



Soundmapa of Europe 3

**30.07-05.08 + 2 TRAVEL DAYS
(29.07+6.08 ARE TRAVEL DAYS)**

KAMIEŃ, POLAND





Dear friends,

We are happy to welcome U to Training course
Soundmapa of Europe 3!

Our main goal is to create a learning and experiential space to discover all the possibilities of working through music.

As youth workers, we will have the opportunity to understand what problems we may encounter with art projects. We will focus on teamwork and test the process on ourselves through experiential learning.

We will work in smaller groups and discuss the conclusions developed together in a forum.

We will learn how to resolve group conflicts. We will find the answer to the question of how to motivate and empower participants when they struggle with stage fright or low self-esteem. All together we are co-creators of this project

with hugs, Windmill Tree team



DATES

ARRIVAL DAY : 29 OF JULY

**DEPARTURE DAY : 6 OF
AUGUST**

NUMBER OF PARTICIPANTS

GENERAL NUMBER : 30

AGE LIMITS OF PARTICIPANTS

over 18



PARTICIPANTS PROFILE

**YOUTH
WORKERS/STUDENTS IN
THE MUSIC FIELD**

**COMMUNICATIVE LEVEL
OF ENGLISH**

**ABILITY TO
WORK/CREATE IN TEAM**

**OPEN MIND FOR OTHER
CULTURES, ABILITIES**





PROJECT ACTIVITIES

**INTEGRATION AND TEAM
BUILDING / CULTURE EVENINGS**

**JAM SESSIONS WITH LOCAL
MUSICIANS**

**WORKSHOPS WITH
FACILITATORS ON SELF-
AWERNESS**

CONTACT WITH NATURE

**WORK IN MIXED-INTERNATIONAL
TEAMS - CREATING MUSIC
PERFORMANCE, WHICH LATER
WILL BE PRESENTED ON THE
STAGE IN ŚWIERADÓW-ZDRÓJ
TOURISTS HALL**





PROJECT VENUE

Fundacja Numo

**KAMIEŃ 23 , 59-630 MIRSK,
POLAND**

FOOD

**PARTICIPANTS WILL GET 3 MEALS
PERDAY.**

FOOD WILL BE VEGETARIAN,

ACCOMODATION

**PARTICIPANTS WILL SLEEP IN
ROOMS FOR 4-5 PERSONS**



A top-down view of a person packing a black suitcase on a teal surface. The suitcase is open, showing various items including a yellow floral patterned bag, a white spray bottle, a clear water bottle, a blue face mask, and a pink lace bag. A blue and brown patterned bag is also visible next to the suitcase. A camera and lens are on the left. The person's hands are visible, securing the suitcase with a black strap.

CHECKLIST – WHAT YOU NEED TO BRING WITH YOU



**COMFORTABLE SHOES AND
CLOTHES - WE WILL SPEND A LOT
OF TIME OUTSIDE , IN THE
NATURE**

SWIMMING SUIT

**TOWLS, FLIPFLOPS, PERSONAL
HYGIENE ITEMS**

**WARM CLOTHES FOR EVENING
NIGHTS IN THE MOUNTAINS AREA**

**SOME GASTRONOMIC
SPECIALITIES (FOOD, SWEETS
AND/OR DRINKS-ALCOHOL-FREE)
FOR CULTURE NIGHT**



REIMBURSEMENT OF TRAVEL COSTS

WE REIMBURSE YOUR TRAVEL
COSTS CALCULATE YOUR ROUTE
WITH THE DISTANCE
CALCULATOR AND THEN YOU
WILL RECEIVE REFUNDS:

10 AND 99 KM: 20 EUR
100 AND 499 KM: 180 EUR
500 AND 1999 KM: 275 EUR
2000 AND 2999 KM: 360 EUR
3000 AND 3999 KM: 530 EUR

WE WILL ALSO SEND YOU A
TRAVEL GUIDE BY E-MAIL



CONTACT US



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