





## BUILDING AND LIVING IN TREEHOUSES

"Training and professional exchange for youthworkers" 2025

KA1 project for adventure educators

Infopack for potential partners

## Topics

- Learn and further develop the tree house building method
- Sustainable nutrition for participants
- Gender equality, democratic work, participation

## Maingoal

- Learning a new experiential educational method
- Imparting skills in supporting participants in construction projects
- Experience a holistic concept including catering for participants

## Target

- Learn and further develop the method of building tree houses with an outdoor catering concept
- Integration and independence
- Exchange and implementation of gender-equitable cooperation
- Strengthen social skills
- Implement community projects
- Exchange best practices and experiences from respective countries and explore non-formal learning tools and methods
- Support for self-reflection and long-term, sustainable character development
- Ability to plan and implement educational projects and workshops on treehouse construction and related topics
- Supporting long-term partnerships and future collaborations to develop guidelines for experiential educational work





## Key data of the project

- Target group: Mobility for trainers in youth work 18+
- Date: August 23rd August 31st, 2025 including arrival and departure days
- Venue: Abenteuerzentrum Berlin, https://abenteuerzentrum.berlin/

#### Content

- Youth work programs designing sustainable activities social responsibility
- Challenges and solutions in integrating sustainability into youth work
- Introduction to various non-formal methods
- Introduction to material logistics building materials, tools, structural aspects, pulleys for transporting the tree trunks
- Extensive training on participant safety during construction (use of personal safety equipment PPE, handling rope and safety, construction of safety systems on the tree house)
- Council rounds morning and evening to see how everyone is feeling
- Training in special construction of experiential tree house construction (rope fastening)
- Small group work: learning and implementing different parts of the tree house (stairs, bridges, roofs)
- Management and support of the group process: experiential education methods to promote group cohesion, reflection, intervention
- Logistics of life in the tree houses: drinking water, industrial water, wastewater, toilet, kitchen, sleeping places
- Workshops on preparing healthy and sustainable meals in an outdoor context and over an open fire
- Introduction to sustainable nutrition and strength orientation
- Health aspects of sustainable nutrition
- Lectures by nutrition experts on the connections between nutrition and health
- The partners are invited to participate in the non-formal methods used.





#### **Organization:**



Fahrten-Ferne-Abenteuer is a non-profit child and youth welfare company. We organize holiday camps, adventure trips and international youth meetings for teenagers and young adults in Germany and Europe. Our philosophy is based on adventure, scouting and experiential learning.

#### Our benefits

- Successful long-term collaboration with partners
- Highly qualified trainers and moderators
- More than 20 Erasmus+ projects organized in the last 10 year

#### Selection of our completed projects

- 2020 2022: Sustainability In Action Methods for Youth Workers I and II, YE Journey of Empowerment, YE Community Building & Solidarity
- 2021: Activate Your Strengths professional development activities
- 2021: Start of tree house projects in the adventure center with tree house construction included, three projects, funded by Aktion Mensch
- 2022: Europe in times of crisis: YE pandemic, YE crisis of democracy
- 2022: Activate Your Strengths strengthen your resilience
- 2022: two more tree house projects, funded by DJKS "Revival after Corona"
- 2023: Sustainability In Action- YW "Green Projects and Urban Visionaries", YW "Digital and Green Future"
- 2023: a tree house project, self-financed, first concept with outdoor kitchen, shower, toilet, overnight stay
- 2024: Foodbusters Activate your Strengths Through Sustainable Nutrition
- 2024-2025: City-Nature Project expansion of the profile for youth workers through three experiential educational methods: urban space Berlin, high mountain trekking South Tyrol, canoe format Sweden
- 2024: a tree house project, first concept "Life in the tree houses", with outdoor kitchen, catering platform, sleeping area, without building another tree house, with building bridges







Here I will give you a few key points to make it easier for you to decide which form of collaboration is right for you or your organization.

#### **Formal requirements:**

At least 1 partner is required for Erasmus projects. Participating organizations include:

non-profit organizations, associations, NGOs, European youth NGOs, local, regional or national public bodies, public service enterprises, commercial entities committed to the principle of corporate social responsibility, an informal group of young people/organizations operating in an EU -are resident in a Member State or a third country associated with the Program or a third country not associated with the Program in the EU's neighborhood. Partners may need to register with the National Agency.

#### **Support in the management of the project:**

Support in project implementation\*, in consultation with Adventure Center Berlin

Participant acquisition and communication

Payout of travel expense reimbursement to participants (Adventure Center Berlin transfers the participants' total travel expenses to partners)

#### **Support in project implementation:**

Do you have any topics that you would like to include in the exchange of skilled workers? On the topic of building tree houses, sustainable nutrition in outdoor kitchens, experiential education methods, gender sensitivity or whatever is important to you. And would you like to bring this into the project independently in collaboration with project management? Or offer a workshop about it as an expert?

#### Role of Berlin's adventure center:

We are the applicant organization and coordinate the overall project, manage the finances and reimbursement of your expenses in the project. If a partnership comes about, we draw up a contract for it, with responsibilities and fees.

Due to our accreditation, the implementation of the tree house project in 2025 is already secured, so you no longer need to submit an application :-)

Do you have any questions about it? Feel free to write to me at klee.michel@abenteuerzentrum.berlin or call me: +49 177 2979082

# You like to partner with us?

We are looking for 2 partners who work in non-formal learning and/or experiential education

The project will take place with 8 participants from each country, 24 all together

Please take a few minutes and tell us a little more about yourself and your motivation in this sheet:

https://forms.gle/DFuWeQGDo4VntvRz9



#### **Projectmanagement**

Klee Michel is in charge of this project. She is the main coordinator of the project. She has been active in experiential education for 10 years, initially as a freelancer accompanying groups in outdoor social skills training, then employed at the Berlin Adventure Center.

She has been enthusiastic about the treehouse building method since her beginnings in experiential education. After training in the method and a few construction projects with children at the holiday camp, she brought tree house construction to the Berlin Adventure Center and, among other things, works as project manager for all tree house projects.

It is part of the German-speaking tree house construction network of the CVJM.

In her work at the adventure center, she is also the manager of the high ropes course (where the safety training of the trainers for building tree houses is carried out), trains new trainers in the method and carries out the annual refreshers for the high ropes course trainers. More about Klee, Contact: klee.michel@abenteuerzentrum.berlin







We look forward to having you here.