

# VOICE & ACTION

TRAINING COURSE

9-17 MAY 2024  
BUCHAREST, ROMANIA



Co-funded by  
the European Union



# ABOUT THE PROJECT

Young people are increasingly now involved in 'alternative forms' of participation, including **youth activism, community volunteering, online activism or youth social movements** such as the climate activism movement. Related to this shift, youth civil society is also in a time of transition, moving from being based around structured hierarchical models of representation and participation to a more networked and diverse sector.

At the same time, many youth civil society organisations are also raising concerns about infringements on their freedom of association, assembly and expression, and what has been termed the 'shrinking space for civil society'.

Across Europe, it is now necessary to consider how our **democratic societies** recognise and support a range of **approaches to youth participation** and engage a diverse range of young people in democratic life. At the same time, it is still a concern that many young people feel disconnected from our democratic structures and institutions, and there is an ongoing need to enable young people to participate in democratic institutions and political structures both directly and indirectly. The **Erasmus+ and European Solidarity Corps programmes** further build upon this policy base by setting the objective of enhancing youth participation in democratic life.



**Voice & Action**

# OBJECTIVES

1

Improve the competences of 29 youth workers' in promoting youth participation by exchanging efficient tools, successful stories and attractive programs.

2

Promote active citizenship and youth participation among local youngsters by developing catchy raise awareness campaigns and empowerment programs.

3

Enhancing the capacity of 10 NGOs to empower youth in becoming active citizens in their local communities by developing common campaigns and international projects.



# PROFILE OF PARTICIPANTS

**Youth workers** (long-term volunteers, social workers, educators, social pedagogues, community development facilitators, counselors, trainers, facilitators, and other related staff implementing non-formal activities), who are **actively involved** in promoting **active citizenship** and **youth participation**;

Aged 18+;

Proven experience associated with **youth work** and **youth participation**;

Responsible for disseminating **awareness campaigns** within NGOs;

Able to use the newly gained competences on local campaigns;

Able to speak **English** at least at a conversational level.



# FINANCIAL AND LOGISTICS

## ● Travel tickets

The project is co-funded by Erasmus+ Programme. Accommodation, food, traveling, materials, visa costs are fully covered.

All tickets are booked and bought **only after the approval** of COSI's staff. Only previously approved travel expenses will be reimbursed, so please do not buy any tickets until this has been agreed with the hosting organization.

Participants are asked to keep all of the **original tickets, boarding passes, receipts/invoices** which will be collected during the training.

## ● Health Insurance

Health insurance IS NOT provided and reimbursed by organizers. All participants are strongly advised to issue private travel insurance.

All EU-based participants need to apply for **European Health Insurance Cards (EHIC)**.

Please let us know if you have any illnesses or use any medicine and you have a special diet or/ and have any kind of limitation.

## ● Reimbursement

The reimbursement process will take place after the mobility, within approx. 30 days, to the partner organisation bank account. However, we will reimburse participants after: collecting all the travel documents (tickets, boarding passes, invoices), filling the reimbursement form, filling the final Mobility Tools online evaluation, and **only if the participants were actively involved in the whole duration.**

The travel budget limit is:

100 – 499 km 180 EUR (Green Travel: 210 EUR )  
500 – 1999 km 275 EUR Green Travel: 320 EUR)  
2000 – 2999 km 360 EUR (Green Travel: 410 EUR)

## ● Venue

The Training Course will take place in **Bucharest, Romania**, the capital and largest city, as well as its cultural, industrial, and financial center.

# DAILY SCHEDULE

## Day 1

Project opening, getting to know each other and introduction to Youthpass. Formal and Non formal education. Group-building activities. Daily evaluation. First intercultural evening.

## Day 2

Presentation of the topic 'What is youth participation?'. We will have the chance to get a better understanding different types of participation and how to make our voice as citizens heard. Daily evaluation. Second intercultural evening.

## Day 3

We will go deeper into the participation topic by debating about democracy and about voting, in the perspective of the upcoming European elections. Daily evaluation. Third intercultural evening.

## Day 4

Discussion about participation in our countries. Study visit. Daily evaluation. Night out.

## Day 5

ENTER Game, to discuss social issues. Discovering EU Programs to promote youth participation and empowerment. Daily evaluation. Free evening

## Day 6

Creative factory: how to develop a campaign to promote youth participation. Daily evaluation.

## Day 7

Results of the Creative Factory. Dissemination. Final evaluation. 'From Diary to Certificate: Youthpass'. Youthpass ceremony and project's closing.

Date/Time	Day 1 - 09.05	Day 2 - 10.05	Day 3 - 11.05	Day 4 - 12.05	Day 5 - 13.05	Day 6 - 14.05	Day 7 - 15.05	Day 8 - 16.05	Day 9 - 17.05	
	Arrival	Introduction and group building	Introduction in Hate speech topic	Different types of discrimination	Learning how to recognize Hate speech	How to Answer?	Learning into practice	Dissemination and follow-up	Departure	
8:30-10:00	ARRIVAL	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	
10:00 - 11:30		Project Opening	What is Youth Participation?	Danger 4 Democracy	Good examples in our countries	ENTER Game	Develop a Campaign	Creative factory results	DEPARTURE	
11:30 - 12:00		Coffe break	Coffe break	Coffe break	Coffe break	Coffe break	Coffe break	Coffe break		
12:00 - 13:30		Formal and Non-Formal education	Voice and Action	Why to Vote?	Open space for Sharing	Youth participation and Erasmus+	Creative Factory 1	Open space for sharing		
13:30 - 15:00		Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch		
15:00 - 16:30		Getting to know each-other	Traditional vs Alternative methods of Participation	Let every voice be heard	Study visit to representation of the European Parliament's Office in Romania	Youth participation and ESC	Creative Factory 2	Beaurocracy		
16:30 - 17:00		Coffee Break	Coffee Break	Coffee Break		Coffee Break	Coffee Break	Coffee Break		Coffee Break
17:00 - 18:30		Group Building	Which one is more efficient?	NGO Baazar		Youth participation and other support	Creative Factory 3	Final evaluation		
18:30-19:00		Welcome evening (A)Official welcome (B) Who we are (C) Ice breaker	Individual evaluation, Reflection of the day + Youthpass Daily evaluation meeting	Individual evaluation, Reflection of the day + Youthpass Daily evaluation meeting	Individual evaluation, Reflection of the day + Youthpass Daily evaluation meeting	Individual evaluation, Reflection of the day + Youthpass Daily evaluation meeting	Individual evaluation, Reflection of the day + Youthpass Daily evaluation meeting			
19:00-20:00		Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner		Dinner
20 30	Free time	Inter-cultural evening	Inter-cultural evening	Inter-cultural evening	Night out	Free time	Movie night	YouthPass Ceremony		



# LOOKING FORWARD TO SEEING YOU!

If you have any questions, contact us at [voiceandactiontrainingcourse@gmail.com](mailto:voiceandactiontrainingcourse@gmail.com)

