



«Walk the walk and talk the talk!»

- ▶ KA1 Project
- ▶ Duration of the project: 1st July 2024 – 31st March 2025
- ▶ Leader of Consortium: CAAB – Cultural and Recreational Center of Aguada de Baixo
Aguada de Baixo, Portugal
- ▶ Partner Countries: Portugal | Slovenia | Czechia | ? |

1. Context of the Project

For many young people and even adult citizens, active democracy is often limited to the act of voting, which they feel is their only responsibility in the current state of social and political affairs in their community, region, country, Europe. Although there has recently been a greater involvement of young people, especially in matters related to the ecological footprint, the truth is that this comes from a feeling of self-preservation, combined with a sense of powerlessness towards both the selfish actions of previous generations and the current government inaction. In fact, there is intermittent youth action, however it is aimed at global issues and rarely regional or local problems. This is heightened by the underrepresentation of young people in political bodies and decision-making processes, which in itself is a major obstacle to their engagement in issues beyond the spectrum of sustainability.

It is therefore essential to diminish young people's alienation from civic affairs and to promote active participation, based on an understanding of the various political bodies and the identification of concrete problems and solutions in the community, after listening to other citizens of the community and young Europeans. This active participation combines reflection, argumentation, but above all concrete involvement in decision-making and in the implementation of the solution. It is therefore not enough to say what should be done ('talk the talk'); It is essential to act civically in line with what they stand for, to roll up our sleeves and act ('walk the walk').

Moreover, as a result of the natural mobility on European soil, citizens who want to contribute to and benefit from the European project, are turning the spaces increasingly intercultural. However, what we are seeing is a distancing of migrants from local decision-making processes, something that is undeniable in the cities and especially in European villages. With WWATT, we also want young people to hear local migrant citizens and instigate them to be involved in local reflection and decision-making processes.

Thus, WWATT addresses the issues of participation and civic involvement of young people in democratic processes and the inclusion of immigrants in local democratic dynamics. Democracy thrives on the involvement of everyone, regardless of their age group or background. The distancing of any group in decision-making processes only promotes segregation and the construction of fragile and linear solutions, which do not meet the needs of all citizens.

2. Project Life Cycle

		JUL	AUG	SEPT	OCT	NOV	DEC	JAN	FEB	MAR	
Visibility of the Project		Visibility of the project Social Networks, Newsletter, Newspaper Articles,...									
Preparation Activities		Preparation A1		Preparation A2				Preparation of local event			
Local Activities		Local Sessions: Interviews, presenting the community, intercultural night							Local Event		
		Virtual Activities									
Mobility Activities	Type			A1			A2				
				PV			YE				
	Date			14-15 SEPT			15-20 DEC				
	Participants			2pax			8pax+2				
Dissemination								Video of YE (preparation)	Dissemination of the YE video, interviews. learning results and solution presented to local community		
Evaluation				Partial Evaluation (PV)				Partial Evaluation (YE)	Partial Evaluation (local event)	Final Evaluation	



3. Activities

Preparatory Visit

Dates: 14 September - 15 September, (1 travel day – 13th September) Šalovci, Slovenia

Participants: 1 youth worker/project manager + 1 young participant that will be part of the YE;

The purpose of this activity is to prepare the youth exchange, divide tasks, check logistics for the YE and discuss what is to be addressed in local sessions.

Local Sessions

Period: August - November (frequency and timing decided by each organization according to participants' availability)

Participants: 8 young people (16-19) that are going to be part of the Youth Exchange and 2 group leaders (aged above 20 y.o).

In these sessions, participants are going to prepare, develop and edit the interviews to 4 citizens of the community, prepare the intercultural night and the presentation of their community to share on jamboard before the YE. Bear in mind the following:

INTERVIEWS:

- a) 4 citizens of the community should be video-interviewed. They should be all aged between 30 and 60 y.o. and 2 of the interviewees should be immigrants.
- b) Interviews should be made in order to understand what is missing in the village (problems that could be solved with the participation of the community...not construction/building related), how these citizens are involved in local decision-making processes (local political assemblies or meetings), if they are willing to help solving the problem and if they usually participate in community events, how young people can or



should participate more. The interviews should be informal and led by young people that should be able to active listen to the citizens and get the information needed, without being an interrogation.

