

Project Title: Youth Sports for Health, Inclusion & Peace

Short Description :

Promote health, inclusion and peace among youth through sport, cooperation and intercultural learning.

Full Description :

Context and Motivation

In many communities, young people face challenges such as lack of access to healthy lifestyles, limited opportunities for inclusion, and growing social tensions. In Cameroon, sports are one of the most powerful tools to bring people together, inspire discipline, and promote peace and cooperation.

JEDEV (Jeunesse, Développement, Écologie et Valeurs) believes that sport can go beyond competition — it can build bridges, strengthen communities, and teach respect and solidarity among young people.

Project Objectives

The project “**Youth Sports for Health, Inclusion & Peace**” aims to:

- Encourage healthy lifestyles through regular physical activity and education on nutrition.
- Promote inclusion of young people from diverse backgrounds through team sports and cultural exchange.
- Develop values of peace, respect, and fair play among youth participants.
- Foster international cooperation and mutual understanding between young people from different countries.

Proposed Activities

- **Workshops & Training sessions** on health, sports leadership, and teamwork.
- **Sport and cultural exchange events** involving participants from different countries.
- **Intercultural evenings** to share traditions, dances, and stories.
- **Community sports days** to promote youth participation in local initiatives for peace and social cohesion.

Target Group

Young people aged **18 to 30**, especially those facing fewer opportunities due to **economic, geographical, or social obstacles**.

The project welcomes participants interested in **sports, social inclusion, health, and community development**.

Role of Partners

JEDEV, based in Cameroon, is looking for a **European coordinating organization** (association, NGO, or youth center) to carry the project under the **Erasmus+ KA152 Youth Mobility** framework.

This coordinator will be responsible for submitting the project to its **National Agency**, with JEDEV as a **partner organization**.

JEDEV will actively participate in the planning, youth selection, preparation, and implementation phases.

Expected Results

- Increased awareness of health and inclusion among youth.
- Strengthened international cooperation between African and European organizations.

- Empowered young leaders capable of using sport as a tool for peace and positive change.

Needs and Support

JEDEV is currently seeking:

- A **coordinating organization** within the European Union to lead the Erasmus+ application.
- Partner associations interested in **youth exchanges or sports and health activities**.
- Mentorship and guidance in **project management and Erasmus+ documentation**.

About JEDEV

JEDEV (Jeunesse, Développement, Écologie et Valeurs) is a youth-led organization based in **Yaoundé, Cameroon**, working in:

- Ecology and sustainable agriculture
- Citizenship and civic values
- Humanitarian and social actions
- International mobility and cooperation
- Culture and sport
- Socio-professional insertion and entrepreneurship

JEDEV promotes education, inclusion, and solidarity through youth-led initiatives that create real local and international impact.