

ERASMUS+ PARTNER IDENTIFICATION FORM

OID: E10014108

Legal Name: Asociația Centrul de Dezvoltare Personală și Combatere a Comportamentelor de Risc

Acronym: PSIHO KIT

Address: 35, Rusciorului Street

Country: Romania

Postal Code: 550112

City: Sibiu

Website: www.psihokit.ro

E-mail: acdpcr@gmail.com

Phone: +40753063882

Type of organisation: Non-governmental organization/association – Non profit

Legal representative: Popescu Ioana-Mirela

Gender: Female

Position: President

E-mail: popescu.ioana.mirela@gmail.com

Phone: +40753063882

Contact person: Popescu Ioan-Valentin

Gender: Male

Position: Vice-president

E-mail: popescu.ioan.valentin@gmail.com

Phone: +40753930149

Background and experience:

Since 2015, we have been helping children, adolescents and adults at risk to develop in a harmonious way, ensuring, through counseling, their social and professional integration.

We want to offer specialized, practical and relevant programs for developing life skills. Our programs are intended to help the socio-professional integration of the beneficiaries.

Our mission is to prevent and reduce risk behaviors, to ensure the necessary conditions for the development of the beneficiaries' skills and life skills, and to offer professional training courses in order to improve their quality of life. Our most important values are: integrity, responsibility, unity, innovation and continuous development.

We want an inclusive community where children, youth and adults can have access to specialized, practical and relevant international programs for their personal optimization, with a view to effective socio-professional integration.

We developed projects for children, youth and adults such as:

- The „Special Youth Development Program” aims to develop the life skills of children and young people from foster care centers to improve their quality of life and facilitate social integration.
- The “The value of values” project is a project intended for children and teens in foster care centers, which aims to combat risky behaviors by highlighting human values.
- The “Colorful Ideas” project aims to develop the personal autonomy of children and young people in foster care through the development of creative and critical thinking.
- “ABC for success” is a project that aims to explore the options and personal resources of students from the final classes in order to guide them in their educational and professional orientation.
- “Spread Smiles” is a project intended for personnel in the social field (psychologists, social workers, educators, psychopedagogues, occupational therapists, etc.). The project aims to train employees in order to develop their skills of managing relations with beneficiaries.
- The “Let’s Grow Together” project, project number 2021-2-RO01-KA122-ADU-000041677, is financed by the Erasmus+ Program, Adult Education field. The aim of the project is to develop conflict management skills and bullying behaviors through creative and cooperative methods in adult education.
- The project “Mindful. Creative. Green.”, project number 2022-2-RO01-KA122-ADU-000093676, is financed by the Erasmus+ Program, Adult Education field. The project aims to develop the emotional, creative and ecological skills of trainers within the organization.

POPESCU IOANA-MIRELA is school counselor, trainer, psychologist and psychotherapist within the PSIHO KIT team, certified by the College of Psychologists in Romania, in clinical psychology.

Since 2011, she has been working with children and adolescents with learning difficulties, relationship and adaptation difficulties, emotional and behavioral disorders both in individual and group activities.

She coordinated and implemented projects for children, young people and adults on topics related to socio-emotional development, development of life skills, combating risky behaviors and career guidance.

EDUCATION AND TRAINING

- Faculty of Psychology and Educational Sciences, Psychology specialization, “Transilvania” University, Braşov;
- Master in Organizational Psychology. Diagnosis and intervention in organizations, Faculty of Social and Human Sciences, “Lucian Blaga” University Sibiu;
- Master Clinical Psychology, psychological counseling and psychotherapy, Faculty of Social and Human Sciences, “Lucian Blaga” University Sibiu;
- Training in Psychotherapy – Classical Psychodrama, Romanian Association of Classical Psychodrama, Sibiu;
- Postgraduate program – Psychopedagogical interventions for children with disabilities and their families, Faculty of Psychology and Educational Sciences, field of Educational Sciences, “Babeş-Bolyai” University, Cluj-Napoca;
- Trainer, Doctus Institute, Sibiu;
- Worker through combined arts, PECA RO TRAINING SRL, Năvodari, Constanţa;
- Numerous training courses accredited by the Romanian College of Psychologists and the Ministry of Education.

POPESCU IOAN-VALENTIN is trainer, psychologist and psychotherapist in Classical Psychodrama within the PSIHO KIT team, certified by the College of Psychologists in Romania, in clinical psychology and psychotherapy.

Since 2016, he has been working with children and adolescents with emotional and behavioral disorders, adults and young people involved in events with traumatic content, adults with difficulties regarding self-acceptance and relating to others, personal autonomy, integration and performance within groups and managing functional patterns in about making decisions and managing emotions.

He coordinated and implemented counseling and psychotherapy projects for children, young people and adults, on topics such as personal development, development of life skills and combating risky behaviors.

EDUCATION AND TRAINING

- Faculty of Social and Human Sciences, Psychology specialization, “Lucian Blaga” University Sibiu;
- Faculty of Law and Public Administration, Law specialization, “Spiru Haret” University, Bucharest;
- Master in Forensic Psychology. Assessment and intervention in behavioral deviance, Faculty of Social and Human Sciences, “Lucian Blaga” University Sibiu;
- Training in Psychotherapy – Classical Psychodrama, Romanian Association of Classical Psychodrama, Sibiu;
- Postgraduate program – Animal-assisted therapy and activities for people with special needs, Faculty of Psychology and Educational Sciences, field of Educational Sciences, “Babeş-Bolyai” University, Cluj-Napoca;
- Trainer, Doctus Institute, Sibiu;
- Specialized educator, Humanitas Romania National Foundation, Ploieşti;
- Numerous training courses accredited by the Romanian College of Psychologists.

Participations in European Union granted projects:

EU Programme: Erasmus+

Year: 2021

Project number: 2021-2-RO01-KA122-ADU-000041677

Name of the project: Let's Grow Together

Coordinator: Asociația Centrul de Dezvoltare Personală și Combatere a Comportamentelor de Risc

EU Programme: Erasmus+

Year: 2022

Project number: 2022-2-RO01-KA122-ADU-000093676

Name of the project: Mindful. Creative. Green.

Coordinator: Asociația Centrul de Dezvoltare Personală și Combatere a Comportamentelor de Risc