

**DISCOVER AND LEVERAGE YOUR
LEADERSHIP POTENTIAL (DELEPO)**

TRAINING COURSE

INFOPACK

DATE APV

09 - 11 Dec. 2023

Arrival 9th December.

Departure: 11th December.

Activity days: Half 9th & 10th.

DATE YE

09 - 16 January 2024

Arrival 9th Jan.

Departure: 16th Jan.

Activity days: 10 - 15th Jan.

LOCATION

SPAIN / HONDARRIBIA

Short summary of the project

Our goal is to organize activities that promote the well-being, development and employability of young people in a challenging environment due to recent events such as Covid-19, the Russian-Ukrainian crisis and its consequences on health, stability and work and social balance. It is about preparing our young people to face challenges by providing them with the tools for self-discovery, motivation, action, active citizenship that allows them to develop their full potential for the good of their community.

Objectives

- Provide young people with the skills and knowledge they need to increase their employability, such as leadership, communication, teamwork and critical thinking, and support young people in their personal and professional development by helping them achieve their goals and succeed in their careers.
- Educate young people about the opportunities offered through Erasmus Plus and the European Solidarity Corps, including the possibility to gain international experience, develop intercultural understanding and increase their chances of finding employment, and increase their visibility
- Offer young people the opportunity to network and collaborate with peers from different countries, cultural backgrounds and professional fields.

APV - Activities

The Advance Planning Visit (APV) in Hondarribia is a preparatory meeting organized to facilitate the smooth execution of an upcoming Training Course. This APV brings together representatives from **seven partner** non-governmental organizations (NGOs) to collaborate, share ideas, and address any logistical or content-related concerns in advance of the main event.

09 - 11 Dec. 2023

2 days

Objectives:

- **Foster Partnerships:** Strengthen ties among the seven partner NGOs, enabling trust and collaborative synergy.
- **Logistics:** Review and finalize the training venue, accommodation, transport, and other logistical arrangements to ensure that everything runs seamlessly.
- **Content Alignment:** Discuss the training curriculum, methodologies, and materials. Ensure that the training content is relevant and meets the needs of all participating NGOs.
- **Cultural Sensitivity:** Recognize and address any cultural or organizational differences that might impact the training course, ensuring inclusivity and understanding among all participants.
- **Roles and Responsibilities:** Assign roles for the actual training event. This includes facilitators, logistics coordinators, and other key positions, ensuring that everyone is clear on their tasks.

7 participants

7 Countries

TC Activities

Equip 21 young people from 7 European Union countries with the skills, knowledge and experience needed to increase their employability and become successful leaders, while raising awareness of the opportunities available through Erasmus Plus, the European Solidarity Corps and Erasmus for Young Entrepreneurs.

09 - 16 Jan. 2024

21 participants

7 with fewer opportunities

2 Trainers

7 Countries

6 Training days

Specific Objectives in training

09 - 16/01/2024

SPAIN / HONDARRIBIA

To raise awareness
about the opportunities
offered through
Erasmus Plus,
European Solidarity
Corps and Erasmus for
Young Entrepreneurs.



Developing leadership
awareness and skills in
subjects such as resume, self-
presentation, managing time
and meetings, empathy, project
development and execution
through activities such as
interactive activities,
teamwork, self-reflection.



Developing more self-
confident and visionary
youth through the
strengthening of
intercultural interaction,
networking and
international experience
among young people



Required actions from Participants Before/Research

Pre-activity task:

During the training, participants will also learn how to prepare a strong and highly successful CV and present yourself in the best possible way. To be prepared for this, please create your CV using [europassCV](https://europa.eu/europass/tr/create-europass-cv) (<https://europa.eu/europass/tr/create-europass-cv>) and send it to us before the course.

The presentation of your organization:

We recommend you to bring some flyers, promotional materials, videos, photos, etc., about your organization. You must be able to present your organization during one of the workshops.

The intercultural evenings:

Each country group will have to organize a cultural evening, where they will have to present some elements of their culture, in any way they want (sketch, songs, presentation, game, map, posters, and postcards about your country/region/town...). You can use PowerPoint or any other visual medium for your presentation, you are totally free!

After/Dissemination

1 Within 15 days of completion of the training course, **participants are required to do one of the following dissemination activities** regarding their experience and learning in the training course.

