, We would like to welcome you to the Youth exchange “Acting for Inclusion: Youth, Theatre & Wellbeing” that will be held in Craiova, Romania by ANDCTR in cooperation with 5 NGOs. In this INFO PACK you can find all the details about the project.

About ANDCTR

Asociatia Nationala de Dezvoltare Continua a Tineretului din Romania (ANDCTR) have been born in 2010, thanks to the initiative of 6 extremely motivated young people, willing to get involved in the life of the local community.

The goal of the association is to support the sustainable development of the civil society and of the environment, by implementing and developing socio-cultural activities, by cultivating collaboration and exchange of good practices between Romania and youth and volunteering organizations from other countries.



<https://andctr.ro>



<https://www.facebook.com/voluntariatpentrucomunitate>



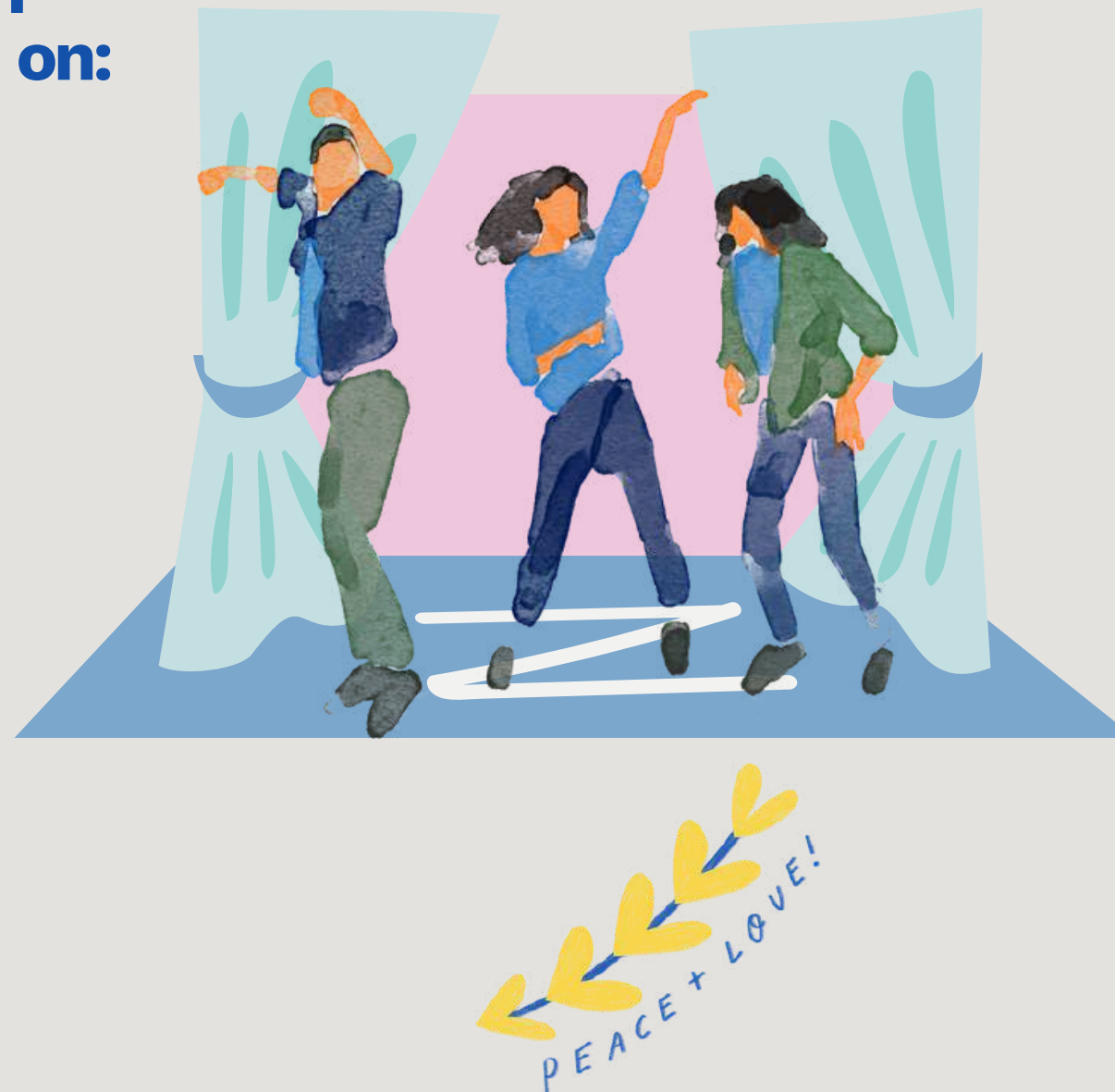
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Goals & Objectives Of This Project

Acting for Peace: Youth, Theatre & Conflict Transformation is a vibrant youth exchange that uses theatre as a tool for conflict prevention, dialogue, and peacebuilding. Bringing together young people from diverse backgrounds, the project develops active listening, empathy, and conflict mediation skills through creative and participatory methods, fostering mutual understanding and constructive responses to conflict.

During the exchange participants will engage in sessions focused on:

- Theatre methods for conflict prevention and dialogue
- Practical workshops on active listening, empathy and stage confidence
- Body movement and physical expression sessions
- Exchanges of good practices, creative methods, and personal experiences related to peacebuilding and reconciliation



The youth exchange aims to:

- Strengthen participants' ability to prevent, mediate, and transform conflicts through theatre-based methods.
- Equip participants with tools for self-expression, emotional awareness, and creative communication.
- Foster an open and supportive environment for the exchange of ideas, personal experiences, and inclusive artistic practices.
- Promote a vision of theatre that is accessible, diverse, and representative of all voices and identities.

