

NON-GOVERNMENTAL  
ORGANIZATION "EDUCATIO" 

# WHAT IS IMPROV?

IMPROVISATIONAL THEATRE AS  
THE TOOL, THE METHOD AND THE WAY

**POWERED BY HURMA** 





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ImproWise with us!

IF ALL THE WORLD'S A STAGE –  
THEN IT'S THE IMPROVISATION  
STAGE!©

*Vlad K.*



# INTRO TO IMPROV

## Intro to the world of Improvisational Theatre

Improvisational Theatre (Improvisation or Improv), is a form of social theatre, in which most or all of what is performed is unplanned or unscripted, created spontaneously by the performers. In the psychological, social and non-formal education context, Improv is at the same time the tool, the method and the approach, being applicable to the extremely wide range of educational and social initiatives, personal development and daily life in general.

Within this course, we aim to provide you with the most important ideas, principles, steps, understanding and feeling of Improvisational Theatre as a tool for personal and professional development, training method (in social work), and approach to life in general.

Improv is the way! And this is the way of Improvisation!  
Let's get it started!







# CONNECTION

## STEP 1.

Connection is about bonding the group tightly together, establishing the strong relations, developing the mutual deep feeling of each other and building trust inside of the group. This is the necessary basis and condition for efficient interaction and collaboration between the group members and the entire group.

To build the connection, we will play the variety of games to get to know and to connect with each other, which you can further on use in you work, personal trainings, daily life and, well, just for fun!

And remember!

In Improv it's like in a real life. It's all not about you – your job is to take care of your partner and to make your partner look good!



# CONCENTRATION

## STEP 2.

On the next step, we aim to develop concentration, to set and uphold the attention focus, which is the crucial skill throughout trainings, youth work, Improvisation and, well, life.

Being concentrated means taking benefit and advantage of any situation, noticing and, therefore, being able to use every opportunity, which the rules, the partner, the circumstances, the stage and the life bring you!

Being concentrated means seeing opportunities!





# CREATIVITY

## STEP 3.

Creativity is the ability to find new original ideas beyond the ordinary ways of thinking, to successfully overcome challenges in a non-standard unusual way. This is the view on the issues at a different angle and another point of view, and the ability to solve tasks in a unique way.

On this step, we will play lots of games aimed to boost and develop creativity, which you can, of course, later on use in your work, personal trainings, daily life and just for your joy and fun!

See more variants, be able to choose, think differently, be different!



ImproWise with us!

IMPROVISATION IS THE ART OF  
BEING COMPLETELY O.K. WITH NOT  
KNOWING WHAT THE F--- YOU'RE  
DOING.

*Mick Napier*



# SPONTANEITY

## STEP 4.

Act first – think later!

Here we will boost and develop our spontaneity and ability to react and adjust to any kinds of changing situations – as, believe it or not, our life is totally improvised!

"Kill the judge in your head and just take action."

"It is not what you do. It is that you do."

*Mick Napier*

Start now!





# RISKS & MISTAKES

STEP 5.

Let yourself fail!  
One of our favorite rules of Improv!  
How do you like it?

Failing is easy – we all can do it.  
The hard part is to be okay with that and let yourself fail and  
accept that the failure is the natural way of things.  
And to understand that failing does not make you a failure.

Here we will work on taking risks, greeting mistakes and seeing  
them as opportunities – every mistake is an experience and the  
opportunity to try again and make it better!





ImproWise with us!

THE BEST THING ABOUT IMPROV IS THAT NO MATTER  
HOW BAD YOUR SHOW IS, IT'S ONLY 30 MINUTES, AND  
NEVER EXISTS AGAIN. THE WORST THING IS NO  
MATTER HOW GOOD YOUR SHOW IS, IT'S ONLY 30  
MINUTES, AND NEVER EXISTS AGAIN.

*Mick Napier*



# STORYTELLING

## STEP 6.

Here we will thoroughly explore the main storytelling principles in Improv, applicable to the social work, daily relations and life in general.

On practice and via the variety of games we will learn to develop the ability and the skill to compose and build the scene and the story, to develop the meaningful conversation and to find efficient approach to others.

Do you already know the 1st rule of Improv?

Accept offers! Say "Yes"!

If you're now reading it – accept this offer and join our course!

Let's IMPROVe our lives and have fun together!



# 8+

years of Improv practice

# 200+

trainings and workshops conducted





# WHO WE ARE

*Meet the team*




Vladimir Kozachun


Trainer/Coach


# CONTACT INFO

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