

26th October to 1st November





## INTRODUCTION

PLACE: Albergue Inturjoven Torremolinos

WORKING LANGUAGE: English and Youth Energy

DATES: 26 October to 1st November

PARTICIPANTS 6+1 (leader)

AGE: 15-17 years old ( we can make some exception with 2 people that can be 18 but with under 18 rules)

GOAL: Youth exchange with a focus on cultural exploration is an initiative that allows young people from

different countries to immerse themselves in the traditions, customs and ways of life of other cultures.

This type of exchange not only fosters intercultural understanding but also strengthens skills such as

communication, empathy, and teamwork.









Torremolinos is a spanish municipality in the province of Málaga, on the mediterranean coast of andalusia. It is the head of the judicial district of the same name and is part of the region of the western costa del sol, the association of municipalities of the same name and the metropolitan area of malaga.

It is located on the costa del sol, on the western shore of the bay of málaga and at the back of the sierra de mijas. it is at an altitude of 49 metres above sea level5 and 13 kilometres from the centre of malaga, the provincial capital. it is connected by the a-7 motorway, which bypasses the city to the north, as well as by suburban train. in 2015 it had 67,492 inhabitants, of which 14,215 were foreigners. its municipal area covers an area of 20 square kilometres5 and has a population density of 3153.85 inhabitants/km², which multiplies during the summer months













We will be hosted in Albergue Inturjoven Torremolinos. The place is in Torremolinos just 20 min by train from Malaga Center.

Bedlinens will be provided, they will have to bring towels

We will provide rooms for girls and room for boys.

Rooms are distributed by 4 or 3 with bathrooms and showers.

We will organize that 2 participants from the same country and same gender will share rooms to another 2 from the same country and gender. If it's possible, if you have any requirement, let us know. Most probably leader will have their own rooms, depends on the gender distribution.

Working rooms are located in the same place.

Around this place we have shops, supermarkets, kiosk, bus stops, the beach...

Website click here













#### DUTIES OF THE PARTICIPANT

- As a participant of the project, I am aware that I will have to carry out all the duties assigned to me. I will do my best that the project will turn out an unforgettable experience for all participants. I understand that I have to respect the other participants and have to be tolerant towards their cultures. I understand that I have to respect the other participants. I understand that the youth exchange has to be held in the spirit of tolerance and cooperation and that prejudices are not wanted.
- I agree to preparate the intercultural night with the rest of participants of my group
- I agree that I will take part at the preparations and the evaluation of the project, which will be carried out by the AJ INTERCAMBIA
- I agree to cooperate with the other participants as a group.
- I understand that AJ INTERCAMBIA wishes that all the participants of the youth exchange get as much experience of working in a group as possible.





#### 1. RULES

- I am responsible for my actions during the youth exchange. I will respect the venue at which the youth exchange is taking place and I will not destroy anything. I will pay for the damage in case I should destroy anything.
- I agree that use of alcohol and other drugs is forbidden during the exchange. I am fully aware of and accept the rules of the exchange concerning alcohol and drugs during the youth exchange, and I am aware that if I broke this rule I will be send out of the project and will not get travel costs.
- I will respect the other participants and their personal things.





#### 1. RULES

- I commit myself that I will, in case of an unjustified cancelation or a cancelation not made in time, cover all travel expenses (the ticket) myself.
- I am aware that by signing this agreement I am binding myself that I will accomplish all the tasks assigned to me and respect all the rules that this contract mentions.
- I agree to follow the instructions of the group leader.
- After Youth Exchange I will send a Group Report with Photos to be publish on the website
- I am taking part of this youth exchange at my own risk with the signed consent of my parents/guardians (younger than 18)
- If am over 18 I will follow and accept rules as under 18 years old.





#### 1.2. RIGHTS OF THE PARTICIPANT

- Hosting Organization will take care of the food and accommodation during the exchange.
- AJ INTERCAMBIA will make sure that the working environment will be safe, but the participants have to respect all security rules.
- Before the youth exchange AJ INTERCAMBIA will provide all the information necessary, about special needs.
- I have the right that the group leader helps me.
- I can expect from the group leader that she/he will listen to my eventual problems and will help me solve them.
- I can expect that the group leader will encourage good relations and communication among participants.