- c) Interviews must have English subtitles so that we can all watch them during the YE;

INTERCULTURAL NIGHT

The nature of it is going to be discussed during preparatory visit, however, usually participants share cultural aspects (dance, music, traditions, gastronomy) of their country with other participants.

LOCAL PRESENTATION

Participants should present their community: culture, photos and statistic data (migration patterns, age groups, economic activities, for instance), as well as their difficulties and learnings while doing the interviews. The objective is that we understand each community in overall and later on the YE understand how the action suggested by the group is related to their community.

Please, take photos and videos of activities, so that they can also be used in project's visibility and final report.

Virtual Activities

Before the mobility, participants will be asked to do the following:

- a) Facebook page – Present themselves to the group in a creative way;
- b) Jamboard – The group presents their community in an infographic (1 page of jamboard);

LOCAL PRESENTATION

Participants should present their community: culture, photos and statistic data (migration patterns, age groups, economic activities, for instance), as well as their difficulties and learnings while doing the interviews. The objective is that we understand each community in overall and later on the YE understand how the action suggested by the group is related to their community.



c) Editing and creating the EN subtitles for their interviews;

During the mobility:

a) With the support of their group leaders, each group will daily create an online content (post, tik tok, reel, story,...) to post in social media and promote discussion about the topic of democracy and their learning. Then all participants will share the content created by the others, multiplying the visibility of the project and about the theme.


A2 – Youth Exchange

Dates: 15th of December till 20th of December (plus 2 travel days – 14th December and 21st of December), Šalovci, Slovenia

Participants: Total number: 32 + 8 group leaders - 8 young people (16-19 y.o) and 2 group leaders (above 20) from each community. These young people are from rural areas or away from large population centres and have the following characteristics:

- a) Little or no opportunity to discuss matters of European interest with other young people in Europe;
- b) Interested in developing their competence in a foreign language (English);
- c) Interested in the project's theme;
- d) Willing to have a more active participation in their community;
- e) Motivation and willingness to participate in all phases of the project (including local sessions).

A few notes...

 **We made a commitment in application form to involve at least 40 % of young people with fewer opportunities in each group.**

Please share with us how many participants with fewer opportunities you commit to involve in this project.



Selection of participants: Participants must be informed of all project activities and must be willing to participate actively in local and international activities. Therefore, it is suggested that a learning contract be signed, in which their rights and responsibilities are clear, so that young people are aware of their involvement in the project. In addition, the gender balance should be maintained as far as possible.

In the exchange, young people will have workshops related to building and filming a short movie (initiative level), so no prior knowledge or experience needed. During the majority of the Youth Exchange, they will develop activities based on the NFE related to youth participation and democracy. Types of activities to be developed:

Energizers – Icebreakers – name games – group Building activities – workshops - intercultural nights – visit to places related to the projects’ topic – team challenges - peddy paper –reflection and evaluation activities.

Moreover, they are expected to plan a concrete solution to a local problem, something that could be done locally with the help of remaining citizens of their community. They are expected to present this action to the community and to the local political bodies during the local event.

Local Event

After the youth exchange, each group of participants is expected to prepare the presentation of their suggestion of action (that they developed during the YE and improved with the support of other EU participants and group leaders) to share with their local community and local political body, in the form of an event. In this event, besides presenting their action and getting feedback from the audience, they should share their learning experience in a E+ project and the video of the YE.

The objective of this activity is to expand the impact of the project, promote the discussion about democracy and active participation, as well as involve other citizens in the solution of local problems.







This activity should happen during February, 2025, according to each group's availability. Please, take photos and videos of the event, so that they can also be used in project's visibility and final report.

4. Visibility and Dissemination

Visibility measures must be carried out throughout the project by all organizations, giving visibility to the Erasmus + program and the project itself. Therefore, the visibility of the project is foreseen after its beginning, in relation to its activities (Preparatory Visit, local sessions and Youth Exchange) and in relation to the local event.

