

PROJECT PROPOSAL

KA220- YOU

Climate change is a global problem that is considered as the source of many catastrophic events that have happened and that are likely to happen in the future. Research shows that climate change has many psychological and physiological effects. To observe the psychological effects (such as depression, anxiety, suicidal thoughts, etc) is harder than to observe its physical effects (Aras and Demirci, 2020). That is why studies focused at the psychological effects of climate change are valuable. The main objective of this project is to raise awareness on climate change and environment for young people and youth workers and to equip young people with skills to cope with climate issues. We intend to develop an intervention program for the use of youth workers and thus increase the well-being and psychological resilience of young people on ecological and environmental issues through youth workers.

For these purposes 7 partners from different European countries will come together to contribute to the Project: İstanbul University Cerrahpaşa (as the applicant), Ministry of Directorate of Family and Social Services, Başlangıç Association from **Türkiye**. We need 4 partners outside Turkey who are interested in ecology and environmental issues and who work in the field of youth.

There will be 1 transnational meeting in each partner country, 4 in total. We will have 1 multiplier event in each partner country to share the Project results with relevant stakeholders. This project is expected to contribute to the development of psychological intervention programs about the impact of global climate change for youth. Within the scope of the project, a methodological and theoretical framework for the prevention program that youth workers can use will be created and developed. A digital platform will be founded and outputs such as the preparation of toolkits will be included.

Project Duration: The Project is planned to be finalised in two years.

References

- Aras, B. B., & Demirci, K. (2020). İklim değişikliğinin insan sağlığı üzerindeki psikolojik etkileri. *Nazilli İktisadi ve İdari Bilimler Fakültesi Dergisi*, 1(2), 77-94.
- Clayton, S., & Karazsia, B. T. (2020). Development and validation of a measure of climate change anxiety. *Journal of Environmental Psychology*, 69, 101434.

Hogg, T. L., Stanley, S. K., O'Brien, L. V., Wilson, M. S., & Watsford, C. R. (2021). The Hogg Eco-Anxiety Scale: Development and validation of a multidimensional scale. *Global Environmental Change*, 71, 102391.