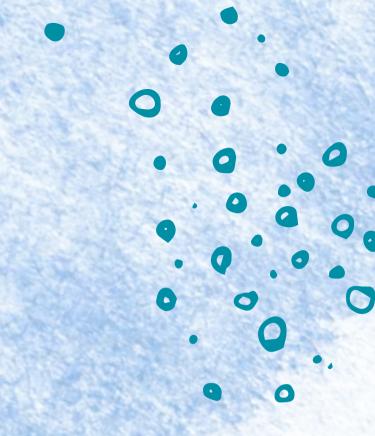


#### 1.2. RIGHTS OF THE PARTICIPANT

- Just like all the other participants I have the right to express myself freely. I have the right to evaluate the youth exchange independently. Everybody has the right to express themselves freely and to take part at the making of decisions during the exchange.
- Participants are insured on the part of the Spanish organizers of the youth exchange. Each participant/partner is responsible for getting INSURANCE to take part on this activity.







## TRAVEL AND REIMBURSEMENT





The following table shows maximum reimbursable travel cost per participant in EURO. These amounts are defined according to Erasmus+ program rules and they depend on the distance between departure city and Málaga.





NOTE: If you exceed the travel budget, the difference will not be covered and you will have to pay for it.

To receive reimbursement you need to provide us all the originals copies of transportation modes (plane, train or bus) that are used during your trip from departure city to Malaga. These include:

- Tickets
- Receipts
- Boarding passes
- Invoices

We can't reimburse:

- Travel costs without these original documents
- Taxi and private transportation





Send us your travel option before Friday 27th September. Don't buy any flight ticket without our confirmation.

There is a train that you have to train that connect Málaga airport to Torremolinos, and the last one is at 23:30, so your flight can't land later than 22:30. And the first train from Torremolinos to the Airport is at 6:30. The distance by train is 10 minutes between airpot to Torremolinos.

IMPORTANT: You can travel to Malaga maximum 2 days before OR after the project dates.

Reimbursement will be done in EURO regardless the mentioned currency in tickets, receipts and invoices.

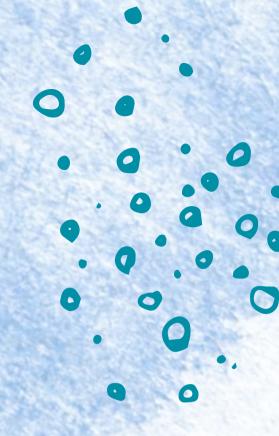
Reimbursement will be done through bank transfer 2-3 months after the project if all reimbursement, project conditions and rules are followed.

There are no fees for participation.





## WHAT TO BRING







### FOOD AND PRESENTATION FOR THE INTERCULTURAL NIGHT

**SUN PROTECTION** 

SWIM CLOTHES (just in case the weather is good,)

**TOWEL** 

GEL, SHAMPOO, and other bathroom stuff

COMFORTABLE SHOES

FLIPS FLOPS

COMFORTABLE CLOTHES

CAP

HODDIE

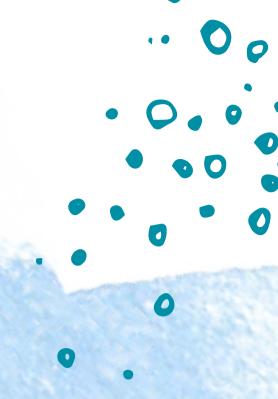
**RAIN COAT** 

TONS OF ACTIVE, POSSITIVE, SUPPORTIVE, PEACEFULL, CONSTRITUVE, EMPATHETIC ATTITUDE













This is a very important project for us, our team invested a lot of time an energy to host you all, they are super excited and happy to be able to implement the project.

We would like you all to be 120% active on this project.

We know that we do not have too much time, but this is what we have.

We expect for you all to be able to take part, to be able to invest time and energy to prepare this project and to be able to follow meetings and deadline.

If we cooperate it will be a great experience not just for us... it will be excellent for ALL.

Take in consideration how hard is to host and try to help our team to make it a bit easier!

The activity program will be share in the next days.





# ORGANISATIONS INTERESTED SEND YOUR PIF BEFORE 9/10 TO INFO@INTERCAMBIA.ORG WITH THE SUBJETC YOUTH EXCHANGE IN MÁLAGA