Suggested visibility measures:

-  Content sharing on social media;
-  Share content on each organization's website;
-  Interviews and reports in the local, regional and national media;
-  Present the project on the European network of each organization;

Dissemination, also developed by all organizations, is related to the sharing of project results and is therefore developed after activities.

Results to be disseminated:

- a) The interviews carried out by young people (at least the 4 that are related to the organization's local community);
- b) Video that summarizes the YE (created by CAAB with photos and videos shared by participants and group leaders);
- c) The solution proposed by young people for the local problem that they identified and that could involve other citizens in their implementation;
- d) Participants' learning;



Planned dissemination measures:

- a) Activity developed in the community (referred above);
- b) Sharing content on social media;
- c) Share content on the website of each organization;
- d) Interviews and reports in the local, regional and national media;
- e) Present the project on the European network of each organization;

5. Logistics & Budget

Travel Expenses

We trust that the selection process carried by each organization is going to be in line with the project theme and that all participants are going to be motivated to be part of the plan of activities, as it is going to be clear and presented beforehand. However, in order to guarantee that participants don't use this opportunity just to travel and sightsee (as we heard from other organizations' experiences), we believe that the best solution is to reimburse (in hands) participants in the morning of the last day of activities, as long as they become part of all activities of the youth exchange. Therefore, each organization should make participants aware that the reimbursement is going to depend on their presence in all activities. In case any organization decides to cover their participants' travel expenses, we will also bank transfer the full amount on the last day of activities. Of course, we are aware of the specificity of each organization, so we can discuss this situation more thoroughly after the project is approved.

The reimbursement is going to be made taking into account the limits foreseen by Erasmus+ distance band and the presentation of expenses through invoices.



Limit / Distance Band

You should calculate the grant taking into account the distance between your association's city/village to Šalovci, Slovenia. **Please inform us in which distance band your group is, when you send the PIF.**

Distâncias de viagem	Viagens ecológicas	Viagens não ecológicas
10 – 99 km	56 EUR	28 EUR
100 – 499 km	285 EUR	211 EUR
500 – 1999 km	417 EUR	309 EUR
2000 – 2999 km	535 EUR	395 EUR
3000 – 3999 km	785 EUR	580 EUR
4000 – 7999 km	1188 EUR	1188 EUR

As you may understand, it is essential that you sign a participant's agreement with your group so that they understand this process and are aware of the logistics related to the reimbursement .

Accommodation

► Preparatory Visit

Participants will be accommodated in double rooms and be provided with 5 meals a day: breakfast, mid-morning snack, lunch, mid-afternoon snack, dinner.

► Youth Exchange

Participants will be accommodated in dormitories, by gender, in a hostel. They will be provided 5 meals a day: breakfast, mid-morning snack, lunch, mid-afternoon snack, dinner.

There is going to be a common room (a «headquarters») where all the main activities are going to be developed.



Consortium Commitment

We believe that WWATT! is a great opportunity for us all to improve our capacity to act and make a change in our area of intervention, by capacitating ourselves, as organizations, as well as our youth.

In order to contribute to the success of WWATT!, we believe we should all be aware of our role as project partners and our responsibilities. We believe that if we all commit to the following objectives, it is going to be the project that we all imagined.

- ▶ Promote the visibility of the project and the ERASMUS + program in our local communities;
- ▶ Contribute to good practices for the development and optimization of all project activities, evaluation and identification of risks;
- ▶ Ensure, within our responsibilities, that the objectives of WWATT! are achieved and that the impacts foreseen are guaranteed or optimized;
- ▶ Promote the dissemination of the results of the project in our partnership network and in our community, through the measures agreed;
- ▶ Guarantee the development of all the planned activities of the project, both locally and internationally;
- ▶ Respect the profile agreed in the consortium for Preparatory Visit and Youth Exchange participants in our selection process and ensure that they have the motivation and availability necessary to get involved in all phases of WWATT!;
- ▶ Provide adequate space and support for the development of the interviews in the local community;
- ▶ Respect the schedule of activities and tasks defined in the consortium;
- ▶ Support our participants in the development of the local event, in which they present the action to both community and local political bodies;
- ▶ Contribute, in articulation with our participants and group leaders, to the partial and final evaluation of the project;