

ABOUT ACT

Association Communities for Youth is a NGO acting in City of Bailesti South West Oltenia region of Romania.

ACT mission is to develop, implement and support youth development programs built around the concepts of lifelong learning, mobility and associativity ACT works to empower young people to participate actively in society to improve their own lives.

The aim of this empowerment is to establish a wide-based community movement which encourages the positive involvement of young people in solving issues which affect them, treating them as resources, not as problems.

Open Call for the **DiverseVibes: Empowering Youth for Inclusion project – ERASMUS+**

Through this **Open Call** the organization Association Communities for Youth - **ACT** is looking for partners for the **DiverseVibes: Empowering Youth for Inclusion** Youth Exchange.

Type of project: Mobility for youth K152 – **ERASMUS+**

Venue: City of **Craiova, Dolj County**, South West part of **Romania**.

Duration: From **24/10/2024 (day of arrival)** to **01/11/2024 (day of departure)** – **9 days total (7 full activity days and 2 Travel days)**

How many participants: **4** participants per group + 1 group leader

Profile of the Volunteer we seek:

- Aged between **18 to 30 years**
- The volunteers who apply for this project need to **like and be willing to engage with the activity programme**.
- **Active, open-minded, creative, innovative, responsible and motivated**
- The volunteers of this project should, above all else, show willingness to **learn** and see their **experience** as a **learning process**.
- **Basic level of English** (being able to make herself/himself understood by the others – able to communicate).

What will I DO in the **DiverseVibes: Empowering Youth for Inclusion** project?

In an interconnected world marked by diversity and constant change, the imperative for fostering social inclusion has never been more crucial; it is not merely a catchphrase, it encapsulates the very essence of building cohesive societies where everyone feels valued, respected, and embraced.

Project Goal:

The main objective is to empower young people with the knowledge, skills, and attitudes necessary to actively contribute to and advocate for social inclusion in their communities. The program aims to foster a sense of unity, understanding, and empathy among participants, with an emphasis on social inclusion of disabled young people, through non-formal education methods.

Specific Objectives:

1. Promoting social inclusion, by fostering understanding, tolerance, and acceptance among 16 youths from diverse backgrounds, by at least 60% compared to initial assessment.
2. Enhance non-formal education skills by 50% compared to initial assessment questioner: equip 16 participants with non-formal education tools and methods to address social inclusion issues. This goal will be accomplished by providing 6 activity description documents, with two assigned to each team.
3. Encourage cultural exchange to broaden participants' perspectives and challenge stereotypes.
4. Develop a sense of responsibility and commitment to the community for 16 participants, by engaging in 3 local social inclusion workshops.
5. Facilitate the creation of a supportive network for ongoing collaboration on social inclusion initiatives between the 4 project partners.

Schedule

Day 1: Welcome and Ice-breaking: The first day of the program focuses on building rapport among participants, establishing a comfortable and inclusive atmosphere, and introducing the overall goals and expectations of the Youth Exchange.

1. 9:30 AM - 10:30 AM: Welcoming and registration. Presentation of the youth exchange agenda, introduction to the Youth Exchange's goals and expectations. Logistic information and clarification of any questions regarding agenda/logistics. Get to know each other games.
2. 10:30 AM- 10:45AM: Coffee Break
3. 10:45 AM - 12:00 PM: partner organization's presentations.
4. 12:15 - 13:30: Fears and expectations- A valuable activity encouraging participants to openly discuss their concerns, hopes, and contributions for the upcoming experience.
5. 13:30 – 15:30: Lunch
6. 15:30 - 17:30: exercises that fosters cooperation, negotiation, and self-awareness among participants. It also simulates indirect communication with unknown groups, promoting team building, collaboration, and communication skills.
7. 17:30 - 17:45: Break
8. 17:45 - 18:30: activities aiming to create a visual representation of participants' backgrounds and previous experiences, facilitating group discussion and fostering understanding and connection among participants.
9. 18:30 – 19:30: Reflection and evaluation time.