- Organize a live broadcast on social media (with at least 10 attendance) and share its link with us.
- Write an article and publish it with photos and share the link of it with us.
- Arrange an interview with a local radio or television channel and share the recording of it with us.
- Organize a workshop with at least 10 people and share the record of it with us.
- Attend a seminar or event and make a presentation about your training course experience and share the recording of it with us.

2 Each participant must **writes a testimony comprise with 15 lines in word document** (Times new roman 12), adding to **2-3 best photos**. To be submitted to the organizer by email.

3 Each participant must also **records** (could be done on the spot of the project) **60s video testimony** and submit to the organizer by email.

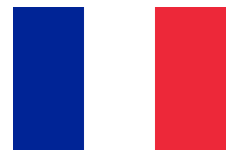
4 **DDL for all dissemination: 30/01/2024**

Profile of Participant

For participating organisations, the project provides a unique opportunity to invest in the development of their future leaders and equip young people with the knowledge and skills needed to succeed in the labor market. By participating in the course, organizations can contribute to creating a pool of young talent, increasing the competitiveness of their workforce and developing a more qualified and knowledgeable society. Partner organizations can also help their young people develop an entrepreneurial mindset and will contribute to the development of a more dynamic and innovative society.



Italy (Partner)
Stella Marina APS



France (Partner)
Association Euro Diver'Cite



Portugal (Partner)
Aequalitas Associação



Spain (Organizer)
Abarka ONGD



Greece (Partner)
Environment Online



Turkey (Partner)
Mekanik Culture and Youth Association



Germany (Partner)
Edupals gUG

Participant Profiles for Erasmus+ Training Course

Discover and Leverage Your Leadership Potential

(DELEPO)

APV

1. Youth Workers (1 per each partner):

- These participants should be either one of the partner staff or the Youth Worker who will attend the TC with 2 young people. Should necessary be +25 and be able to work on some project ideas for next DDL.

1. Youth Workers (1 per each partner):

TC

- Professionals with experience and willingness to work with young people in a variety of settings, such as socially excluded youth seeking opportunities to improve their futures.
- Willing to provide guidance and support to young people facing the challenges of adolescence and youth.
- Willing to learn about the opportunities available to young people through local networks, including Erasmus Plus, European Solidarity Corps and Erasmus for Young Entrepreneurs.
- Has the motivation to better support young people in their personal and professional development.

2. Young People (2 per each partner):

TC

- By attending the course, young people will have the opportunity to develop their leadership skills, gain valuable international experience and network with peers who are interested in creating their own job opportunities.
- This training course will help young people feel more confident, motivated and empowered to pursue their personal and professional goals.
- With this course, young people will become aware of the opportunities offered through Erasmus Plus, the Erasmus program for Young Entrepreneurs and the European Solidarity Programme.
- This training will enable them to better support young people in their personal and professional development and provide the guidance and support they need to succeed.

Venue/Accommodation:

Our project activities will be held in the conference room of the Juan Sebastián Elkano Hostel which is located 800 m. from the town centre of Hondarribia, on the road leading to the Higer lighthouse. It has 152 beds distributed over 3 floors in rooms of 2, 4, 10 and 14 beds where all participants will be accommodated. The hostel has lockers available for each user to store their personal belongings. Participants will be hosted in to shared bedroom of 2-3 people.



The hostel has a dining room, a lounge, Spanish TV rooms, meeting rooms, library, study and work rooms and laundry.

There will be a full menu of breakfast, lunch and dinner offered and covered by the program. There is a coffee machine available on the spot and service is not covered.



There will be a full menu of breakfast, lunch and dinner offered and covered by the program. There is a coffee machine available on the spot and service is not covered.



Address: Higer Bidea, 7, 20280 Hondarribia, Gipuzkoa
Website: <https://reaj.com/albergues/juvenil-juan-sebastian-elkano//>

Conference room



Address

**Hostel Juan Sebastian Elkano
Higer Bidea, 20280 Hondarribia, Gipuzkoa**

Transport

To reach Hondarribi Juan Sebastian Elcano Youth Hostel from abroad, you have multiple options. Below is a detailed itinerary for each arrival point our mentioned:

1-From Madrid Airport (MAD)

- a. Fly to San Sebastian Airport (EAS) – VERY EXPENSIVE CHECK THE TRAVEL MAXIMUM or Take the Bus – **ALSA or FLIX BUS** – or tren – **RENFE** – to San Sebastian (Bus and tren Station are near).
- b. From San Sebastian bus station, walk to the Guipuzcoa Piazza (Follow google map) and take the **E21 Ekialdebus** to Hondarribia Juan Sebastian Elcano Youth Hostel.

