



TRAINING COURSE

Infopack

ROOTS & ROUTES

Youth Workers
Strengthening
Communities

25-31 MARCH 2025
RENDE, ITALY



ABOUT US

ENTROPIA APS has a central role in intercultural dynamics of its area, being able to favor spontaneous aggregation and socialization among peers, beyond linguistic, cultural and other barriers.

The efforts and practices of inclusion, in which different groups or individuals having different backgrounds are culturally and socially accepted and welcomed and equally treated, are several and always include the promotion of European values.

We promoted several projects in the Erasmus+ and ESC programs, workshops and laboratories to work with youngsters and help in improving skills and abilities in informal environment of human and professional development, as well as activities to discover and rethink the surrounding areas with an international dimension.

PROJECT OVERVIEW

"**Roots & Routes: Youth Workers Strengthening Communities**" is a 7-day training course within the Erasmus+ program, organized by **Entropia APS**, based in Rende, Calabria, Italy, from March 25 to March 31, 2025.

This project aims to strengthen the skills of **aspiring youth workers**, providing them with essential and innovative tools to tackle the challenges of working with young people by exploring the connection between **local grounding ("Roots")** and **global connections ("Routes")**. The goal is to develop young professionals capable of creating a positive impact in their local communities while maintaining an international and innovative perspective.

Over the course of seven days, participants will explore the topic through a variety of methods, including **interactive workshops, practical exercises and creative sessions**. A dynamic and engaging mix of activities designed to provide skills, innovative tools and meaningful experiences.

Participants will engage in role-playing scenarios and World Café-style discussions to explore topics such as social **cohesion, inclusion, and global challenges**, alongside team-building exercises to foster an informal, collaborative, and inclusive learning environment.

During the training course, there will be opportunities for cultural exchange, informal networking, and personal growth, culminating in the awarding of the Youthpass, the European certificate that recognizes and certifies the skills acquired.

"Roots & Routes" equips participants with the tools to become skilled youth workers ready to strengthen their communities while embracing global opportunities.

Travel expenses, accommodation, and all training facilities are covered by the European Union's Erasmus+ program.

MAIN OBJECTIVES



Youth
emancipation and
employment



Equality
and
inclusion



Active
citizenship



Development of
skills, knowledge
and attitudes



PROJECT TIMELINE

24.03.25

Arrival day

25.03.25

Start of
the activities

...

31.03.25

End of
the activities

01.04.25

Departure day

PARTICIPANT REQUIREMENTS

- ▶ Age +18 ◀
- ▶ Availability for the whole mobility period and willing to actively ◀
 - ▶ Participation in every part of the project ◀
- ▶ Willingness to take part in the dissemination of the project results and in promotional activities ◀
- ▶ Being open to work in an international team and create a positive environment ◀
 - ▶ Spoken and written English on at least on a basic level ◀

RECRUITMENT PROCESS



Step 1

Fill the **APPLICATION FORM** by the 15th of February 2024

Step 2

Wait for the email confirming your selection.

Step 3

If you have been selected, **please reply to the confirmation email within 3 days** to let us know if you participate or not (a non-response after this deadline will result in the ranking list being displaced).

Step 4

Send your travel plan proposal no later than 7 days after being selected.



HOW TO REACH US?

The closest airport is Lamezia Terme, it doesn't have many international flights, but it is well connected with many Italian international airports, like Milan, Rome, Pisa, Naples. From Lamezia or other airports, you can take a train to Castiglione Cosentino train station or a Bus to Rende, which will be the final destination of your trip. Use apps like Mycicero or MooneyGo to check the bus hours and the directions.

Check trains and buses:
www.trenitalia.com
www.flixbus.it



FOOD & ACCOMMODATION



Accommodation and food will be provided during the days stated for the training course.

► The accomodation will be held in “Residenza Socrates”

Address: Via Alberto Savinio, 87036 Quattromiglia (CS), Calabria, Italy.

► Participants will be hosted in **shared rooms** and three meals per day (breakfast, lunch and dinner) will be provided.

► **Check-in** must necessarily take place **between 3 p.m. and 8 p.m.** on Monday 24 March (arrival day) and **check-out by 10 a.m.** on Tuesday 1 April (departure day).

TRAVEL ARRANGEMENTS



Before purchasing tickets, please share your travel plans with us!
Only travel expenses **shared and approved** by the association will be reimbursed.

We expect your **travel plan** within 7 days after the selection e-mail, otherwise we may consider it as a cancellation of your participation.

After your travel plan has been approved, we kindly ask you to **send us your travel ticket** purchase confirmation in 5 days.

IMPORTANT !

The planned travel days are: 1 for arrival and 1 for departure and they are to be used necessarily for **24th of March and 1st of April**.

Accommodation, food or other for the extra-days is **NOT covered** by the project budget.

In case of **green travel**, participants have 2 travel days for the arrivals and other 2 travel days for the departure.

We ask you to **inform us in advance** in case you want to use green travel.

Only class II or Economy Class tickets are eligible for reimbursement of costs.
Taxi and private cars are **not eligible for reimbursement**.



REIMBURSEMENT

Travel will be reimbursed at the end of the project and up to the amount provided by Erasmus+ guide and based on the E+ distance calculator (see next page), Under the condition that:

- ▶ All **original tickets, invoices** and **boarding passes** have been sent to entropiaeuropa@gmail.com,
- ▶ The **participant report** is completed and submitted
- ▶ The **declaration** (provided by our organisation at the end of the project) is accurate, correctly completed and signed.

IMPORTANT n.2



Keep in mind, the reimbursement **cannot exceed the maximum amount** granted by the program according to the Distance Band Calculator, which you can also consult if you do not know the distance between your city and ours (Rende).

Reimbursement of the travel expenses will be sent to each participant's bank account individually.

More information will be provided during the project.

AMOUNTS PER DISTANCE

Travel distance	Normal travel	Green travel
10 – 99 km	28 €	56 €
100 – 499 km	211 €	285 €
500 – 1 999 km	309 €	417 €
2 000 – 2 999 km	395 €	535 €
3 000 – 3 999 km	580 €	785 €
4 000 – 7 999 km	1188 €	1188 €
8000 km or more	1735 €	1735 €

DISSEMINATION

Participants are invited to **promote the project**, share their results and carry out dissemination activities (social media posts, meetings with interest groups, etc.). More information will be provided during the Training Course.

INTERCULTURAL EXPERIENCE

Each participant is asked to bring one **postcard from their country**. They will be exchanged and given to other participants during the project.

Prepare for the intercultural evening: a **short presentation about your country**, national music, food, snacks, drinks, dances, games, quizzes...

OTHER PRACTICAL INFORMATION

The working language of the project will be **English**.

A **detailed schedule** with the hours will be provided before the starts of the activities.

During the project, participants will be asked to **sign the consent** for use of data and consent for use of personal image. Each participant have to sign the participation sheet on the first day of the project.



CONTACTS

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SEE YOU SOON