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Projekt: **United For a Greener Future**
Lider: Wałbrzyskie Stowarzyszenie Młodzieży
Partnerzy: VšĮ Veik kurk atskleisk (LT), Tou.Play (IT),
Associação Inspira! (PRT), Gate for Education (RO)
www.wuesem.org



Info Pack

Training Course: United for a greener future

POLAND, Wałbrzych – Szczawno-Zdrój 21-27.11 2024

Join the group of unique people who will take up the journey through green topics and strive to become a well-equipped educator and a mentors for a greener lifestyle!



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About the project

The project "United for a greener future " is a **training course** which is financed by the **European Commission** through **Erasmus+** programme. The main goal of this training course is to enhance the knowledge, skills, tactics and approaches of youth workers, regarding sustainability, so as they can serve as role models for promoting environmentally-friendly habits among the young people they work with.

Our objectives unfold as follows:

- ✓ Obj. 1. Throughout the life of the project, **25 youth workers** will acquire knowledge on developing sustainable strategies and methodologies, designing environmentally-friendly activities, and engaging young people in eco-friendly lifestyles;
- ✓ Obj. 2. During 10 months, 25 participants will gain skills in implementing varied non-formal education activities related to the environment, and will be able to create calls to action for sustainability, which will be measured by the successful implementation such activities per participant.
- ✓ Obj. 3. By the end of the 10 months, 25 youth workers will have increased confidence in their ability to promote and guide others towards sustainable living and positively influence the youth they work with.

REGISTER: <https://forms.gle/4thyP76cAjv8Qghy8>

Learn from experienced trainers and test non-formal educational methods related to ecology. Get feedback after trying out your methods with youth – all this during the training course!

The training course itself will take place in **Hotel Camelot in Szczawno-Zdrój, Poland from 22 to 27 of November 2024 (6 days of training).**

25 participants from 5 countries: **Poland, Lithuania, Italy, Portugal and Romania** will learn and share experience on greener attitude towards non-formal learning, how to create green non-formal methods and how to engage young people to take part in eco movements/call to actions.

Learn, evolve and test how to promote environmentally-friendly practices and implement greener activities in your work and projects!



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Place and time

Place

the training course will take place in Szczawno-Zdrój, Poland in Hotel Camelot (<https://hotelcamelot.eu/>) (flights closest to **Wrocław**, trains best to **Wałbrzych**)



Google maps:

https://www.google.com/maps/place/Hotel+Camelot/@50.8032262,16.2485513,17z/data=!3m1!4b1!4m9!3m8!1s0x470e542c74ea11c1:0x965403ae7fa1c2ef!5m2!4m1!1i2!8m2!3d50.8032228!4d16.2511262!16s%2Fg%2F11y6jcg_n?entry=tту&g_ep=EgoyMDIOMDkyNS4wIKXMDSoASAFAQAw%3D%3D



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Szczawno-Zdroj is a city and municipality which is part of the administrative district of Walbrzych. It lies in the Walbrzych Mountains, part of the Middle Sudety Range, which can be found in Lower Silesia in south-western Poland. The resort has the characteristics of a foothills spa with a mild climate which is mildly stimulating and moderated by the dense forested areas that surround the city. The basic elements with therapeutic effects are the naturally carbonated spring water which is high in bicarbonates, sodium, calcium and magnesium and the climate in this area.

The Hotel situated right next to the Swedish Park, mineral water pump house, trails for hiking, paths to Książ Castle and more.

