



Erasmus+

*Two⁺
Two*

Sex Positivity & Wellbeing

Introduction

On behalf of TwoplusTwo organization from Italy, I want to invite you to become a partner in a KA152-YOU (Mobility of young people by Erasmus+ Programme) project called "Sex Positivity & Wellbeing" a 10 months partnership which consist of:

- 1) preparation activities (national researches and international exchange about sex education conceptions and practices);
- 2) a Youth Exchange of 9 days duration approximately, in October 2025. The venue is: Naples, South Italy.

The programme is very suitable for the organizations which want to explore foreign practices about Sex Education for young people.

The project will bring together representatives of organizations from different countries to work together in order to explore the concepts of sex education, body changes, body positivity, gender roles and social expectations, teen dating, contraception, sexual positivity and consent.

Objectives

The objectives of the project are:

1. creation of a safe, informal and inclusive space;
2. exchange of practices and educational methods;
3. increase the knowledge and awareness of young girls regarding the body and its changes through a body positivity lens, role expectations, contraception, consent, teen dating and sexual wellbeing;
4. strengthening of soft skills and empowerment of young girls.

Methodologies and Techniques

The methodologies and techniques we'd like to implement are:

- energizers;
- reflection exercises (brainstorming, debates, circle time etc.);
- creative activities (role playing, collages, drawings etc.).



Erasmus+

*Two⁺
Two*

Participants

Each organization will select n. 5 youngsters that will participate in the Erasmus+ youth exchange following the rules of Erasmus+ Programme. The participants should fulfill the following conditions:

- be young girls from 15 to 18 years old;
- be youngsters who have less opportunity to travel;
- have the ability to use English as the working language throughout the project;
- be willing to fulfill an open and active role in the exchange;
- have the availability to attend the entire project.

Participation Fee

No participation fee is required

Financial Information

Almost all expenses will be covered by funding from the EU Erasmus+ Programme. This includes food and accommodation. Travel expenses will be reimbursed, based on the Erasmus+ distance calculator.

If you are interested in participating in “*Sex Positivity & Wellbeing*”, reply to this email by sending the partner form fulfilled.

If you have any further questions, please feel free to contact me.

Email address: auroratesone97@gmail.com

Friendly Greetings
Aurora Tesone,
TwoplusTwo