2-From Barcelona Airport (Barcelona-El Prat Airport) (BCN)

- a. Fly to San Sebastian Airport (EAS) – VERY EXPENSIVE CHECK THE TRAVEL MAXIMUM or Take the Bus – **ALSA or FLIX BUS** – or tren **RENFE** – to San Sebastian (Bus and tren Station are near).
- b. From San Sebastian bus station, walk to the Guipuzcoa Piazza (Follow Google Map) and take the **E21 Ekialdebus** to Hondarribia Juan Sebastian Elcano Youth Hostel.

3-From Bilbao Airport (BIO)

- a. Take the **PESA-Lurraldebus** – Just at the exit of the airport (Arrival door) - bus from the airport to Donosti (San Sebastian) bus station. The journey is about 1h-15min.
- b. From San Sebastian bus station, walk to the Guipuzcoa Piazza (Follow google map) and take the **E21 Ekialdebus** to Hondarribia.
- c. From the Hondarribia bus stop, it's a 15-20 minute walk to Hondarribi Juan Sebastian Elcano Youth Hostel.

4-From Biarritz Airport (Biarritz Pays Basque Airport)

- a. Take the **Chronoplus Bus Line 14** to Bayonne train station (Gare de Bayonne).
- b. From Bayonne, take the **TER train or SNCF** train to Hendaye.
- c. Follow the instructions provided in option 6 below.

5-From San Sebastian Airport (EAS)

- a. Take the **E21** or walk 1min to take the **E25** Ekialdebus from the airport to Hondarribia city center.
- b. From the Hondarribia bus stop, it's a 15-20 minute walk to Hondarribi Juan Sebastian Elcano Youth Hostel.

6-Arriving by bus or train to Hendaye, Irun, or San Sebastian:

- **If arriving at Hendaye:**

1. Take the **Euskotren Trena** (also known as "Topo") to Irun.

- **If arriving at Irun:**

1. From Irun train station/bus station (They are at the same location), walk 1,5 min and take the **E25 or E20 (E27 night bus after 21:00 P.M)** Ekialdebus to Hondarribia city center.
2. From the Hondarribia bus stop, it's a 15-20 minute walk to Hondarribi Juan Sebastian Elcano Youth Hostel.

- **If arriving at San Sebastian bus or tren station:**

1. From San Sebastian bus station, walk to the Guipuzcoa Plaza (Follow google map) and take the **E21 Ekialdebus** to Hondarribia.
2. From the Hondarribia bus stop, it's a 15-20 minute walk to Hondarribi Juan Sebastian Elcano Youth Hostel.



You can buy your bus ticket from this link;

<https://www.alsa.com/en/web/bus/home>



You can buy your train ticket from this link;

<https://www.renfe.com/es/en>



You can check the times and prices of local buses from this link;

<https://www.lurraldebus.eus/>



**Suggested latest arrival should be on 9th january 2024 from 18.00
and last departure should be on 16th january at 10:00 AM latest.**



Please note that using personal cars for travel is forbidden and
must be validated by the organizer with strong justification due to
EU rules.



If any problem, contact the organizer.

Reimbursement Rules

- Save all tickets, boarding passes, originals.
- All participant must submit documents in original.
- Expected reimbursement date: No more than 90 days after the project end and the submission of all required travel documents
- Travel costs will be covered, based on the country of participants, up to fore seen limits.
- Only the exact amount written on the ticket will be accepted.
- Please do not book tickets from travel agencies.
- Payments for luxury transportation options will not be made during the journeys. You should travel in economy class and take public transportation.
- We will refund you based on actual costs incurred and on presentation of:
 - Invoice of the plane ticket.
 - Boarding Pass with the clear mention of the passenger.
 - All other transportation (public buses, tren) related bills/invoices. Private taxi are not allowed.

