



ANIMA VITA

—
PSYCHOTHERAPY
AND COUNSELING

CALL FOR PARTNERS

“HOLISTIC YOUTH, A HOLISTIC EUROPE!”

Dear colleagues!

Zavod ANIMA VITA would like to invite you to participate in a **1.1 Youth Exchange project** entitled “**HOLISTIC YOUTH, A HOLISTIC EUROPE!**”.

The project will be organised under the auspices of the **Youth in Action** programme.

Short project description

The focus of the project will be on **implementing and establishing a healthy holistic outlook on lifestyle** of youngsters (participants). This will be done in an international and multicultural environment, which will be established within the context of the international youth exchange.

During the project, we will put our attention to different areas which are important in an individual's life, such as **mental health, culture, sports, active citizenship, economic involvement, nutrition** and a **healthy attitude towards nature**.

The project will last for 7 days (arrival and departure day excluded) and **each day we will put our attention to one area of importance** and by using non-formal learning techniques, the youngsters will, by way of active participation, strive to come to a greater awareness of the importance of all these areas, and by doing so, also realise their interconnectedness.

The aim of the project is to **enable every participant to develop personally**, through his/her active involvement in the group.



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Project summary

Title of the project: “HOLISTIC YOUTH, A HOLISTIC EUROPE!”

Type of project: 1.1 Youth Exchange

Organizer: Zavod Anima Vita (a non-profit organisation)

Date: 24.7.2013 –1.8.2013

Venue: Slovenia (exact location of the project is yet to be decided upon)

Partner organisations: Non-profit youth organisations (associations, clubs, institutes, etc.)

Profile of participants: Youth between 18 and 25 years of age (gender balance is important! ; group leader can be up to 30 years old)

We expect participants to have a good ability to communicate in English.

Group size: 4+1 (4 participants + 1 leader)

Partner countries: Youth in Action programme countries

Costs: Costs of accommodation, food and materials will be covered by the Youth in Action program. Also, 70% of travel costs will be reimbursed upon presentation of original invoices and all travel documents.

Additional information and application

For any additional information about the project, please send an e-mail to:

holistic.youth.project@gmail.com

or

iztok.zver@animavita.si



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To participate as a partner in this project, please send a **filled out Part III form (which you can also find enclosed in this e-mail):**

By email to: holistic.youth.project@gmail.com

or

By fax to: **+386 1 831 05 93**

You must also **necessarily send your estimation of your travel costs** of coming to Slovenia. This you must send via e-mail to holistic.youth.project@gmail.com (please include this in your e-mail with the filled out part III form).

You must send a filled out part III together with your estimation of your travel costs form **before the 15th of January 2013.**

We will inform you regarding your acceptance as a project partner **before the 19th of January!**

If we choose your organisation as our partner organisation, please be prepared for us to contact you at this time and ask you to help us finalize the project application!