

INTRODUCTION

In the face of growing challenges that affect young people and youth workers globally, our NGOs want to embrace innovation through digital technology. Recognizing the integral role that digital tools play in the lives of young people today, our project seeks to harness these technologies to foster deeper connections and engagement. Despite the advancements in digital platforms, research indicates a notable gap in the confidence of youth workers employing these tools effectively. Our project aims to bridge this gap by equipping youth workers with the skills and knowledge necessary to navigate the digital landscape confidently.





- Between 20 and 30 years old;
- Able to communicate in English (minimum B1 level);
- Be a resident of one of the included countries of the participating organisations;
- In the case of being a resident, proof of more than one year of residency is required;
- Able to fully and actively participate in the whole duration of the activity and all sessions;
- Motivated to take part in a mutual learning process in a highly intercultural setting;
- Be curious, appreciate diversity and learn about each other's realities;
- Ready to support dissemination and visibility activities online and offline.
- Able to implement the follow-up initiative within 2 months after participation

ONCE SELECTED BEFORE DURING

Check the conditions for travelling to Vilnius, Lithuania back to your country.

Send us an email with the tickets you are considering to be approved. Once approved, purchase and collect all travel tickets after consultation and agreement with the coordinating organization.

Cooperate with the participants from your country and prepare together for the trip and the mobility.

Actively participate in all workshop sessions and the planned activities.

Take part in the dissemination of the results of the mobility (posts on Social Media, videos, blog posts, etc).

Deliver all travel documents to the coordinating organization (TAVO EUROPA)

AFTER THE PROJECT

Disseminate results, both offline and online (send all the documentation/pictures to the organizers).

Implement the local follow-up initiative that you designed with the national team during the training





- 1. Fill in the application form to apply before 20 October.
- 2. Wait for the selection results by your sending organisation Once selected
- 3. sign the participation agreement within 48 hours of selection;
- 4. send us (the coordinator) a travel route suggestion including costs and dates. Reach out to us by email giedre@tavo-europa.eu
- 5. wait for approval/modification of the travel plan,
- 6. purchase the travel tickets by yourself immediately once confirmed, you should do your best to buy tickets before 30 October.
- 7. send us the booking confirmations and invoice as PDF (no screenshots);
- 8. travel and participate in the training course & enjoy yourself,
- 9. send us all travel documents once back home,
- 10. implement the local follow-up initiative & dissemination activity,
- 11. receive the refund of your travel tickets.

Participants can arrive OR departure 2 days before OR later after TC.

Keep in mind that participants from Lithuania, Latvia, Estonia and Poland are traveling by ground.





LI I HUANIA	23	EUR
SPAIN	275	EUR
POLAND (GREEN TRAVEL)	180	EUR
ESTONIA (GREEN TRAVEL)		
BULGARIA		
LATVIA (GREEN TRAVEL)		

TAVO EUROPA

Tavo Europa is a vibrant learning organization that brings together a diverse group of trainers, youth and social workers, policymakers, experts, and dedicated volunteers with a wide range of expertise. Our core mission is to actively engage these individuals in developing civic initiatives that not only reflect a European perspective but also deliver meaningful benefits to their local communities.

We address irresponsible behaviors towards the environment by focusing on issues such as indifference to environmental challenges, inefficient use of natural resources, limited awareness of sustainability, and a lack of motivation to adopt eco-friendly practices.





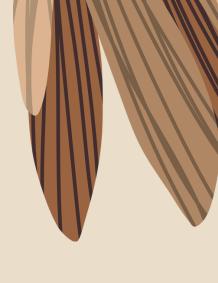
VENUE LA VILLA ROYALE















LA VILLA ROYALE

The training will be held at the La Villa Royale near Vilnius, Lithuania. All participants should take a bus/train from the airport "Oro uostas" station to the city center "Stotis" station, then take a bus from "Vilnius Bus Station" to "Trakai" station. Vilnius Bus Station is 2 minutes walk from Stotis station. On your way to the Trakai station, you should write us in the WhatsApp group and we will come to the station to pick you up by car.

You will be accommodated in rooms with 2-4 beds, which you will be shared with participants of the same gender, however, mixed with participants from other nationalities who are also participating in the training course. All meals will also be provided by us at the same venue.

Address of the Venue: La Villa Royale: Trakų rajonas Markutiškių kelias 28 Trakų rajonas, Markutiškių kaimas, 21103, Lithuani

REIMBURSEMENT

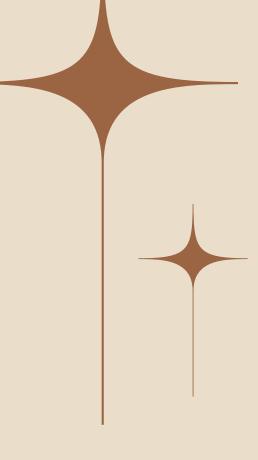
All costs related to the training course, including food, accommodation, and other practicalities, are fully covered. However, TAVO EUROPA is not responsible for any fees you may need to pay to your sending organization.

Travel costs will be reimbursed up to a specified limit. Any expenses exceeding this limit will need to be covered by participants themselves. Each participant is responsible for purchasing their own tickets, with support from their sending organizations, and after obtaining approval from the coordinating organization. To qualify for reimbursement, participants must provide all necessary travel documentation, including original train tickets, boarding passes, invoices, and proof of payment (e.g., bank payment receipts). Before purchasing tickets, you must submit potential routes and costs for our approval. Reimbursement is contingent upon completing local follow-up activities, as well as filling out all required forms.

Tickets must be purchased by October 30th. If you purchase your ticket after this date and the cost is higher, you will need to cover the difference yourself.

If you wish to arrive in Vilnius earlier or leave later and still receive a travel refund, you may arrive up to two days before or leave up to two days after the official mobility dates. Please note that you will be responsible for your own expenses during these extra days. If travel costs are higher on these days compared to the official travel dates, we will only reimburse the amount equivalent to the official travel days, and you will need to cover any additional costs.

Please be aware that lost or missing tickets/boarding passes will not be reimbursed. Additionally, travel agency fees are not eligible for reimbursement; therefore, please book your tickets directly. Boarding passes for all segments of air travel are essential for reimbursement. For green travel options, such as by car, bus, or train, only tickets that include a small personal bag and a cabin bag (8–10 kg) without checked luggage will be reimbursed.



PACKING LIST



- Passport/ID card;
- Any needed medicines;
- Insurance (please bring your EHIC card or the equivalent)
- Comfortable walking shoes and clothes for outdoors;
- Toiletries and Shampoo (those are not provided by the hostel);
- Sweets/Cookies from your country and other snacks for cultural evening;
- Flags, Games, songs, dances, quizzes, and traditions to represent!