*** Please note! The tickets should be booked with our permission.**



Travel Reimbursement

ORGANISATIONS	STANDARD TRAVEL
ABARKA ONGD - Spain	23 EUR
STELLA MARINA ASSOCIAZIONE CULTURALE A.P.S. - Italy	275 EUR
Edupals gUG - Germany	275 EUR
ENVIRONMENT ONLINE - Greece	360 EUR
Mekanik Culture and Youth Association - Turkey	360 EUR
ASSOCIATION EURO DIVER'CITE - France	200 EUR
Aequalitas Associação - Portugal	275 EUR

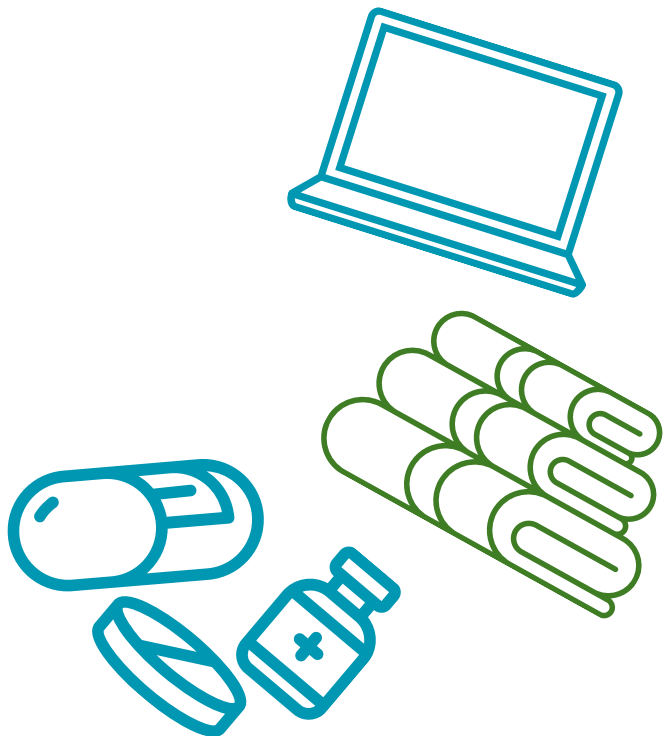
General Rules

- ✓ Participants will stay in shared bedroom.
- ✓ Each participants should bring his/her own towel.
- ✓ Shower gel and shampoo are not provided.
- ✓ There is NOT hair dryer, nor washing machine and nor iron, because this hostel caring about environment protection and the sustainability.
- ✓ Wi-Fi is available in the hostel.
- ✓ There is heating in all rooms.
- ✓ Participants have to respect the Hostel facilities, the rooms and the common areas. If you break something you will pay for it.
- ✓ Participants are not allowed to move furniture without the permission of the Abarka Team.



What to bring with you

- Laptop (at least one per organization).
- Personal hygienic kit and towels.
- If you are using medicines or have allergies, bring your medicines with you and inform the project team.



Good to know

-The forecasted weather conditions for the project event dates are as follows;



17	18	19	20	21	22	23	24	25
								
26° 12°	26° 12°	25° 12°	25° 12°	25° 12°	25° 12°	25° 9°	21° 9°	21° 9°

-Tap water here is drinkable.



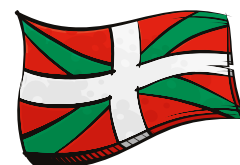
-Spanish phone code is +34



-Since the Basque region is a highly prosperous region, the prices in places such as private transportation or restaurants may be slightly above your expectations. Of course, it is possible to find reasonable options.



-In this region the people speak Basque Language (Euskara) not Spanish but people understand Spanish and will reply you in Spanish if you need help.



-Please take your European Health Insurance Card and/or travel insurance





WANT TO HANGOUT?

San Sebastian / Donotia

Oiartzun, where you will stay, is very close to San Sebastian and is one of the most beautiful cities in the Basque Country.

San Sebastián (Donostia in Basque) is a medium-sized cosmopolitan city (186.700 inhabitants). It is renowned for its cuisine, award-winning urban beaches and Parisian-inspired architecture. The city is well prepared to welcome demanding visitors who want it all: high-quality services, unique spaces, memorable experiences and a full range of cultural and leisure opportunities.



Questions? Contact us.



Phone/Whatsapp/Telegram: +34 717 701 724

Email: clotaire@ongabarka.org



Erasmus+

