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Track Record – Example 1

“The Strongest Kids of Doboj” –

Inclusive Badminton Programme for Children with Disabilities

Period: October 2022 – December 2025

Location: Dobož, Bosnia and Herzegovina

Lead organisation: Badminton Club Sertini Dobož

Since 2022, Badminton Club Sertini Dobož has been running the inclusive programme “**The Strongest Kids of Dobož**”, which offers free, regular badminton training sessions for children with developmental difficulties and their peers without disabilities. The programme was created in response to the fact that many children with disabilities in our community had no access to sports activities, while their parents felt isolated and without structured support.

The programme combines:

- weekly adapted training in small groups, led by trained coaches;
- gradual integration of children with disabilities into mixed groups with their peers;
- close cooperation with parents, schools and local institutions;
- joint events, open trainings and small tournaments that bring together children, parents, coaches and community members.

Through play, movement and simple badminton drills, children develop motor skills, self-confidence and social skills, while learning to cooperate, share space and support each other. Children without disabilities learn empathy, patience and respect for differences. Parents report that their children have become more independent, communicative and physically active, and they themselves feel less alone and more supported.

The programme directly benefits around 20 children with disabilities and 30 peers without disabilities, as well as their families.

Key changes observed include:

- children with disabilities who previously stayed at home now actively participate in group sports and look forward to trainings;
- mixed trainings have reduced stigma and fear of difference among peers and adults;
- parents have formed an informal support network and are more ready to appear in public events with their children;
- coaches have developed practical skills for inclusive, trauma-sensitive and child-centred work.

External factors that supported these results include the availability of the sports hall, cooperation with local schools and media interest in inclusive sports. At the same time, limited financial resources and occasional negative attitudes towards inclusion remain challenges that we address through continuous dialogue with parents, partners and the wider community.

Photos from the “Strongest Kids of Dobj” trainings



Children with developmental difficulties and their peers after a joint badminton training in the “Strongest Kids of Dobj” group.



Participants of the “Strongest Kids of Dobj” programme ready for a balloon drill – first step towards racket and shuttle control.



Warm-up games with balloons across the court help children relax, move freely and get used to the badminton space.



Lining up with balloons and rackets, participants practise coordination, timing and safe movement before using real shuttles



Individual balloon tasks let each child succeed at their own pace and build confidence with simple movements.



Participants proudly show what they have learned – from basic balloon taps to more controlled racket swings



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The coach explains each new drill in simple steps so every participant understands, feels safe and dares to join in



Together at the net, coach and player practise serving and returning shuttles, turning exercises into small shared successes.



Children with developmental difficulties actively join badminton rallies, enjoying movement, play and shared success with their peers.



At the end of the session everyone gathers around a circle of shuttles – a bright symbol of teamwork and shared joy.

PARENT TESTIMONIALS – VIBER GROUP “THE STRONGEST KIDS OF DOBOJ”

Below are selected messages from parents in our shared Viber group (2022–2025), shown in the original language with English translation



Borka MAKSIMOVIC TIHINA MA...

Bravo i za sve vas koji ste se istinski posvetili našoj djeci a oni to baš znaju da cijene i vole



Uređeno 7:37



“Bravo to all of you who have truly dedicated yourselves to our children; they really know how to appreciate it and love you for it. ❤️❤️❤️”



Svjetlana Djokić

Svaka cast so se vi borite za nasu djecu neka znaju da nisu zapostavljeni veliko vam hvalaaa ❤️

15:01



“Well done, please keep being this good; our children know how to appreciate it.”



Zoran Radonjić

Svaka vam čast,samo nastavite da budete tako dobri,a naša djeca znaju to da cijene.

10:01



“Bravo for fighting for our children; let them know they are not neglected. Thank you so much. ❤️”



Tanja Informaticar Sveti Sava

Hvala za svu pokaznu ljubav i pažnju. Srećni praznici!!!

9:50



“Thank you for all the love and care you have shown. Happy holidays!!!”



Nadira Rasovac

Hvala vam puno divni ste



“Thank you so much, you are wonderful. 😊”

Media and online coverage of the programme

Selected articles and posts about the “Strongest Kids of Doboј” and related inclusion activities (in English and Bosnian/Serbian).

<https://badminton-sertini.com/en/the-strongest-children-of-doboј-3-2/>

<https://badminton-sertini.com/en/the-strongest-children-of-doboј-4/>

<https://badminton-sertini.com/en/the-strongest-children-of-doboј-3/>

<https://badminton-sertini.com/en/the-strongest-children-of-doboј-2/>

<https://badminton-sertini.com/en/the-strongest-children-of-doboј-9/>

<https://badminton-sertini.com/en/the-strongest-children-of-doboј/>

<https://badminton-sertini.com/en/the-strongest-children-of-doboј-11/>

<https://badminton-sertini.com/en/the-strongest-children-of-doboј-10/>

<https://badminton-sertini.com/en/the-strongest-children-of-doboј-7-2/>

<https://badminton-sertini.com/en/the-strongest-children-of-doboј-7/>

<https://badminton-sertini.com/en/the-strongest-children-of-doboј-8/>

<https://badminton-sertini.com/en/the-strongest-children-of-doboј-6/>

<https://badminton-sertini.com/en/laughter-is-medicine/>

<https://badminton-sertini.com/en/the-strongest-children-of-doboј-5/>

<https://badminton-sertini.com/en/a-few-months-ago-it-was-difficult-but-today/>

<https://badminton-sertini.com/en/badminton-for-inclusion-project/>

<https://badminton-sertini.com/en/philanthropy-day-1-badminton-for-inclusion/>

<https://badminton-sertini.com/en/philanthropy-day-2-badminton-for-inclusion/>

<https://badminton-sertini.com/en/philanthropy-day-3-badminton-for-inclusion/>

<https://badminton-sertini.com/en/philanthropy-day-4-badminton-for-inclusion/>

<https://badminton-sertini.com/en/bk-sertini-improves-childrens-development-through-sport/>

<https://badminton-sertini.com/en/there-is-no-difference-badminton-for-inclusion/>

<https://tvk3.info/zavrsni-turnir-projekta-badminton-za-inkluziju-projekat-koji-brise-granice-i-slavi-razlicitosti-foto/>

<https://rtvdoboј.org/doboј-badminton-bez-granica-nema-razlike-u-srcu-doboја-foto/>

<https://www.mreza-mira.net/vijesti/clanci/badminton-bez-granica-nema-razlike-u-srcu-doboја/>

<https://badminton-sertini.com/en/great-recognition-for-dario-milacko-and-his-tireless-team/>