

infopack
ADVENTURE PLAYGROUND
youth exchange

5.7.- 15.7.2023



Erasmus+

Enriching lives, opening minds.



DESCRIPTION

number of participants: 3+1 leader from 4 countries

organisation: United Vision

duration: 10 days

arrival day: 5th of July **deparature day:** 15th of July

OBJECTIVES

- ✿ The main target of the youth exchange is building adventure playground in eco-center Divočina.
- ✿ During the exchange you are welcome to participate in a self-development program Hero's Journey by Joseph Campbell.
- ✿ iThe mprovement of communication skills
- ✿ The improvement of the skill of working in an intercultural teams
- ✿ to experience sustainable lifestyle in all aspects of daily life

GET MORE INFORMATION ABOUT HERO'S JOURNEY AND ADVENTURE PLAYGROUND THROUGH PROVIDED LINKS

<https://www.youtube.com/watch?v=Hhk4N9AOoCA&t=78s>

https://en.m.wikipedia.org/wiki/Adventure_playground

WHAT WE EXPECT FROM PARTICIPANTS

- * enjoying creativity
- * willingness to learn new things and discover new perspectives
- * enjoying the outdoors
- * being able to work in groups
- * enjoying international teamwork
- * being respectful
- * being open-minded
- * ready to work with hands
- * being positive



WHAT WE WANT TO AVOID

- Inflexible and uncooperative people.
- Lack of interest and childish behaviors.
- Using drugs and alcohol

WHAT TO EXPECT

- ✿ Learning more about Adventure Playgrounds + participating in a practical project
- ✿ new perception of ourselves through Hero's Journey program
- ✿ Staying in the countryside
- ✿ Enrich yourself by being in contact with other people from different countries



Czech Republic is a landlocked country in Central Europe. The capital of Czechia is Prague. The youth exchange takes place in a small village called Malešov located nearby old UNESCO town Kutná Hora.

LOCATION



HOW TO GET TO MALEŠOV



R 987 Vysočina

direction Brno

16:06 Praha hl.n.

✓ 2 stops

16:56 Kutná Hora hl.n.



Os 2441

direction Zruč n. Sázavou

17:04 Kutná Hora hl.n.

✓ 4 stops

17:25 Malešov

Exit the **Václav Havel's airport** and go to the airport bus stop. The Airport Express buses go from Prague Airport to the train station every 30 minutes, with average travel time of 35 minutes. Go from **the train station Praha hlavní nádraží** by train "Vysočina" to Kutná Hora hl.n that goes every other hour, with an average travel time of 50 minutes. At Kutná Hora hlavní nádraží, take a train bound for Malešov in the direction of Zruč n. Sázavou.

ABOUT LODGMENT

During the exchange, you will be housed in the eco-centre Divočina.

You are going to sleep in teepee tents for 5 people.

If the weather is bad (strong rain basically) we will sleep inside.

Eco-center has a big exterior area, that you will be using during your exchange.

Shower and toilettes will be shared with other people (long term international volunteers living at the ECOcentre). If you dare you can also use the exteriors showers.

If good weather we will eat outside however cooking inside.

AS A GROUP PLEASE

PREPARE

A general, dynamic presentation about your country and culture (which can include food tasting or folk dances, etc.).

BRING WITH YOU

- European sanitary card
- travel insurance
- social responsibility insurance as a group
- ID/passport
- personal medication in case you need it
- signed required documents (which has been sent to your organization)
- hiking shoes and backpack
- clothes that you are not afraid of getting dirty during activities
- cap or hat to cover from the sun
- sleeping bag
- water bottle to fill
- bathing suit, towel, anti-mosquito cream
- notebook and pencil
- money (CZK)
- typical food of your country

GENERAL SCHEDULE

day: July 5. 2024

arrival day

introduction program

day: July 6.-14. 2024

8-9 a.m. breakfast

9-12 workshops and activities

12-13:30 lunch

13:30- 16:30 workshops and activities

16:30-18 free time

18-19 dinner

day: July 15. 2024

departure day

CONTACT US

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