Candidate Profile

- Aged 18-25 years old
- Fluent at a medium level in English, both speaking and writing
- Additional languages of international usage will be considered a plus for some activities
- Interest in the topic of the Youth Exchange
- Motivated to take part in the project and showing involvement during the selection process
- Able to assume all the tasks and rules of the project and to remain involved during the dissemination stage after the project ends
- Ability to disseminate the learning outcomes of the YE online and offline
- A mixed and balanced group of participants, including both those with previous experience in theatre and/or conflict transformation and those engaging with these topics for the first time



Youth with few opportunities (unemployed, not in school, few financial possibilities, cultural / religious, gender obstacles) will have priority and a tailored support plan.

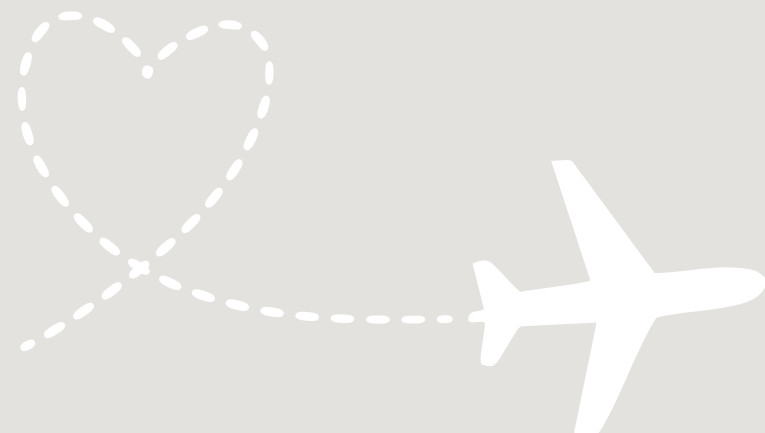
Organisational Aspects

- We will host 4 participants per country + 1 group leader, 30 participants in total
- Countries participating: 6 countries
- Accommodation and food are fully covered
- It is mandatory to have travel insurance and health insurance or European Health Card, the costs of insurance are NOT reimbursable by the project

- All the National Groups will receive travel reimbursement via group leader or Supporting Organisation
- Travel reimbursement is based on the real costs and up to the max limit
- Distance Calculator
- Start is your departing city
- End is the arrival city CRAIOVA



Travel Distance	Green Travel	Non Green Travel
10 -99 km	56 euro	28 euro
100 – 499 km	285 euro	211 euro
500 – 1999 km	417 euro	309 euro
2000 – 2999 km	535 euro	395 euro



Accommodation

- Accommodation will be provided in a students dormitory, 2-3 persons per room, basic conditions
- What to bring: towels, personal hygiene items, comfortable clothes, swimming suit, any medications you may need for daily usage, sweets/food needed for the intercultural night



Travel to Craiova



1

- Come by plane to Bucharest Otopeni “Henri Coanda” Airport
- Exit the terminal
- Take the train from Gara București Nord
- OR the bus to Craiova, reservations can be made following the link: <https://mementobus.com/>

2

- By plane to Craiova International Airport
- From Airport to activity location – by bus number 9 (approx. 30 min) or Uber/Bolt

3

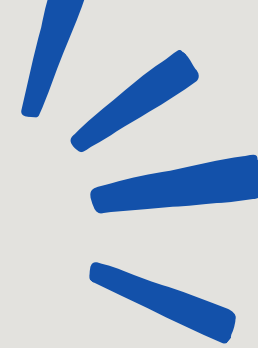
- By bus/train to Craiova, an option for neighbour countries
<https://flixbus.com>
<https://bileteinternationale.cfrcalatori.ro/>

The journey must begin from the group's departure city, and all participants must travel together as one group.

The group leader is responsible for ensuring that the entire group is gathered at the agreed departure point (airport, train station, etc.) before travelling together.



Some organisational aspects



**Participants
must prepare
some sessions**



**We need active
and motivated
participants in
order to have a
lot of fun**



**The focus of the YE is
on the activities, so
participants should
expect a full,
engaging, and
intensive programme**

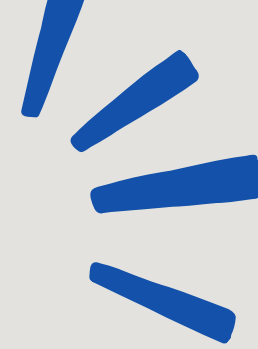


**The focus is on
having a great
European experience.
YE is not a holiday.
Keep in mind that
the accommodation
is basic**

**The accommodation has
NO SMOKING rooms. No
alcohol is allowed during
the activities and in the
accommodation place,
there are bars and pubs
to do so, for 18+**



Some organisational aspects



Do not forget about the reimbursements conditions and the fact that they are linked to your task fulfilment



Attendance to all activities & workshops is mandatory



Bring one laptop per group!! We will use them a lot during the sessions. Prepare two energizers per country



A mix of Romanian and international cuisine will be provided throughout the Youth Exchange. All meals will be served according to the local Romanian schedule, which may differ from meal times in your home country

All participants must fill the participant form and agree that they read and understand all this YE requirements and the facilities offered. Needs that are not mentioned in the form will not be taken in consideration at arrival and will not be tackled afterwards



Thank You



For any questions you want to
address, send an e-mail to
andctrselectie25@gmail.com
See you soon!