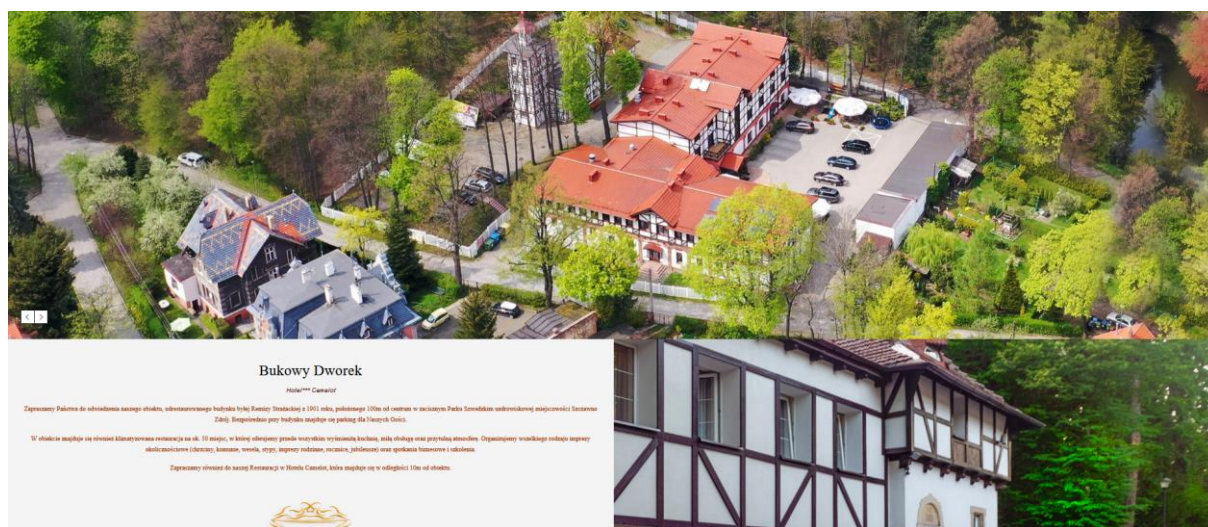


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Accommodation:

Participants will be staying at Hotel Camelot in Bukowy Dworek (<https://bukowy-dworek.eu/>) in rooms with bathrooms, TV, WiFi, etc.



All with close nature, friendly diet options, situated in health resort, with beautiful people!

REGISTER: <https://forms.gle/4thyP76cAjv8Qghy8>

Participants

We will host 5 people from each of the 5 countries: **Poland, Lithuania, Italy, Portugal and Romania = 25 learning participants**

Participant's profile:

Youth workers, youth leaders, volunteers, facilitators, trainers, that have little or medium experience or who want to improve their green activity skills in work with young people. We invite everyone, for whom practical aspects of implementing green/ecology activities is of interest – if you have doubts if this activity is for you, you can always ask.

Age: 18+

Working language of the activity: English

...Youth workers also mentioned that they feel guilty because they lack knowledge about more ecological, sustainable methods and strategies. Although they feel responsible, they do not know how to become leaders and promoters of a more ecological lifestyle among young people. They also mentioned that they lack knowledge and skills on how to implement non-formal workshop methods in a way that is sustainable and climate neutral...



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If from any of the below you want to:

- get enthused by a group of wonderful people, broaden and share your experience,
- learn or evolve and test how to implement greener activities,
- get knowledge on developing sustainable strategies, activities, and how to engage young people in eco-friendly lifestyles,
- enhance greener attitude in organizing activities for young people,
- overcome the prejudice of an eco-freak while being honestly involved in green topics,
- boost your motivation to work on green aspects,
- gain some confidence to be seen as a promoter of a greener lifestyle,
- find out how to implement greener activities,
- check how to promote environmentally-friendly practices,
- gain skills in implementing varied non-formal education activities related to the Environment,
- learn and create new non-formal methods and use them in all circumstances,
- participate in 2 exiting opportunities to practise the skills you learned during the training course by leading short workshop activities for young people in Poland,

then You are the person!

Travel

Participants should arrive to Wałbrzych/Szczawno-Zdrój on the 21st of November before 18:00 (6:00 PM), because we start with a dinner at 19:00 (7 PM) and later with first session at 20:00 (8 PM). You can arrive a few days before the TC and also stay longer but you have to cover the costs of your own accommodation for the extra days.

One way

The training course will take place in Szczawno-Zdrój - about 70 km away from the nearest airport (Wrocław). The best way to reach Wałbrzych:

1. You should arrive on the **21st of November to Wrocław Airport (WRO) in Poland** (<http://airport.wroclaw.pl/en/>)
2. From there take a **bus** to the **main railway station** (Wrocław Główny) 40 minutes (how to get there: <http://airport.wroclaw.pl/en/passager/getting-here/by-bus/>)
3. Take a **train** to **Wałbrzych Miasto** which takes about 1 hour (23,60 zł/per person) Check the schedule here: <http://rozklad-pkp.pl/en> type from: Wrocław Główny, to: Wałbrzych Miasto.

Details on how to reach the Hotel we will share to the participants once we know your exact time of arrival.

Green way

For Participants who chose the green way we have additional travel days and costs reimbursements, we encourage to take this option specially from Lithuania as the trains travel fast and are comfortable. Make Your way to Warsaw, then Wrocław and Wałbrzych or



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directly to Wałbrzych. The training course will take place in Szczawno-Zdrój - about 70 km from Wrocław. The best way to reach Wałbrzych:

1. Take a **train** to **Wałbrzych Miasto** which takes about 1 hour from Wrocław (23,60 zł/per person). You can also chose other stations in Wałbrzych (Szczawienko, Główny etc.) and we will help you how to reach the hotel.

