

20
AÑOS
TAMBIÉN
Contigo



FUNDACIÓN
TAMBIÉN

SPORTS
FOR ALL

DEPORTE ADAPTADO PARA LA INCLUSIÓN
DE PERSONAS CON DISCAPACIDAD



También Foundation is a non-profit organization that has been working since 2001 for the social inclusion of people with disabilities and the promotion of educational values in adapted sports, leisure and free time activities. We think especially in the youngest so that they can enjoy their free time in equal conditions.

We provide adapted material, the necessary logistics and possible subsidies to cover the costs of courses, trips and activities for people with "different abilities".

An incessant activity is carried out nationwide, reaching more than 9,000 beneficiaries and 200 associations. The professional team is made up of 10 people specialized in different fields: pedagogues, psychologists, sports and disability



LOTS OF ACTIVITIES FOR EVERYONE!





•The social purpose of the También Foundation is the social inclusion of individuals with any degree of physical and organic, mental and sensory disability through the practice of sports and the development of educational values in adapted sports, leisure and free time activities.

•Mission

•Contribute to the improvement of the quality of life of people with disabilities and their families, organizing inclusive actions in which sport is a tool for personal growth. To favor the process of acquiring personal autonomy in a context of support and free participation.

•Vision

•The Foundation also works to achieve an inclusive society in which people with any type of disability can exercise their rights with full freedom and understands inclusive sport as a bridge towards an improvement in the quality of life, resilience and freedom of people with disabilities.

•Values

•Our values are the following:

•**Inclusion:** we believe that society cannot leave aside people with disabilities and we work to make their needs visible.

•**Resilience:** overcoming painful situations makes us grow as people.

•**Empathy:** the way to understand the needs of others is to put ourselves in their shoes.

•**Transparency:** The best way to generate trust is to be clear with society.





The project we are presenting Sports for All, has the aim of fostering values of respect and equality in the society and the implementation of inclusive activities for children with disabilities

“Sports for All” is a great opportunity for children with disabilities to make friends, have fun, overcome difficulties and gain valuable life habits through sports. All these activities are shared with children without disabilities.

According to European Commission estimates, some 80 million people have disabilities in Europe, including an estimated 45 million women. The situation in terms of equal rights is particularly delicate for this group, given their low visibility in the media and in political life. Some disabilities are congenital; others are the result of an illness or an accident that suddenly changes the lives of people with disabilities and their families.



According to the diagnosis of the European Strategy for the Rights of People with Disabilities 2021-30, the social vulnerability of people with disabilities is very high, with a 28.4% risk of poverty and social exclusion, compared to 18.4% of the population without disabilities.







Our target group is children with disabilities although our activities also involve children without disabilities to achieve social inclusion.

The number of children with disabilities who benefit of our activities is 5000 per year.

DETECTED NEEDS

Need 1. The need for people with disabilities and their social environment (family, friends, etc.) to receive information to learn about and access adapted leisure, free time and sports activities.

Need 2. Need to support people with disabilities in their process of inclusion in society through the promotion of leisure activities and free time in collaboration with other people without disabilities.

