

**Project Title: Enhancing Youth Workers' Capacity to Organise Outdoor Activities**

**Project Dates: 17 – 27 July (*tentative*)**

**Total Participants: 32 (10 from Türkiye)**

**Project Length: 8 activity days + 2 travel days**

**Advance Planning Visit: Yes**

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### **Project Summary**

The project boosts youth workers' skills to design and run safe, inclusive and eco-friendly outdoor programmes. Across an intensive eight-day camp, participants get hands-on practice in map reading & navigation, risk analysis, first aid, sustainable *Leave No Trace* principles, digital outdoor tools (GPS, satellite messaging, e-Youthpass) as well as pedagogical facilitation and leadership.

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### **Daily Programme**

#### **Day 1 — Arrival Day**

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#### **Day 2 — Course Introduction, Navigation Basics & Risk Planning**

- Course briefing, rules & orientation
  - Getting-to-know-you ice-breakers
  - “Fears, Contributions & Expectations” activity
  - Team-building exercises
  - Mini-lecture: map scale, grid & contour lines
  - Route-Card workshop
  - Contour recognition exercise
  - ISO 31030 risk-matrix poster
  - Reflection circle & digital journal
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#### **Day 3 — Micro-Navigation & Night Orienteering**

- Gear check + PPE logbook
- 8 km terrain hike
- Dynamic risk updates en route

- GPS track recording & data transfer
  - Night-time micro-navigation session
  - Reflection circle & digital journal
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#### **Day 4 — Rock Safety & Equipment Inspection**

- Knots practice circuit
  - Anchor-building stations
  - PPE inspection scenario
  - Top-rope route setting (role rotation)
  - *Leave No Trace* micro-impact analysis
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#### **Day 5 — Full-Day Rafting Activity**

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#### **Day 6 — Scenario-Based Risk & Digital Support**

- Meteoblue weather reading & cloud-formation quiz
  - “Red Flag” risk role-play
  - PLB & inReach demonstration
  - Alternative routing with OpenStreetMap + carbon calculation
  - Risk-log update
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#### **Day 7 — Wilderness First Aid & Rescue**

- ABC & shock-management station
  - Improvised stretcher + 200 m carry
  - “H-2 Hours” lost-person search
  - Multiple-trauma simulation
  - Night rescue & helicopter signalling
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#### **Day 8 — Participant-Led Mini-Expedition & Evaluation**

- “Leader of the Day” field route
  - Hot-wash debrief in the field
  - Youthpass *competence wheel* self-assessment
  - Project visibility: drone footage + social-media plan
  - Closing session & certificates
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## Day 9 — Departure Day

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*A further day will be added to the schedule (details to be confirmed).*



