## PARTNER IDENTIFICATION FORM

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|---|---|
|   | A. PARTNER ORGANISATION   |
| PIC   | 936074542   |
| OID   | E 10008975  |
| Full legal name (Latin characters)  | Trinoga Association   |
| Full legal name (National Language)   | Сдружение Тринога   |
| Acronym   | TRINOGA   |
| National ID (if applicable)   | 175102568   |
| Address (Street and number)   | Teacher's house   |
| Country   | Bulgaria  |
| Region  | Sofia   |
| Post Code   | 2267  |
| City  | Zhelen  |
| Website   | www.vegetarium.info   |
| Email   | trinogamedia@gmail.com  |
| Instagram   | https://www.instagram.com/vegetarium_community_home/  |
| Facebook  | https://www.facebook.com/profile.php?id=100054620822624   |
| Telephone 1   | +359 885050565  |
| Registration date   | May 2006  |
| Registration location   | Zhelen, Bulgaria  |
|   | B. PROFILE  |
| Type of Organisation  |   |
| Is the partner organisation a public body?  | No  |
| Is the partner organisation a non-<br>profit?   | Yes, an NGO   |
|   | C. ACCREDITATION  |
| Has the organisation received<br>any type of accreditation before<br>submitting this application? | Quality Label accreditation for ESC leading, sending and hosting organisation: 2021-1-BG01-ESC50-095354 |
| Has the organisation  | <ul> <li>2021-2-BG01-ESC51-VTJ-000044528</li> </ul>   |
| received/applied for any EU   | • 2023-1-BG01-ESC51-VTJ-000112597   |
| grants?   | • 101179255 - ESC-SOLID-2024-VTHPA  |
|   | D. BACKGROUND AND EXPERIENCE  |

| Trinoga Association, established in 2005, is situated in Zhelen village, Sofia district, Bulgaria.<br>It goes beyond being just an NGO- it's an eco-community where people permanently live in<br>harmony with nature and put their beliefs into practice. The association's philosophy<br>revolves around three pillars: life in harmony with nature, social unity, and personal<br>growth. |  |
|--|--|
| Vegetarium Community Home, the heart of the Trinoga Association, is a place where these principles come to life. Here are some key points about Vegetarium:  |  |
| <ol> <li>Location: Nestled in the Balkan Mountain, Vegetarium is 5 km away from any<br/>asphalted village and shops, providing a serene and remote environment.</li> </ol>   |  |
| <ol> <li>Community: Currently, other 20 autonomous households coexist in Zhelen valley<br/>and collaborate with Vegetarium community.</li> </ol>   |  |
| 3. Languages: The core team is fluent in English, French, German, Spanish, and   |  |
| Bulgarian, allowing them to welcome both local and foreign volunteers.   |  |
| <ol> <li>Global Connections: As an integral part of the Global Ecovillage Network,<br/>Vegetarium maintains close ties with NGOs in Italy, France, Portugal, and</li> </ol>  |  |
| Switzerland.   |  |
| 5. Education: The team actively engages in teaching sustainable development, healthy   |  |
| lifestyle, and community building at institutions like Sofia University, New Bulgarian<br>University, and professional schools.  |  |
| 6. Mentorship: Their mentor, M.D. Dimitar Pashkulev, a renowned Bulgarian specialist   |  |
| in natural medicine and the Integral approach, has found his calling in living at  |  |
| Vegetarium Home since 2015. He provides non-formal education to young people   |  |
| interested in sustainable activism.  |  |
| Vegetarium Community Home embodies the vision of living in balance with nature,  |  |
| fostering personal growth, and creating a supportive community.  |  |
| Trinoga Association is deeply committed to sustainable activism and fostering a  |  |
| harmonious relationship with the environment and communities. Here are the specifics of  |  |
| their impactful work:  |  |
| <ol> <li>Young People Personal and Social Development:         <ul> <li>Trinoga focuses on developing various skills and competencies among young</li> </ul> </li> </ol>   |  |
| people.  |  |
| <ul> <li>They strongly advocate for a healthy lifestyle, emphasizing the balance</li> </ul>  |  |
| between proper nutrition, biorhythms, and practices that benefit body, mind, and spirit.   |  |
| 2. Climatic Agriculture:   |  |
| • The association engages in regenerative landscaping to enhance biodiversity  |  |
| and habitats.  |  |
| <ul> <li>Their efforts contribute to the production of clean food and raw materials.</li> <li>3. Eco Building:</li> </ul>  |  |
| <ul> <li>Trinoga constructs using natural materials, maintaining a harmonious blend</li> </ul>   |  |
| of traditional low-tech and modern high-tech approaches.   |  |
| <ul> <li>Their ratio stands at 95% traditional low-tech and 5% modern high-tech.</li> <li>4. Active Citizenship and Eco-Activism:</li> </ul>   |  |
| <ul> <li>Trinoga actively promotes biodiversity and social unity through eco-activism.</li> </ul>  |  |
|  |  |

|             | <ul> <li>Their commitment extends beyond theory; they live and breathe these principles.</li> </ul>  |  |  |
|-------------|--|--|--|
|             | Main Activities:   |  |  |
|             | <ul> <li>Living and Promoting Healthy Life in Nature: Trinoga members embrace a lifestyle in harmony with nature.</li> <li>Volunteer Hosting and Development: They help volunteers discover their authentic vocations and develop diverse competences.</li> <li>International Exchange: Volunteers are sent to Italy, Portugal, France, Spain and Switzerland.</li> <li>Enhancing Biodiversity: Through landscaping and planting perennial fruits and nuts.</li> <li>Eco-Friendly Construction: Renovating old structures and building new ones using wood, clay, stone, hay, and other natural materials.</li> <li>Maintenance and Practical Skills: Volunteers gain hands-on experience in maintaining gardens, animals, buildings, and machinery.</li> <li>Collaboration with the Local Population: Trinoga actively exchanges production, physical labor, and intellectual work with the local community.</li> <li>EU-Funded Projects: They participate in projects funded by various EU programs, often in partnership with other NGOs.</li> <li>Target Groups:</li> <li>Young Eco-Oriented Individuals (Aged 18-30): Those ready to adopt a sustainable lifestyle.</li> <li>Other NGOs with Similar Interests: Collaborating to amplify their impact.</li> </ul> |  |  |
|             | 3. Local Population of Zhelen Village and Svoge Town: Engaging with the community.   |  |  |
|             | E. LEGAL REPRESENTATIVE and CONTACT PERSON   |  |  |
| Title       | Mr   |  |  |
| Gender      | male   |  |  |
| First Name  | Filip  |  |  |
| Family Name | Kirilov  |  |  |
| Department  | Administration   |  |  |
| Position    | Chairman   |  |  |
| Email       | trinogamedia@gmail.com   |  |  |
| Telephone 1 | +359 885050565   |  |  |
| Address     | Teacher's house  |  |  |
| Country     | Bulgaria   |  |  |
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