Day 2: Understanding Social Inclusion: The second day is dedicated to developing a common understanding of social inclusion and its importance.

1. Morning Session: interactive simulation game to introduce the topic.
2. Coffee Break
3. Activity 2: brainstorming exercise to develop a common understanding of social inclusion and its importance.
4. Lunch
5. Afternoon Session: Activity to foster empathy, understanding, and social inclusion among participants through the sharing of personal stories.
6. Coffee break
7. Evening Session: Activity to raise awareness and facilitate critical reflection on stereotypes and biases held by participants in a safe and supportive group setting.

Day 3: Non-Formal education tools: On the third day, participants are equipped with non-formal education methods for promoting social inclusion.

1. Morning Session: introduce the concept of participatory learning techniques in a dynamic and engaging way.
2. Coffee Break
3. Activity 2: engage participants in a fun and interactive scavenger hunt that familiarizes them with non-formal education methods and tools, while also promoting research skills and collaboration.
4. Lunch
5. Afternoon Session: Craft engaging workshops aimed at fostering social inclusion and peer feedback.
6. Coffee Break
7. Evening Session: Reflection and group discussions on the day's learning.

Day 4: Cultural exchange: Day four focuses on encouraging participants to appreciate and celebrate diversity through cultural exchange.

1. Morning Session: Cultural Bingo and preparation time.
2. Coffee Break
3. Activity 2: Each group will have time to implement their workshop to the other participants, using non formal education tools, addressing social inclusion.
4. Activity to foster the importance of cultural exchange, cultural sensitivity and understanding by providing participants with the opportunity to explore and reflect on different cultural perspectives through visual representations.
5. Lunch
6. Afternoon Session: Communication styles game, aiming at helping participants understand different communication styles and practice adapting their communication approach to various situations and personalities.
7. Coffee Break
8. Evening Session: Intercultural evening.

Day 5: Community Engagement: The fifth day sees participants applying their knowledge and skills in real-life social inclusion workshops.

1. Morning Session: Introduction to the community engagement day. Briefing on the activities' goals and expected outcomes
2. Coffee Break
3. Activity 2: Community Engagement Exploration with ActionBound
4. Lunch
5. Afternoon Session: In the formed groups, participants will implement the workshop in the local educational centers, with facilitators providing support.
6. Reflexion and evaluation time

Day 6: Networking and Collaboration: Day six focuses on building lasting connections for future social inclusion projects.

1. Morning Session: Speed networking sessions to provide participants with structured opportunities to meet and connect with each other in a fast-paced and dynamic environment, fostering meaningful interactions and building relationships.
2. Coffee Break
3. Activity 2: games promoting teamwork and cooperation
4. Lunch
5. Afternoon Session: Collaborative Project Planning activity to empower participants to work together effectively, collaborate on project ideas, and develop a plan for implementing a collective project.
6. Coffee Break
7. Evening Session: Action Planning for Future Collaboration: Empower participants to develop actionable plans for future collaboration initiatives that can be implemented beyond the youth exchange, fostering sustainable partnerships and social impact.

Day 7: Evaluation and closing ceremony: The final day of the program is dedicated to reflecting on the week, assessing individual and group growth, and celebrating achievements.

1. Morning Session: games to foster a relaxed atmosphere, enabling participants to feel at ease and comfortable on the final day of activities. This relaxed setting encourages participants to share their reflections with an open mind afterward.
2. Coffee Break
3. Activity 2: Assessing Individual and Group Growth
4. Friendship bracelet exchange
5. Lunch
6. Afternoon Session: Closing ceremony and awarding of certificates.
7. Coffee Break
8. Evening Session: Photo Reflections

Each day's structure is designed to balance educational content, practical activities, and opportunities for cultural exchange and relaxation. This ensures a holistic and enriching experience for all participants.

**If you are interested and want more information you can also
[CONTACT US AT](#)**

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