

Project Summary

Please provide short answers to the following questions to summarise the information you have provided in the rest of the application form.

Please use full sentences and clear language. In case your project is accepted, the summary you provided will be made public by the European Commission and the National Agencies.

What do you want to achieve by implementing the project? What are the objectives of your project? Please specify from the perspective of youth work practice.

The project focuses on 3 areas.

1. Drug and Technology Addiction in Youth:

According to the European Drug Report (EDR) 2022 report, drug access and use continue to be at high levels throughout the European Union; however, there are significant differences between countries. It is estimated that 83.4 million, or 29%, of adults (ages 15-64) in the European Union have used illicit drugs before, and the rate of reported use is higher for men (50.5 million) than for women (33 million).

Drug use is linked to many of its health and social problems. These include mental health problems and self-harm, homelessness, youth delinquency, and abuse of vulnerable individuals and communities.

Another type of addiction faced by young people is; Technology addiction, which is a type of behavioral addiction that occurs due to the unconscious and uncontrolled use of technology and the internet.

According to the results of the survey applied to 136 young people in the partnership structure of the project, it is revealed that most of the young people spend most of their time on their phones and 80% of them check their phone first thing in the morning when they get up. It has been determined that the average time spent by young people on the phone is 3 hours. During this time, it was determined that about 3 hours were allocated to social media.

2. Gender Equality:

Social gender equality; It means the equal visibility, empowerment, responsibility and participation of women and men in all areas of public and private life. If discrimination; It is the treatment and victimization of a person by being marginalized compared to others. Gender roles and responsibilities imposed on women and men cause inequality and discrimination between men and women. gender discrimination; It is closely related to inequality in accessing resources and opportunities, violence, inability to benefit from basic services, limited participation of women in working life and politics, and power imbalance in personal relations between women and men. The most obvious manifestation of the unequal power balance between men and women is; Violence against women is both a violation of human rights and a barrier to gender equality. The World Bank defines physical, sexual, psychological and economic violence as "a global epidemic that affects 1 in 3 women or girls in their lifetime". According to the United Nations (UN) report, 137 women are killed by their spouses or relatives every day around the world. Although equality between women and men is one of the fundamental values of the European Union and has been highlighted in its Treaties and the Charter of Fundamental Rights, discrimination and violence against women is still the biggest social problem in Europe today.

3. Radical nationalism and xenophobia towards different cultures:

One of the problems that closely concern the societies that make up the European Union is undoubtedly increasing immigration, radical nationalism and xenophobia towards different cultures. Even in sports fields, these problems are encountered. Problems such as radicalization and xenophobia at a dangerous level are threatening the European Union. The aim of the project is to encourage the participation of young people in sports activities, thereby promoting the common values of combating addiction, intercultural dialogue, tolerance and respect for human rights.

Our project; It will support the EU's strategies for combating addiction, respect for different cultures and gender equality for the years 2020-2025, and will contribute to the realization of the EU's youth goals related to its strategies. With our project; We aim to contribute to the education of European youth who have awareness of drug and technology addiction in every aspect of their lives, who are sensitive to gender equality, who adopt an anti-discrimination attitude, who know and use their citizenship rights related to equality, and who have adopted the European identity.

* In order to achieve the specified goals, the sport branch 'Korfball' with anti-discrimination feature, which allows female and male players to take part in the same team, will be used as a tool.

* Today, it is accepted by many that sports have a healing effect in the prevention and rehabilitation of addiction. Sport is therapeutic, engaging in sporting activity improves and enriches life. If young people are directed to sports, we will contribute to the formation of a generation that looks to the future with more hope." Young people participating in our project; They will be informed about the European Declaration of Human Rights on substance and technology addiction awareness, intercultural dialogue, equality, discrimination and gender equality, the rights and freedoms in the UN Convention on Human Rights, and the EU's policies on these issues.

* three female and three male participants.

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* PRESENTATION ACTIVITY: With this event, it is aimed to inform the participating youth about drug and technology addiction and the EU's policies on related issues. Project teams will prepare a presentation on one of the following topics according to the task distribution to be made during the project preparation phase. Project teams will share their presentations with other participants at the project event. In preparation for the presentation, the group leaders will mentor the participating youth in the project team. Presentations will be prepared in a clear language. Participating youth in the

project teams; They will take equal responsibility during the realization of the presentation. It is expected that the young people presenting will improve their self-expression skills, self-confidence and self-esteem through this event. Peer mediated teaching method, question and answer method and presentation techniques will be used.

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* Topic1: *What are the symptoms of addiction? *Drug and substance use among young people *The most obvious effects of drug and substance addiction on our body

* Topic2 *Drug and substance abuse prevention programs * Addiction treatment methods * Relevant EU policies

* Topic3 *Technology and internet addiction test *Consequences of technology addiction *Technology addiction prevention programs *The importance of sports in the fight against addiction

* Topic4: *Equality of all people in the enjoyment of rights and dignity *Prohibition of discrimination *Right to personal freedom and security *Relevant policies of the EU

* Topic5: *European Convention on Human Rights.

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* VIZILTI(BUZZ)GROUPS STUDY: The participating youth will be divided into heterogeneous groups on each event day to discuss the following topic. Each group will first discuss the topic within the group and generate ideas. Then the groups will take turns sharing their ideas with other groups. During the online meeting to be held during the preparation phase of the project, the topics will be announced to the participating youth and it will be ensured that the participating youth come to the event with a preliminary preparation. Brainstorming and collaborative teaching method will be used in this activity.

* -Are the types of addiction/policies carried out for the prevention of addiction sufficient?

* -What is the role of the media on drug and technology addiction?/what should it be?

* -What is the role of sports in addiction prevention and treatment?

* -Gender roles/ Effects of gender roles on gender inequality

* -Are the policies implemented to prevent discrimination and its types/discrimination adequate?

How to prevent discrimination and gender inequality in sports?

* KORFBOL SPORTS COMPETITION: Korfball sport branch; Its playing structure and court are similar to basketball, but its ball is soft like a handball. Therefore, Korfball is a team game that does not require high skill. It is a rare, anti-discriminatory sport that allows male and female players to be on the same team. In this activity, which aims to raise awareness of the participating young people about gender equality through experience, the method of learning through experience will be used. Each partner will be responsible for the preparation of the korfball teams.

* Session 3:

* CULTURE TRANSFER ACTIVITY: A culture transfer event will be organized in seven event evenings so that the participating youth can introduce the elements of their culture to the other participants. Cultural dishes, dances, music and games will each be introduced in one evening. Peer-mediated learning method will be used.

What activities do you plan to implement? What is the number and profile of the participants involved?

In our project; Six young participants between the ages of 17-25, who have a history of addiction or addiction, and who are exposed to discrimination due to their socioeconomic and geographical disadvantage will be determined. Gender balance among the participants will be an important issue as the project activities are related to korfball. Korfball is one of the rare sports in which male and female players take part in the same team on the same field. In this way, each country will send