Check the schedule here: <http://rozklad-pkp.pl/en> type from: Wrocław Główny, to: Wałbrzych Miasto.

Details on how to reach the Hotel we will share to the participants once we know your exact time of arrival, but it is 10-15 minutes from the train stations

Alternative:

If you don't have the possibility to fly to Wrocław (WRO) than probably you will have to fly to Warsaw. There are 2 airports in Warsaw: the big airport: Shopin airport or Okrecie (WAW) <https://www.lotnisko-chopina.pl/en/index.html> and small one: Warsaw Modlin (WMI) <http://en.modlinairport.pl/>.

From each of these You will have to travel to Wrocław (either by plane, train <http://rozklad-pkp.pl/en> or bus <https://www.flixbus.pl/>). From Wrocław you take a train to Wałbrzych as explained above (pt 3).

If any other airport in Poland is better for You then it also fine – we will help you to reach the training venue :).

We will be in contact with the participants to assist in the travel.

Want to come?

REGISTER: <https://forms.gle/4thyP76cAiv8Qghy8>

What to bring

We kindly ask you to bring:

- Map, posters, photos, postcards about your country/region/town to be displayed during the International Evening
- European sanitary card (confirming that you are insured)
- Some gastronomic specialties (food and/or drinks) for the International Evening
- Clear information (in English) about the main activities of your organization or projects
- Warm clothes, resistant boots, jacket – it may be cool already in November
- Comfortable clothes for the sessions

Wałbrzych and Szczawno-Zdrój are nice cities to visit and hang around, a lot of nature and greens. There are also beautiful castles, gardens, hike trails – you can read about all that in the web. We will be also very happy to provide you with some propositions for getting to know the place and culture better. Public transport can take you everywhere, local taxis are also ok, Uber and Bolt is also available although not yet so popular.



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Basically, you can pay with the card everywhere. If you want to use cash there are exchange points that work fine. You can use one on the airport (the rate might be a bit higher) or we can show you some in Walbrzych. Also, there are many ATMs where you can withdraw cash. In Poland it is still not possible to pay in cash with euros.

Costs and travel reimbursement

All cost regarding accommodation, food and other materials during the training course are covered by the Erasmus+ Programme. If you like you can take some additional money for your personal expenses.

Travel costs will be reimbursed based on documents confirming the travel (boarding passes, tickets, invoices etc.). After receiving the documentation from participants, the partner organisations in each country will receive the money and transfer them directly to the participants. The reimbursement process can last 1-2 months after the Training course depending on how fast you provide all needed documents :).

Maximum reimbursement for 1 person for all travel:

Poland: 0,00 €

Lithuania: 275 € (320 € if taking green travel + 2 extra travel days)

Italy: 275 €

Portugal: 360 €

Romania: 275 €

If the travel costs will be bigger the participants will have to cover the additional amount.

Documents

for reimbursement you must collect:

- Plane, bus, or train tickets (**with your name on it if appropriate**);
- Proof of payment: **bank statement** if you paid by bank **or receipt** if you paid by cash
- **Boarding pass - for plane**

During your stay in Poland, **you will not be** accident-insured, health-insured and personal liability-insured **by us**, so if you want please provide such a private insurance in your own country and make sure you will bring it with you.

All documents (boarding passes, receipts etc.) is best to have in electronic version (let's be eco) so there is no need to print them out. After the mobility You will be asked to send them to us via e-mail. If there is no option for electronic version, then we will ask you for scans.

All participants have to take with them their European sanitary card.



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YouthPass

Within the frame of “recognition of non-formal learning”, participants will receive a **Youthpass Certificate** after the course upon their request. Youthpass is an official recognized tool in order to validate non-formal learning aspects gained during the training. It is important that, before coming to the training course, participants reflect upon what competences they aim to develop by taking the initiative to participate in our training course. For further information, just follow the link: <http://www.youthpass.eu>.

How to join us?

Register online **till the 5th of November** and we will get back to You. If You missed this date register anyway as we will be having a second enrol in case we don't get the final participants or someone resigns. Then it can be Your turn – but we need your application :).

REGISTER: <https://forms.gle/4thyP76cAiv8Qghy8>

Hope to see you soon!

For additional information please write: office@wuesem.org or contact the partner organisation from Your country.

Poland: **Walbrzyskie Stowarzyszenie Młodzieży**

Lithuania: **VšĮ Veik kurk atskleisk**

Italy: **Tou.Play**

Portugal: **Associação Inspira! - Intervenção juvenil e ambiental**

Romania: **Gate for Education**

United 
for a greener future



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