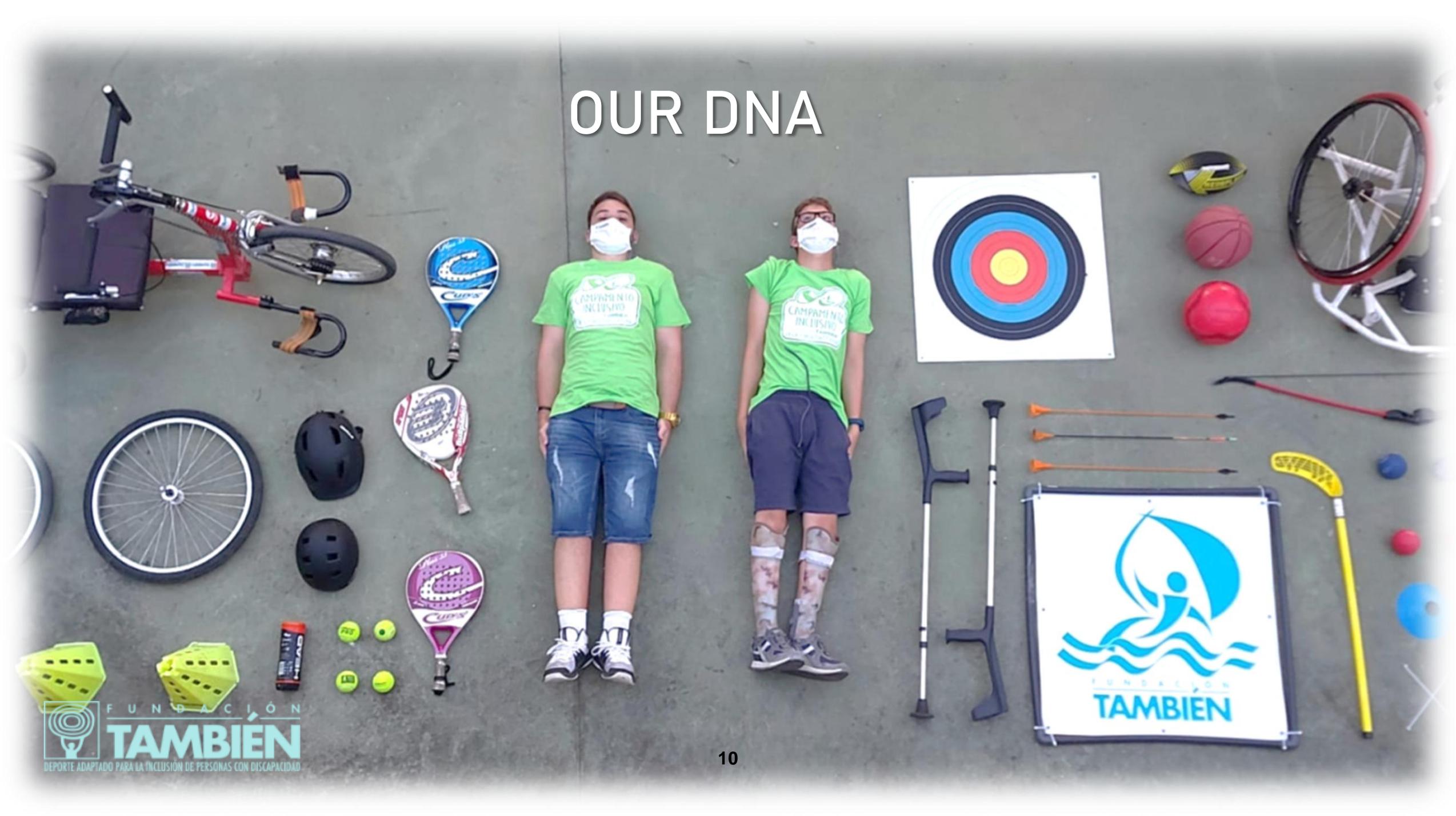


OUR GOALS

- 1) Improve the physical and psychological health of people with disabilities to improve the quality of life through sports.
- 2) Live a totally inclusive experience in which people with disabilities enjoy sport. Contribute to the acquisition of autonomy and personal self-esteem.



OUR DNA



In their daily lives, children with disabilities encounter countless barriers that prevent them from integrating normally into society. One of the barriers, which is the focus of this project, is that which prevents them from having access to a quality of life on an equal footing with the rest of society, so that they can obtain personal satisfaction, develop self-esteem and enjoy themselves like any other person.

Therefore the supply of leisure and free time activities for these people is frequently insufficient, not known, expensive or non-accessible. On the other hand, leisure and free time activities and sports activities are usually designed only for people with disabilities, so that they end up participating in them in isolation, instead of doing so together with the rest of the people, in an integrated and normalized way.

For this reason, the project foresees the realization of a series of activities of information and advice on the implementation of adapted activities of leisure, free time and sport, as well as accompaniment to people who wish to carry out these activities.



AWARDS AND HONOURS



- Premio Proyectos Sociales «Euros de tu Nómina» Santander 2020
 - I Premio al Esfuerzo DXAdaptado – Fundación Universia-Konecta 2020
 - Placa de Bronce al Mérito Deportivo otorgado por el Consejo Superior de Deportes 2019
 - Premio Roosevelt al Deporte 2019. Asociación Roosevelt (30 Años contigo) 2019
 - Premio Ciudad de la Raqueta a la Solidaridad 2018
 - Premio Fundación Mutua Madrileña
 - Premio Territorios Solidarios de BBVA 2016 y 2018
 - Premio Prodis 2015 del Cermi Madrid
 - Premio José Luis Fernández Iglesias
 - Premio Cepsa al Valor Social
 - Premio AFA en la categoría Deporte
 - Premio Talento Solidario de Fundación Botín
 - 7 Estrellas del Deporte de la CAM
 - Trofeo “Cristal de Nieve” de ATUDEM
 - TELVA a la Solidaridad
 - ABC Solidarios
 - “Estrella de Oro” del Club de Medios
 - “Igualdad y Tolerancia” del PP Gijón
 - Juan Palau
 - N’PY a la Solidaridad
 - Rompiendo Barreras con el Deporte, de la Fundación Deporte, Cultura y Desarrollo
 - “Santander Eres Tú”
 - “Para Nuestro Héroe” de Fundación ALEX y Fundación Laureus
 - ALFA de la Asociación Mensajeros de la Paz-Madrid
 - Fundación Solidaridad Carrefour
- Y ha resultado en dos ocasiones finalista de los prestigiosos premios Príncipe de Viana**

EXPERIENCES THAT WILL REMAIN IN THE SOUL!



A close-up photograph of four hands stacked together in a circle, symbolizing unity and support. Each hand is wearing a colorful wristband with the word 'TAMBIEN' printed on it. The wristbands are yellow, purple, blue, and light green. The background is a soft, out-of-focus outdoor setting. The entire image has a light blue-green tint.

TOGETHER FOR
INCLUSION!

www.tambien.org