

ABOUT ACT

Association Communities for Youth is a NGO acting in City of Bailesti South West Oltenia region of Romania.

ACT mission is to develop, implement and support youth development programs built around the concepts of lifelong learning, mobility and associativity. ACT works to empower young people to participate actively in society to improve their own lives. The aim of this empowerment is to establish a wide-based community movement which encourages the positive involvement of young people in solving issues which affect them, treating them as resources, not as problems.

Open Call for the AIM HIGH - (Advancing Intercultural Mentoring for Holistic Impact and Growth) *project - ERASMUS+*

Through this **Open Call** the organization Association Communities for Youth - **ACT** is looking for partners for the AIM HIGH – (Advancing Intercultural Mentoring for Holistic Impact and Growth) **Mobility of Youth Workers**

Type of project: Mobility of youth workers (KA153-YOU)– **ERASMUS+**

Venue: City of **Craiova, Dolj County**, South West part of **Romania**.

Duration: From **01/09/2024(day of arrival)** to **09/09/2024(day of departure)** – **9 days total (7 full activity days and 2 Travel days)**

How many participants: **5** youth workers per group

This project directly aligns with the Erasmus+ programme's **objectives to:**

- **Promote youth participation and inclusion:** By equipping youth workers with effective mentoring skills, we empower them to better support and integrate local and international volunteers in their projects, fostering inclusion and active citizenship.
- **Enhance personal and professional development:** Mentorship training equips youth workers with valuable skills that benefit their professional development and improve the quality of volunteer experiences, contributing to lifelong learning and employability.
- **Promote intercultural dialogue and understanding:** By bringing together youth workers from diverse backgrounds, the project facilitates cultural exchange and fosters understanding and collaboration across borders.

Specific Project Objectives:

1. **Increase the knowledge and understanding of effective mentoring practices in youth work:** To equip youth workers with the necessary skills and techniques to effectively mentor both local and international volunteers, covering topics such as communication, conflict resolution, intercultural awareness, and personal development support.
2. **Develop practical skills for building successful mentoring relationships:** Participants will engage in interactive workshops, simulations, and peer-to-peer learning to translate theoretical knowledge into practical skills for creating positive and impactful mentoring relationships with volunteers.
3. **Promote cultural exchange and understanding:** By bringing together youth workers from different countries and backgrounds, the project fosters collaborative learning, intercultural dialogue, and the sharing of best practices in volunteer management.
4. **Strengthen international networks and partnerships:** Encourage participants to forge lasting professional connections and collaborations across borders, facilitating the exchange of knowledge, resources, and opportunities for future youth projects.
5. **Enhance the quality of volunteer experiences:** Equipping youth workers with effective mentoring skills ultimately leads to improved support and guidance for volunteers, enhancing their learning, development, and overall experience within the project.
6. **Disseminate learning outcomes and best practices:** Participants will create resources and tools to share knowledge and best practices with colleagues and organizations back in their home countries, ensuring a broader impact and sustainability of the project's outcomes.

7-Day Training Agenda: Mentoring in Youth Work

Target Audience: Youth workers interested in developing their skills and knowledge in mentoring local and international volunteers.

Objectives: This training aims to:

- Increase understanding of effective mentoring practices in youth work.
- Develop practical skills for building successful mentoring relationships.
- Promote cultural exchange and understanding.
- Strengthen international networks and partnerships.
- Enhance the quality of volunteer experiences.

Training Schedule:

Day 1: Introduction and Foundation

- **Morning:**
 - Welcome and Introductions
 - Project Overview and Objectives
 - Understanding Mentoring in Youth Work: Definitions, Models, and Benefits
 - Key Qualities and Skills of Effective Mentors
- **Afternoon:**
 - Interactive Activity: Sharing Mentoring Experiences
 - Case Studies: Successful Mentoring in Diverse Contexts
 - Networking and Collaborative Work

Day 2: Communication and Relationship Building

- **Morning:**
 - Effective Communication Skills for Mentors: Active Listening, Feedback, and Cultural Sensitivity
 - Building Trust and Rapport with Volunteers
 - Establishing Mentoring Agreements and Boundaries
- **Afternoon:**
 - Role-playing Scenarios: Communication Practices in Mentoring
 - Group Discussion: Fostering Positive and Inclusive Relationships
 - Cultural Awareness and Sensitivity Training

Day 3: Supporting Volunteer Development

- **Morning:**
 - Setting SMART Goals and Objectives for Volunteers
 - Motivational Strategies and Empowerment Techniques
 - Providing Constructive Feedback and Guidance
- **Afternoon:**
 - Workshop: Developing Personalized Mentoring Plans
 - Peer-to-Peer Coaching and Feedback Practice
 - Identifying and Addressing Volunteer Challenges

Day 4: Intercultural Dialogue and Collaboration

- **Morning:**
 - Understanding Cultural Differences in Volunteer Management
 - Overcoming Cultural Barriers and Communication Gaps
 - Leveraging Intercultural Collaboration in Mentoring
- **Afternoon:**
 - World Cafe Discussion: Sharing Best Practices across cultures
 - Planning Collaborative Activities for International Volunteers
 - Building International Networks and Partnerships

Day 5: Conflict Resolution and Ethical Considerations

- **Morning:**
 - De-escalation Techniques and Conflict Resolution Strategies
 - Addressing Ethical Dilemmas and Maintaining Boundaries
 - Promoting Safe and Empowering Mentoring Environments
- **Afternoon:**
 - Case Studies: Navigating Ethical Issues in Mentoring
 - Group Problem-solving Practice: Addressing Challenging Scenarios
 - Developing Referral Systems and Support Networks

Day 6: Evaluation and Sustainability

- **Morning:**
 - Measuring the Impact of Effective Mentoring
 - Developing Feedback Mechanisms for Volunteers and Mentors
 - Sharing Project Outcomes and Success Stories
- **Afternoon:**
 - Action Planning: Implementing Learnings in Home Organizations
 - Developing Dissemination Strategies and Resources
 - Building Sustainability and Networking Opportunities

Day 7: Wrap-up and Celebration

- **Morning:**
 - Final Session: Reflections and Feedback
 - Course Evaluation and Completion Certificates
- **Afternoon:**
 - Farewell and Networking Event

Each day's structure is designed to balance educational content, practical activities, and opportunities for cultural exchange and relaxation. This ensures a holistic and enriching experience for all participants.

If you are interested and want more information you can also [CONTACT US AT](#)

Email: officengo.act@gmail.com

WhatsApp: +40 786 845 713